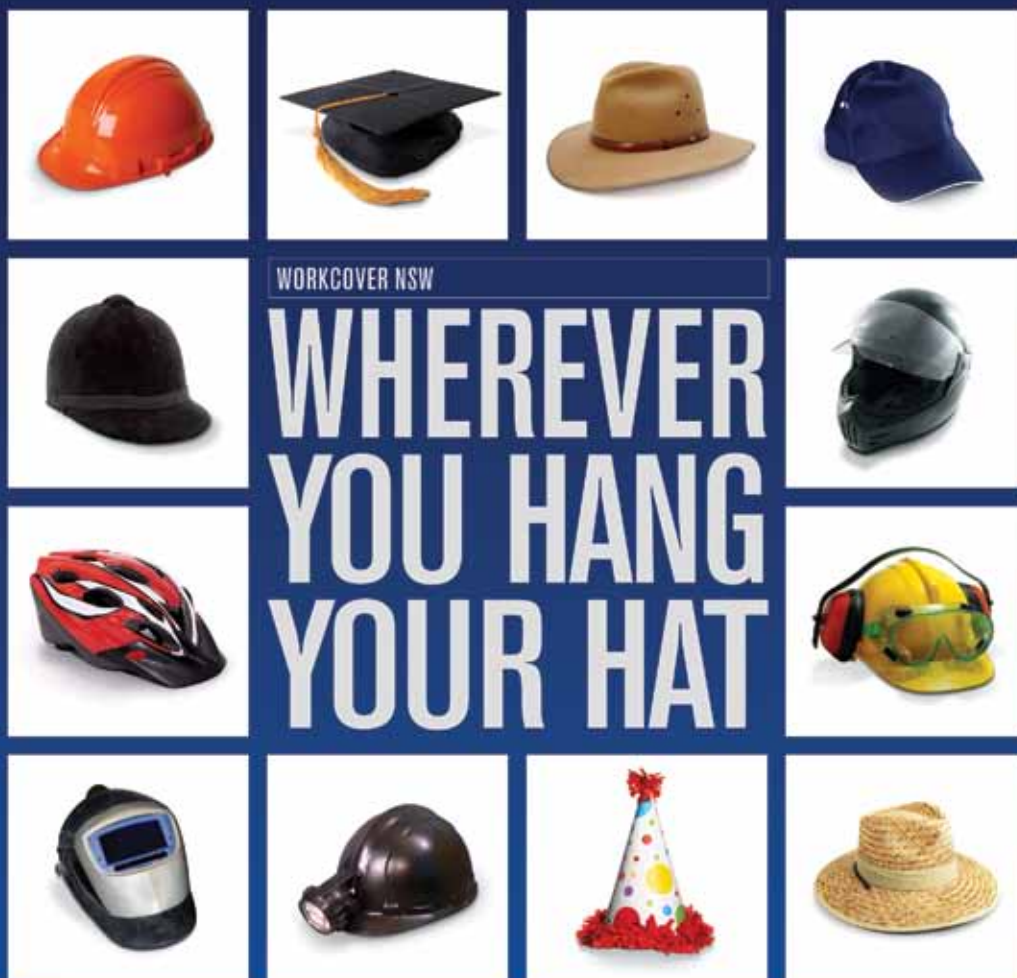


WORKCOVER NEWS

The workplace safety and injury management magazine

ISSUE
76
Apr-Jun
2009



making a difference



Public Courses Training Calendar 2009

WorkCover NSW Accredited & Specific Purpose Courses

Vital Training for Effective Risk Management

JANUARY to JUNE 2009

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OHS Consultation

(A WorkCover NSW Accredited Course)

PAR1	Jan	Tue	13	Wed	14	Tue	20	Wed	21	Parra
CIT1	Jan	Thu	15	Fri	16	Thu	22	Fri	23	City
PAR1/2	Jan	Thu	22	Fri	23	Thu	29	Fri	30	Parra
CIT1/2	Jan	Wed	28	Thu	29	Wed	4	Thu	5	City
PAR2	Feb	Mon	2	Tue	3	Mon	9	Tue	10	Parra
PAR23	Feb	Wed	4	Wed	11	Wed	18	Wed	25	Parra
CIT2	Feb	Fri	6	Fri	13	Fri	20	Fri	27	City
CIT22	Feb	Mon	9	Tue	10	Mon	16	Tue	17	City
CAM2	Feb	Tue	10	Wed	11	Tue	17	Wed	18	Campb
HUR2	Feb	Tue	10	Wed	11	Tue	17	Wed	18	Hurst
CHA2	Feb	Wed	11	Thu	12	Wed	18	Thu	19	Chats
PAR22	Feb	Thu	12	Fri	13	Thu	19	Fri	20	Parra
RH2	Feb	Mon	16	Tue	17	Mon	23	Tue	24	Rooty/H
CIT23	Feb	Wed	18	Thu	19	Wed	25	Thu	26	City
PAR24	Feb	Fri	27	Fri	6	Fri	13	Fri	20	Parra
PAR3	Mar	Mon	2	Tue	3	Mon	9	Tue	10	Parra
CIT3	Mar	Tue	3	Wed	4	Tue	10	Wed	11	City
CIT32	Mar	Mon	9	Mon	16	Mon	23	Mon	30	City
CIT33	Mar	Thu	12	Fri	13	Thu	19	Fri	20	City
HUR3	Mar	Thu	12	Fri	13	Thu	19	Fri	20	Hurst
PAR32	Mar	Tue	17	Wed	18	Tue	24	Wed	25	Parra
CHA3	Mar	Thu	19	Fri	20	Thu	26	Fri	27	Chats
RH3	Mar	Tue	24	Wed	25	Tue	31	Wed	1	Rooty/H
CAM3	Mar	Wed	25	Thu	26	Wed	1	Thu	2	Campb
CIT34	Mar	Wed	25	Thu	26	Wed	1	Thu	2	City
PAR33	Mar	Thu	26	Fri	27	Thu	2	Fri	3	Parra

This course is required to be attended by OHS Committee members & OHS representatives. It provides participants with the skills to apply the principles of workplace OHS consultation & effectively carry out their functions under the OHS legislation.

Course Length: 4 days (9am - 4pm).

Course Fee: \$610 (\$671 incl. gst)

HUR4	Apr	Wed	1	Thu	2	Wed	8	Thu	9	Hurst
CIT4	Apr	Wed	15	Thu	16	Wed	22	Thu	23	City
PAR4	Apr	Wed	22	Thu	23	Wed	29	Thu	30	Parra
CHA4	Apr	Wed	29	Thu	30	Wed	6	Thu	7	Chats
CIT42	Apr	Wed	29	Thu	30	Wed	6	Thu	7	City
CIT5	May	Mon	4	Tue	5	Mon	11	Tue	12	City
PAR5	May	Mon	4	Tue	5	Mon	11	Tue	12	Parra
CIT52	May	Fri	8	Fri	15	Fri	22	Fri	29	City
CIT53	May	Wed	13	Thu	14	Wed	20	Thu	21	City
CAM5	May	Thu	14	Fri	15	Thu	21	Fri	22	Campb
HUR5	May	Thu	14	Fri	15	Thu	21	Fri	22	Hurst
PAR52	May	Fri	15	Fri	22	Fri	29	Fri	5	Parra
PAR53	May	Wed	20	Thu	21	Wed	27	Thu	28	Parra
CHA5	May	Mon	25	Tue	26	Mon	1	Tue	2	Chats
PAR54	May	Mon	25	Tue	26	Mon	1	Tue	2	Parra
CIT6	Jun	Wed	3	Wed	10	Wed	17	Wed	24	City
PAR6	Jun	Wed	3	Wed	10	Wed	17	Wed	24	Parra
CIT62	Jun	Thu	4	Fri	5	Thu	11	Fri	12	City
RH6	Jun	Wed	10	Thu	11	Wed	17	Thu	18	Rooty/H
PAR62	Jun	Thu	11	Fri	12	Thu	18	Fri	19	Parra
CIT63	Jun	Mon	15	Tue	16	Mon	22	Tue	23	City
PAR63	Jun	Mon	15	Tue	16	Mon	22	Tue	23	Parra
HUR6	Jun	Tue	16	Wed	17	Tue	23	Wed	24	Hurst
CAM6	Jun	Wed	17	Thu	18	Wed	24	Thu	25	Campb
CHA6	Jun	Thu	18	Fri	19	Thu	25	Fri	26	Chats

On-Site Training Courses

The following courses can be delivered at your premises.

- Course in OHS Consultation* [4 days]
- Intro to Return to Work Coordination* [2 days]
- Senior First Aid [2 days]
- OHS Risk Mgmt for Sups & Mgrs [1 or 2 days]
- Accident Investigation [1 day]
- Advanced Return to Work* [1 day]
- Construction General OHS Induction* [1 day]
- Developing Workplace Safety Culture [1 Day]
- OHS Committee Chairperson [1 day]
- OHS Committee Refresher [1 day]
- OHS Risk Management [1 day]
- First Aid Recertification [1 day]
- Workplace Substances [1 day]
- OHS Induction for Employees [4 hrs]
- BackBasics Manual Handling Risk Mgmt [3.5hrs]
- BackBasics Manual Handling [2 hrs]
- BackBasics Workstation Set-up & M/H [2 hrs]
- OHS Law for Directors & Managers [2 hrs]
- OHS Responsibilities for Sups & Managers [2 hrs]

* WorkCover NSW Accredited Course

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Introduction to return to work co-ordination

(A WorkCover NSW Accredited Course)

This course is required to be attended by a return to work coordinator whose employer has a base tariff premium of more than \$50,000 pa. It develops the basic skills and knowledge needed to manage workplace injuries.

Course Fee: \$570 (gst free)

Course Length: 2 days (9am - 4:30pm).

CITR1	Jan	Mon	19	Tue	20	City
PARR2	Feb	Thu	5	Fri	6	Parramatta
CITR2	Feb	Wed	11	Thu	12	City
PARR3	Mar	Wed	11	Thu	12	Parramatta
CITR3	Mar	Tue	17	Wed	18	City
PARR4	Apr	Mon	20	Tue	21	Parramatta
PARR5	May	Wed	13	Thu	14	Parramatta
CITR5	May	Mon	25	Tue	26	City
CITR6	Jun	Thu	18	Fri	19	City
PARR6	Jun	Thu	25	Fri	26	Parramatta

ohs committee chairperson

(There is no WorkCover NSW Accredited Course)

This course provides a chairperson with further skills and certainty so that they can operate the committee effectively and make a greater impact on health and safety.

Course Fee: \$320 (\$352 incl. gst)

Course Length: 1 day (9am - 4pm).

CITC2	Feb	Tue	24	City
PARC3	Mar	Thu	19	Parramatta
CITC3	Mar	Tue	31	City
PARC5	May	Fri	1	Parramatta
CITC6	Jun	Mon	1	City

advanced return to work co-ordination

(A WorkCover NSW Accredited Workshop)

This course provides accredited return to work coordinators who have at least 6 months experience, with further knowledge and skills so they can effectively handle more complex return to work cases.

Course Fee: \$340 (\$374 incl. gst)

Course Length: 1 day (9am - 4pm).

CITE4	Apr	Tue	21	City
PARE6	Jun	Thu	4	Parramatta

ohs committee refresher

(There is no WorkCover NSW Accredited Course)

This course is designed to refresh committee members on how to have an effective committee, revisit the OHS Act 2000 & OHS Regulation 2001 and provide updates on this legislation.

Course Fee: \$320 (\$352 incl. gst)

Course Length: 1 day (9am - 4pm).

CITF3	Mar	Fri	27	City
PARF4	Apr	Tue	28	Parramatta
CITF5	Jun	Tue	2	City

ohs risk management for supervisors & managers

(There is no WorkCover NSW Course)

This course provides participants with knowledge, skills and appropriate attitudes necessary to apply the principles of risk management and effectively manage health & safety in their areas of responsibility.

Course Fee: \$550 (\$605 incl. gst)

Course Length: 2 days (9am - 4pm).

PARS2	Feb	Mon	16	Tue	17	Parramatta
CITS3	Mar	Thu	5	Fri	6	City
PARS3	Mar	Mon	30	Tue	31	Parramatta
CITS4	Apr	Tue	7	Wed	8	City
PARS5	May	Wed	6	Thu	7	Parramatta
CITS5	May	Wed	27	Thu	28	City

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Be Recognised!
ENTRIES
NOW OPEN
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Disclaimer: This publication contains industry recommended action or information regarding occupational health, safety, injury management or workers compensation. It includes some of your obligations under the various workers compensation and occupational health and safety legislation that WorkCover NSW administers. To ensure you comply with your legal obligations you must refer to the appropriate acts. This publication may refer to WorkCover NSW administered legislation that has been amended or repealed. When reading this publication you should always refer to the latest laws. Information on the latest laws can be checked at www.legislation.nsw.gov.au or contact (02) 9238 0950 or 1800 463 955 (NSW country only). The use or representation of a product or particular brand of product in a WorkCover NSW Publication (whether the use of representation appears in an advertisement, illustration, photograph or other form) is not to be taken to imply WorkCover's approval or endorsement of the product or brand.

The year is clearly shaping up as a challenging one for many industries as employers and workers deal with the effects of the economic slowdown.

As many of our readers would appreciate, WorkCover NSW has taken a very proactive approach to supporting industry and is keen to provide practical assistance and advice to help businesses in regard to workplace safety and workers compensation responsibilities. It is in everyone's interest that businesses continue to remain viable and workplace environments safe, secure and productive.

This year we are again offering an extensive range of free workshops to assist businesses with regard to such areas as manual handling, workplace bullying, working with chemicals and workers compensation. I encourage you to take advantage of these workshops and to find out how you can qualify for the \$500 safety rebate that is available for small businesses (visit the small business website from the link on the WorkCover website www.workcover.nsw.gov.au for more information).

In response to suggestions from businesses, WorkCover has moved the 2009 SafeWork Awards forward. The awards opened for entries from 23 March and businesses have until 25 May 2009 to enter. This will help avoid the peak workloads experienced at the end of the financial year. I encourage businesses to consider entering the awards. Not only is it an opportunity to showcase your business it also provides an opportunity to support other workplaces by sharing your experience and achievements.

On a broader level, WorkCover continues to support the Commonwealth's National Review currently underway into Model Occupational Health and Safety Laws. New South Wales is committed to achieving a nationally consistent approach to workplace safety.

The implementation timetable for harmonised occupational health and safety laws has been brought forward one year, to the end of 2011, following territories and Commonwealth signing of an *Inter-Governmental Agreement for Regulatory and Operational Reform in Health and Safety*, last year. This will provide a nationally consistent approach to compliance and enforcement.

On a separate topic, WorkCover, with the Department of Commerce, is entering the final stages of a tender process for new five-year contracts with Scheme Agents for the provision of claim and policy services.

For most NSW employers, workers compensation claim and policy services are provided by one of seven WorkCover Scheme Agents.

I expect to see new five-year contracts commencing in January 2010.

Improvements in the terms of the new contract will help increase the level of service provided to NSW workers and employers.



Jon Blackwell

Chief Executive Officer
WorkCover NSW



WorkCover and ClubsNSW

Working Together to Improve Workplace Safety

A landmark agreement for the NSW hospitality industry to reduce workplace injuries across the state has been entered into to.

Heads of WorkCover NSW and ClubsNSW signed the agreement which aims to reduce workplace injuries in the hospitality industry through improved occupational health and safety (OHS) and injury management.

WorkCover CEO Jon Blackwell described the Partnership Agreement as a tangible commitment to supporting NSW clubs in their quest to become even safer and a way of assisting the NSW Government in meeting its target of a 40 per cent reduction in workplace injuries by 30 June 2012.

'ClubsNSW is the first association in the hospitality industry to sign a partnership agreement of this type, which demonstrates its commitment to assisting its members in sustaining OHS standards and achieving appropriate workers compensation and injury management outcomes,' said Mr Blackwell.

Mr Blackwell emphasised the importance of effective worker consultation and how this can add significant value to developing realistic safety improvements.

'The agreement will create a closer working relationship between the two bodies and build upon the major contribution that ClubsNSW has made to date,' he said.

The agreement also highlights the importance of industry taking a visible leadership role in promoting the value of appropriate OHS, Workers Compensation and Injury Management.

ClubsNSW CEO David Costello welcomed the approach from WorkCover, and said the support would further develop safety outcomes.

'Clubs employ more than 43,000 people across NSW and pay wages of \$1.5 billion,' said Mr Costello.

'Clubs strive to make their premises safe places to work, but when you are dealing with such a large number of employees, it's invaluable to have the advice and experience of WorkCover, sharing ideas on how to sustain that performance.'

'Clubs have always been an extremely popular place of employment for people because of the supportive, family-like atmosphere they provide to employees. I know clubs will embrace the support of WorkCover and the Government's target of a 40 per cent reduction in existing injuries by 2012,' he said.

Further information about workplace safety in the hospitality industry is available from the WorkCover website www.workcover.nsw.gov.au or by calling 13 10 50.



Pictured above:

(Back row standing from left) **John Watson PSM** (General Manager-OHS Division, WorkCover NSW), **Les Blake** (Manager-Retail, Wholesale, Consumer and Business Services Team, WorkCover NSW), **Jenny Thomas** (Director-Industry Relationships Group, WorkCover NSW) and **Peter Newell OAM** (Chairman, ClubsNSW).

(Front row from left) **Jon Blackwell** (CEO, WorkCover NSW), **David Costello** (CEO, ClubsNSW).

Red Dot Revolution

It began with an injured nurse at a regional hospital and has become a national manual handling phenomenon. For some reason, Australian health workers are seeing red dots everywhere!

Eddie Wood and Tim Mooney from Manning Base Hospital tell all about a system that is revolutionising manual handling in the health industry.

'Ten years ago we just didn't think about manual handling – nobody did,' said Tim, General Manager at the hospital.

'You felt you had to do everything for the patient. Risk to yourself didn't come into it.'

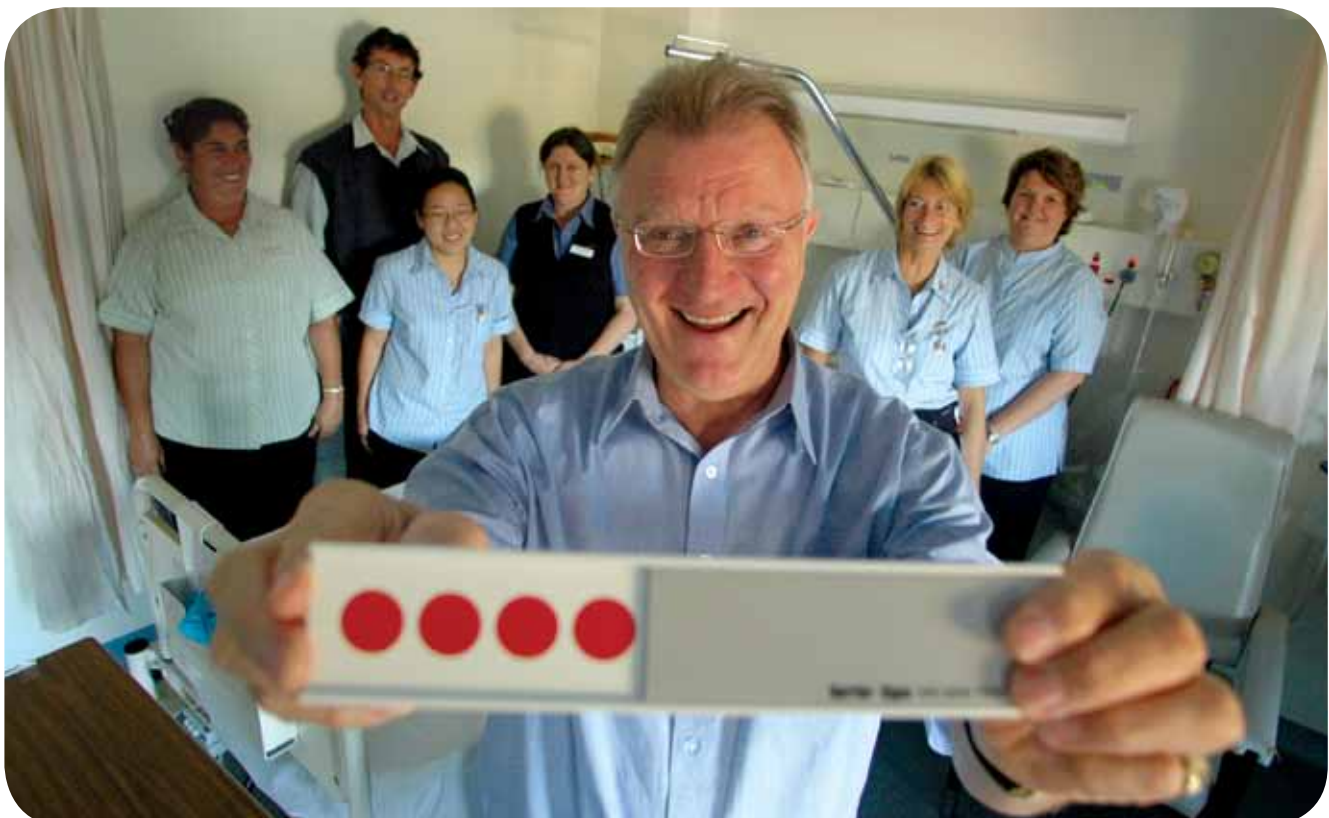
We had 70 manual handling injuries to staff in 1996/97 and were paying a total of \$2.8 million in workers compensation – it just wasn't sustainable.'

When Eddie was ruled out of nursing following a slip-trip incident he moved into the role of manual handling coordinator. Eddie went to find out what solutions were being used elsewhere, visiting 17 different facilities. No two systems were the same.

'I knew that whatever I came up with, it had to be simple, visible and non-discriminatory, with minimal documentation,' he recalled.

Pictured below:

Inventor, designer and developer of 'Red Spot Mobility System' **Eddie Wood** with staff from Manning Base Hospital.



Driving home and stopping at a red light gave Eddie an idea for his system. Back at work, he experimented with four red dots placed on cardboard:

- **one dot meant the patient could walk unaided**
- **two dots meant they needed help**
- **three dots meant they needed the aid of two people**
- **four dots meant they were non-weight bearing.**

With management support, Eddie tried his prototypes in a seven-bed room. The cardboard slides showed four dots above four of the beds and three above the others. Staff could see the patients' mobility levels at a glance – and the effect was immediate.

'Suddenly, nurses thought "It's OK to look after ourselves",' said Tim, 'If they saw four dots, they wouldn't try to lift the patient on their own.'

That made a significant difference. The total load a nurse would lift over the course of a shift fell from 1.5 tonnes to just 135 kg.

Over time, Eddie developed the system and sold the red dot concept to over 250 other facilities. Its simplicity, however, belies its impact.

Statistics at Manning Base Hospital reflect just how good the system is. When it was first introduced ten years ago there was an 82 per cent drop in manual handling injuries within 12 months and that trend continues. This has obvious benefits for productivity and staff turnover, and

makes a real bottom-line difference to the business: the \$2.8 million workers compensation premiums have now been cut by \$2.275 million.

'This is great and it works. But you can't just toss a system into any organisation and expect it to deliver results,' warned Tim.

He emphasised the four elements he saw as vital to making a real change to a safety culture:

- **a user-friendly system**
- **a safety champion**
- **the right equipment**
- **management backing.**

Tim had backed Eddie's initiative all the way, removing barriers and investing in the equipment needed to make the workplace safe. All the money made from selling the red dot system is returned into manual handling or other safety equipment for the hospital.

For advice on how you can make a change to manual handling in your workplace, visit **www.smartmove.nsw.gov.au** or call WorkCover on **13 10 50**.

To speak with Eddie about the red dot mobility system/evacuation tool, call Manning Base Hospital on **02 6592 9393**.

Mobile Screening Service Can Save Lives

Workplace safety laws in New South Wales require employers to provide health surveillance for workers who are exposed to hazardous substances.

The NSW Dust Diseases Board provides the nation's only mobile respiratory screening service through its Lung Bus that travels to worksites across the state.

The Board provides this subsidised screening service to make it easier for employers to meet their occupational health and safety obligations with minimal expense and disruption to the workplace.

The Lung Bus is a one-stop-shop that provides comprehensive screening for respiratory irregularities that have resulted from occupational exposure to hazardous substances such as asbestos and crystalline silica.

The Screening Process

Screening services include an x-ray, lung function test and examination by a doctor with results checked by a radiologist and specialist respiratory physician.

Where evidence of a dust disease is found, workers are referred to the Board for compensation screening.

Screenings take around 15 minutes and the Lung Bus can screen up to 64 workers each day. An average of 3330 screenings are conducted on board the Lung Bus annually, and since 2001 the Board has conducted more than 23,000 occupational screenings through this mobile service.

Individual results of the screening are sent to each individual employee and these records are also securely stored by the Board.

The Dust Diseases Board is currently reviewing tenders to develop a new \$700,000 state-of-the-art mobile service, expected to be operational in the second half of 2009.

Book The Lung Bus To Visit Your Workplace

Contact the Occupational Screening Coordinator on **8223 6600** or send an email to **occupational.screening@ddb.nsw.gov.au**

Occupational respiratory screening is also available at the Dust Diseases Board Medical Centre in Sydney by calling **1800 550 027**.

For more information on the services provided by the Dust Diseases Board call or visit **www.ddb.nsw.gov.au**



Pictured left:

The **NSW Workers Compensation Dust Diseases Board** provides a mobile respiratory screening service to workplaces across New South Wales and interstate.

If the Worst Happens

The Dust Diseases Board of NSW

The Workers Compensation Dust Diseases Board provides an effective no-fault statutory compensation system to workers of New South Wales who have developed a dust disease through the course of their employment.

What Is The Lung Bus?

The Lung Bus is a mobile respiratory screening service designed to offer all the necessary parts of a respiratory screening examination together in one place.

It is fully equipped with an x-ray room, lung function testing equipment and a doctor's consulting room. Screening is painless and takes about 15 minutes.

WorkCover NSW believes that every worker in this state has a right to return home safely at the end of the day.

Despite every reasonable effort to ensure that this happens, sometimes our worst nightmare becomes a reality, and a loved one is claimed by an incident or work-related disease. However there are some valuable and supportive actions that WorkCover can take to help ease the burden of those who are left behind.

In December 2008, the NSW Parliament passed the *Workers Compensation Legislation Amendment (Benefits) Act 2008*, which includes significant improvements to existing benefits.

These major changes now mean that:

- the lump sum paid to a dependant has risen from \$343,550 to \$425,000
- weekly payments to a dependant are not reduced because of partial dependency
- where the deceased leaves no dependents, the lump sum benefit can be paid to a worker's estate.

The changes ensure that payment is made - regardless of whether the deceased worker had any financial dependants - so that for the first time, parents and working spouses of deceased workers can now receive lump sum compensation.

WorkCover understands that coping with loss of this nature is a traumatic event that affects people in different ways, and often requires support in a number of areas, such as counselling and specialised information. WorkCover provides a free grief counselling service, information and advice to those who find themselves in need of help.

These services, including booking a counsellor appointment, can be accessed on the WorkCover website, www.workcover.nsw.gov.au or helpline, **13 10 50**.

Service Station Verification Program

Last year WorkCover NSW supported the Service Station Association with their Road Show seminar program. Delivered at eight metropolitan and regional centres across the state, the seminars were aimed at helping business build capability and improve performance where needed.

The advice provided by WorkCover focused on a range of occupational health and safety (OHS), workers compensation (WC), and injury management (IM) issues relevant to the service station industry. Other presenters addressed issues affecting industry, ranging from underground petroleum storage and vapour recovery systems to crime prevention initiatives and ACCC trade practice issues.



As a follow on, WorkCover's Retail, Wholesale, Consumer and Business Services Team will undertake a verification program in 2009. The program will look at how the OHS, WC and IM techniques from the Road Show are being applied by industry in practice and how to identify areas where WorkCover can help businesses.

The program has been developed in consultation with industry stakeholders and several metropolitan councils, initially focussing on businesses in the Sydney metropolitan area.

Particular attention will be given to the prevention of injuries arising from:

- manual handling tasks
- slips, trips and falls
- traffic management
- robbery and violence
- storage and handling of dangerous goods
- plant registration and maintenance.

The focus of the program will largely be advisory, however appropriate action will be taken to prevent the risk of injury and address non-compliance.

The team intends to use the findings of the verification program to help inform the development of an industry specific "self-assessment" tool in consultation with stakeholders for use across the service station industry.

With industry support, it is hoped that the program will further develop and secure the health, safety and wellbeing of those employed in the service station industry and assist in its productivity and sustainability.

Improving Safety In Residential Construction

WorkCover NSW recently released a new guide to assist small businesses working in the residential construction sector to meet their workplace safety responsibilities.

The *Housing Industry Site Safety Pack* provides practical advice for employers regarding consultation and communication with workers about OHS issues as well as hazard identification and risk assessment and control.

The pack highlights some common safety requirements within the residential building sector and is designed to deliver safety outcomes that are comparable to other sectors of the construction industry. As well as providing a framework for improving safety outcomes for the residential building industry, the guide also provides information on how to manage a situation where a worker is injured.

The pack has been designed for small businesses (those with under 10 employees) and includes easy to use tools such as documents and forms that can be used on site for each new job. It is divided into two parts. Part A outlines the basics of how to develop and implement an occupational health and safety system including risk management and how to complete a safe work method statement.

Part B includes template forms and documents that can be used to demonstrate to site controllers and principal contractors, the workplace safety system that will be used on the individual job. The pack contains 11 documents including a comprehensive risk table and equipment register, that provide simple step-by-step guidance to assist small employers improve safety and comply with relevant obligations.

The pack was developed by WorkCover's Construction Team, in consultation with representatives from the Housing Industry Consultative Committee (Australand, ATF Hire Group, Clarendon Residential Group, Masterton Homes, Mirvac Homes) the Master Builders Association and the NSW Housing Industry Association.

The Housing Industry Site Safety Pack and other guidance material for safety in the construction industry is available from the website www.workcover.nsw.gov.au or by calling the publications hotline on **1300 799 003**.

In 2006-07 there were more than 3200 workplace injuries across the construction industry in New South Wales.

The pack will assist small businesses and sub-contractors working on residential construction sites reduce injuries and meet their workplace safety obligations.

The pack includes a range of tools such as templates including:

- **site specific risk assessment form**
- **safe work method statement form**
- **record of tool box talk form**
- **risk table**
- **employee training register**
- **plant and equipment, hazardous substances and electrical equipment register**
- **incident and injury report form.**

Industry Solutions Program Addressing Issues Together

WorkCover's Industry Solutions Program brings together industry experts, employer associations, designers, manufacturers, suppliers, unions and end users to develop practical solutions to OHS issues in an industry. It recognises the need for assistance in some industry sectors, to overcome particular difficulties or challenges to the improvement of their workplace safety.

Areas selected for the program are determined based on the following:

- the issue is long-standing and has no known solution or, at best, the solution is inadequate
- the issue relates to high-risk plant, equipment, substances or work practices
- the issue makes it difficult to achieve compliance with NSW workplace safety legislation
- the issue concerns NSW workplaces and receives support on a national basis
- the issue relates to plant or equipment that generates workplace hazards, which could be eliminated by a change in design.

Since the program was launched in 2006, five particularly difficult or challenging issues have been addressed, with a further three under development.

Issues addressed to date are *grain augers, post drivers, safe erection of timber roof trusses, erecting, altering and dismantling scaffolding, and wood splitters.*



Promotion of industry safety standards for these areas has commenced, with a number of presentations on the scaffolding standard being rolled out statewide. The **Wood Splitter Industry Safety Standard** will be promoted at the 2009 NSW agricultural field days and via mail outs to dealers and users of wood splitters.

Last year all OHS jurisdictions provided a very positive response to an invitation, through the Heads of Workplace Safety Authorities, to participate in future issues involving the Industry Solutions Program.

Supporting GPs in WORKERS Compensation

The next three issues underway with the participation of other State OHS jurisdictions involve the *prevention of masonry structure collapse, front end loaders and slashers.*



If you would like to nominate an issue to be addressed through the Industry Solutions Program please contact WorkCover on **13 10 50** or submit your suggestion through the 'Contact Us' feature on the WorkCover website. You can also view the criteria on the WorkCover NSW website **www.workcover.nsw.gov.au**

General practitioners (GPs) are key to the success of a worker's recovery in the workers compensation system. WorkCover NSW has developed a program to help GPs assist injured workers return to work quickly and safely.

When a worker is injured they identify a GP to act as their nominated treating doctor throughout their recovery. The GP is then pivotal in coordinating treatment and other assistance to facilitate the worker's return to work, and communicates with the injured worker, their employer, insurer and others, well beyond the initial medical assessment.

In response to research findings, WorkCover has been looking at better ways to engage with GPs to ensure that they can get the right information when they need it.

This 'GP engagement project' includes:

- an information package, in booklet form and online
- an introductory education module on the workers compensation system
- a clinical training module on evidence-based treatment for common work injuries.

Recovre, a specialist service provider in workforce health, is delivering the education program in partnership with the University of Sydney. The training modules were piloted in February, both online and face-to-face, with the rest of the package rolling out through 2009.

More engaged and informed GPs means a more effective workers compensation system. This is good news for injured workers. The initial and subsequent messages from a worker's GP are powerful determinants of the speed with which a worker will safely return to work.

For information on the GP engagement project, call **13 10 50** or visit **www.workcover.nsw.gov.au**

Scaffolding Incident A Tragic Reminder

A recent fall from height at a South-East Sydney club has served as a tragic reminder of the dangers of working with suspended scaffolding. A safety alert, issued by WorkCover NSW, stresses the importance of adequate risk assessment and safety control measures when working at heights.

March this year saw the accidental death of a 70-year-old worker after he fell 20 metres from a swing stage scaffold at Maroubra Seals Sports and Community Club.

The man and his co-worker were painting the club when it appears that one end of the suspended scaffolding collapsed. The worker died, while his co-worker, who was using a fall arrest device, was rescued while suspended.

The safety alert was designed to help employers focus on the critical aspects of working with suspended scaffolds supported by counterweighted suspension rigs.

In addition to the safety alert, WorkCover has published the ***Safe Working at Heights Guide***.

The Guide is a useful tool for all those working at height in construction related industries. It provides practical information and solutions for creating and maintaining a safe working environment when working at height.

The Guide (Publication no. 1321) is available for download on the WorkCover website or by calling **13 10 50**.

To reduce the safety risks with working with this type of scaffold, ensure that:

- safe work procedures are implemented that address risks to the specific job
- a thorough inspection of all equipment, including the suspended platform, winches, ropes, fall arrest devices and counterweights, occurs prior to every use
- all equipment undergoes regular maintenance and repairs
- appropriate fall arrest devices are used and attached correctly
- the scaffold hoist contains a single rope protective device, or a second rope, to hold the scaffold in the event of a winch malfunction
- the suspension rig is capable of supporting scaffold as well as all tools and equipment required to do the job.

Although NSW has the lowest incidence of workplace injuries in two decades, it is essential to make safety a number one priority. We all want our family members to arrive home safely at the end of each day.

The safety alert ***Suspended Scaffolding*** is available at www.workcover.nsw.gov.au or by calling **13 10 50**.



WORKCOVER NSW

WHEREVER YOU HANG YOUR HAT



THINK WORKPLACE SAFETY

making a difference

For assistance in making your workplace safer contact
WorkCover NSW on 13 10 50. www.workcover.nsw.gov.au

WC05848



FREE Assistance Service for all Small Businesses!

WorkCover NSW Business Assistance offers small businesses free workplace safety information and advice to help make their workplaces safe, secure and more productive.

The services for small business include workplace safety workshops, advisory visits for one-on-one advice, and safety rebates to help businesses make their workplaces safer.

Business advisory officers are located throughout NSW and can help with any workplace safety, workers compensation or return to work enquiries.

One business that realises the benefits of WorkCover's free assistance service is Port Stephens Motor Lodge, a small family motel which was a finalist in the 2008 Safe Work Awards under the *Best Workplace Health & Safety Practices in a Small Business* category.

WorkCover spoke to the owner of Port Stephens Motor Lodge, Leanne Brissett, about her experience with engaging in WorkCover's services for small business.

Why is workplace safety important to Port Stephens Motor Lodge?

We care about people generally, and want to keep guests, our staff and ourselves safe from harm.

Worrying about potential safety problems should not be part of a relaxing holiday for guests and we don't expect our staff to work in an unsafe environment.

Why did you choose to engage with WorkCover for advice on workplace safety?

In small business, you have to wear so many different hats it can be a real struggle to be on top of all facets and responsibilities of your business. WorkCover helps by offering many useful and easy resources to help small business to keep safe.

Initially I went to the WorkCover website to research what our responsibilities were as small business owners. I found many helpful publications and a really useful online Safety Self-Assessment Tool, which was a good starting point for us to think about how we handle our health and safety and injury management issues.

I also came across the free workshops on the website, saw there was one happening in our area, and took my staff along.

How has attending a WorkCover safety workshop benefited your business?

The workshop was great and inspired our little group to evaluate how we were currently doing things.

Being a small business, we felt we already communicated with each other effectively, and thought we knew what the issues were already. But the workshop gave us plenty of food for thought, and was certainly time well spent.

Credit must also be given to David Sheerin, our local WorkCover Business Advisory Officer, who presented the workshop. David's workshop was interesting, informative and helpful.

You have also received a WorkCover Safety Solutions Rebate, how has this rebate benefited your business?

Through the workshop we identified a manual handling issue, and wanted to look at better bending techniques and investigate possible solutions.

The \$500 safety rebate helped us purchase a steam-cleaning machine with a long handle that enables cleaning in an upright position, and minimises the need for staff to continually bend. The steam action

also reduces the need for rubbing and scrubbing, subsequently minimising stress on joints and backs. It also decreases the use of cleaning chemicals – another potential health issue.

Applying for the rebate was easy and it was a great help financially.

Just as important, the rebate felt like recognition for working to improve safety conditions. All small business operators would really benefit from this program.



Pictured above:

Joanne (Housekeeper) enjoying her work with the health benefits of her new steam-cleaning machine.

How has being awarded a finalist in the 2008 Safe Work Awards impacted your business?

We entered our steam cleaner safety solution into the 2008 awards and were thrilled to be finalists in the Best Workplace Health & Safety Practices in the Small Business category. One of our younger staff members attended



the awards in Sydney, and she was amazed we were being considered for an award along with many large organisations. It reinforced for all of us that safety is important for everyone, companies big and small.

There is now a greater awareness of safety in our workplace. Our staff are now more likely to not only think about safety issues but to raise them for discussion as well.

What does the future hold for Port Stephens Motor Lodge in terms of workplace safety?

We have made a permanent commitment to workplace safety. Currently we are working through the Small Business Safety Starter Kit and the Serious About Safe Business Booklet. We schedule one worksheet at a time to address a particular issue. Each issue then has a review date - normally one year.

Pictured above:

(From left) Sue (Housekeeper), **Joanne** (Housekeeper) and **Leanne Brissett** (Manager - Port Stephens Motor Lodge).

We are working our way through in little, bite size portions. We see the process as an ongoing review.

For more information about WorkCover's assistance services for small business or to request an advisory visit, please visit www.workcover.nsw.gov.au or call WorkCover NSW on 13 10 50.

Both Sides of the Story WorkCover's Mentor Program

WorkCover NSW is teaming with industry to help small businesses improve their workplace safety and workers compensation performance.

Now in its third year, WorkCover's mentor program connects businesses with fewer than 20 employees with big business mentors. The project has produced great results, demonstrated by the latest round of participants.

More than 125 businesses are involved in the 2008-09 program, which is now coming to a close. Like in past years, participating small businesses from across the state have taken part in information days, practical workshops, and onsite visits with their mentors.

These activities have given small businesses unique opportunities for one-on-one advice and assistance with their occupational health and safety, workers compensation and injury management needs.

But it's not just small business set to gain. For the mentors, the program has offered a chance to enhance their leadership skills, build business networks, gain an appreciation of the challenges small business face and make a real difference to the health and safety of NSW workers.

Several of these mentor businesses, including Bovis Lend Lease, John Holland Group and Eraring Energy, were recognised at the 2008 Safe Work Awards for their commitment to the program.

To give an idea of just how this WorkCover initiative is assisting businesses – large and small – we spoke to OHS Coordinator at Tyco Flow Control Pacific, Neil Grover, and owner of Eris McCarthy Electrical, Eris McCarthy.

2008-09 Mentee - Eris McCarthy Electrical

Mentored by Eraring Energy

Can you tell us a little bit about Eris McCarthy Electrical?

Eris McCarthy Electrical is a Central Coast based electrical and communications contracting company. We carry out a diverse range of work with a small, highly trained workforce.

Why is workplace safety important to your business?

Workplace safety is fundamental to the existence and success of our company. Without the people who service our customers we simply have nothing to sell.

Our staff are loyal, long-term employees. They are part of our everyday lives, and all have young families – it's important that they get home safely.

How has the mentor program assisted Eris McCarthy Electrical?

Being a mentee is an excellent way of tapping into the resources of large companies that have offered their services to the program. We've had access to experienced safety professionals who really know their business.

Within six months we plan to have a safety management system and safety culture that will ensure our workers do get home safely – and not by luck, but by design. Working with our mentor and WorkCover has also made us a more competitive business going forward.

What would you say to other businesses interested in the program?

I'd encourage any small business employers to take advantage of WorkCover's services, particularly the mentor program. It's great to see WorkCover working so close with small business in a constructive way – as a partner in ongoing safety improvement.

2008-09 Mentor - Tyco Flow Control Pacific

Mentor to B&R Converters and Enterprises, and J Belshaw P/L

Can you tell us a bit about Tyco Flow Control Pacific?

Tyco Flow Control Pacific is the region's largest integrated flow control company. We provide products and services to water, industrial process and infrastructure projects.

Why did you decide to get involved in the Mentor Program?

Our organisation regards workplace safety as paramount to the success of all areas of its operations. We recognise that good workplace safety practices reduce incident rates, benefiting both the company and its employees.

When we heard about WorkCover's Mentor Program we saw it as an opportunity to contribute, and to share our workplace safety knowledge with others.

What are the benefits of the program?

For us, it was a chance to see how other businesses operate – a learning experience, both for the mentor and mentee. It also gives small businesses insight into how to meet their obligation to provide a safe workplace.

What has been the most rewarding thing about being a mentor?

I consider it a privilege to work with the mentee businesses, assisting them to develop and implement their own OHS systems and policies. I would encourage any large organisation to get involved – sharing knowledge and ideas can benefit all involved.

The 2008-09 mentor program included mentor and mentee businesses from the construction, manufacturing, agriculture, retail and consumer services industries.

The program involved onsite visits conducted by mentors, and information days and workshops hosted by WorkCover NSW, in relation to a wide range of workplace safety areas, including:

- Manual handling
- Sun safety
- Electrical safety
- Workers compensation
- Developing safe work method statements
- Industry solutions program
- Safety solutions rebates.

If you would like to express your interest in participating in future mentor programs, please contact WorkCover on **13 10 50** or **1800 624 097**, or email mentorprogram@workcover.nsw.gov.au.

Keeping Workers Safe at the Royal Easter Show

Every year WorkCover NSW plays an important role in providing advice and assistance to a range of stakeholders involved in staging the Sydney Royal Easter Show (9-22 April).

Building on the success of last year, WorkCover is proud to be working closely with the Royal Agricultural Society (RAS) and stakeholders to see that occupational health and safety, workers compensation and injury management issues are appropriately addressed and the show delivered in a safe and sustainable way.

As part of the build up to the show, the RAS and WorkCover will be delivering joint presentations to a variety of participants, including venue and carnival operators and young workers. The presentations will contain advice and guidance on a number of relevant OHS, workers compensation and injury management issues.

As always, owners/operators of amusement devices are responsible for ensuring that these devices are installed and maintained in a suitable and safe working order, and have appropriate records available for inspection purposes.

WorkCover Inspectors, accompanied by technical specialists from WorkCover's engineering team, will be applying the National Audit Tool for Amusement Devices when undertaking random 'verification audits' on amusement devices. Appropriate action will be taken to remedy any anomalies found.

Given that exposure to noise at work can, over time, result in loss of hearing, the RAS will monitor noise levels, and every attempt will be made to ensure that appropriate standards are maintained throughout the show. The RAS and WorkCover will be offering advice and assistance to operators on appropriate means to eliminate or minimise the risks associated with noise.

Verification of employers' workers compensation policies will also be occurring in the lead up to and during the show.

To ensure businesses have appropriate workers compensation policies and are paying the correct premium, participating employers will be reminded to



contact their insurer for advice and assistance if they have increased staffing levels for the show (since taking out their current policy) or if they are an interstate business and have employed NSW workers.

During the show's 'bump in' period WorkCover staff will be on duty in the Binnie Pavilion to provide information and advice. Alternatively people may choose to contact WorkCover's Information Centre on **13 10 50**.



Remember YOUR Labour Hire Workers!

More workplaces are using labour hire agencies to address skill shortages and fluctuations in the demand for goods and services.

The occupational health and safety responsibilities that apply to employers, to provide and maintain a safe work environment to employees, also extend to labour hire workers. Labour hire agencies also have an obligation to verify that the workplace and its operation are safe before workers are placed with a client.

Occupational health and safety problems are likely to arise where employers and labour hire agencies have not properly consulted prior to the placement of a worker. This can lead to disputes about who was responsible for providing induction training and personal protective equipment (PPE). To avoid confusion apply the following principles.

Labour hire agencies need to:

- provide generic induction prior to placement
- assess the client's workplace and the worker's capacity to undertake the work prior to the placement
- monitor the workplace to ensure that health and safety requirements are being implemented as expected, and that no new risks have arisen.



Employers need to:

- treat labour hire workers as their own workers
- define the job and check that the worker has the necessary skills, knowledge and any licence or certificate requirements
- clarify who will provide PPE and check that any PPE brought to the site meets OHS standards
- provide adequate supervision and site-specific induction, including workplace hazards, risk controls, and safety and emergency systems
- encourage participation in OHS consultation arrangements
- keep the labour hire agency informed and involved in OHS matters affecting labour hire workers.

Following these principles will make the management of health and safety for labour hire workers simpler.

Fact sheets for host employers and labour hire agencies can be downloaded from the WorkCover NSW Website at www.workcover.nsw.gov.au (follow the links to Publications, then OHS Responsibilities) or by contacting the WorkCover Assistance Service on **13 10 50**.

Paralympian Personalises Safety

Wangarang Industries employees were inspired by the stories of former Paralympic powerlifter Kahi Puru when he visited their workplace in Orange to promote safety awareness.

Kahi met staff as part of Wangarang's initiative to refresh their safety system and join in with celebrations for International Day for People with Disability.

Through his stories, Kahi personalised workplace safety management and reinforced the need for vigilance by all employees. For the 106 staff with disabilities employed at Wangarang, Kahi's presentation provided lasting inspiration.

Since losing his leg during a forklift incident at work, aged only 29, Kahi has always refused to let a disability restrict his life. When the incident threatened to disrupt his weightlifting aspirations, he went on to become one of Australia's best bench press powerlifters.

After representing Australia in the 2000 Paralympic Games in powerlifting, Kahi turned to a new challenge: hand cycling. He completed the 2004 New York Marathon, and has now taken up rowing and dragon boat racing in a bid to qualify for the 2012 London Paralympic Games.

As an athlete proudly sponsored by WorkCover, Kahi's inspirational story sends a powerful message about the importance of workplace safety and the need for everyone in a workplace to value their own safety, as well as that of their workmates.

'Kahi's visit reminded employees of the dangers of being complacent around forklifts and other workplace hazards,' said Wangarang Industries Operations Manager, Joshua Parkin.



Pictured above: *Kahi* and the Wangarang team.

'He was an instant hit as he took the time to interact with people on a very personal level. He remembered names, even though he was being introduced to so many, as well as taking the time to walk around the factories to speak to employees at their jobs.'

'His messages were clear and simple, which is very important for our employees, many of whom have intellectual disabilities. In short, we would have him back any time,' Mr Parkin said.

Pictured below: *Kahi* with a Wangarang employee spreading the word on workplace safety.



Revised Guides on Permanent Impairment

The WorkCover Paralympic Speakers Program continues to be a major success in helping employees, workers and the general public to understand the significance of workplace safety and the physical, emotional, social and financial costs of workplace injuries.

It gives employers a valuable opportunity to personalise the workplace safety message. By having a Paralympian speak to staff emphasises the reality of safety, and the impact an accident can have, both at home and at work.

So successful is the program, it has experienced unprecedented demand and is fully booked out now until July 2009. Bookings are open for the second half of 2009 so be sure to get in quick and book a speaker to share their inspirational story with your workers. Remember, Safe Work Australia Week is coming up (25 to 31 October) - the ideal time to arrange a keynote speaker from the program to participate in your safety initiatives.

For more information about how to book a Paralympian to come to your workplace after July 2009, visit www.workcover.nsw.gov.au

WorkCover NSW aims to help injured workers return to work. Where a worker is permanently impaired, however, they should be fairly compensated. This benefit is paid, regardless of the worker's capacity for work, as it is a separate entitlement. WorkCover recently revised its Guides for the evaluation of permanent impairment to ensure that happens.

WorkCover changed the Guides after listening to the people who use them. In 2008 WorkCover consulted with the Whole Person Impairment Coordinating Committee and approved medical specialists to review the following sections of the Guides:

- **introduction**
- **spine**
- **lower extremity.**

Working groups addressed the issues raised, and the coordinating committee agreed to the amended guides. WorkCover then educated all the assessors of permanent impairment who utilise the altered chapters to ensure consistent application of the Guides.

The new edition came into effect for all assessments from 1 February 2009.

Improving the Guides enables accurate and consistent assessments of permanent impairment – and therefore fair compensation for injured workers.

For information call WorkCover on **13 10 50**.

Recognising Those Who Make a Difference

The 2008 WorkCover NSW SafeWork Awards recognised the innovations and improvements implemented by workplaces across the state.

A record 121 entries were received in 2008, with winners, finalists and highly commended organisations demonstrating a particularly high standard. WorkCover is proud to showcase a selection of highly commended entrants in this issue.

Best Workplace Health and Safety Management System

Corporate Express (Mascot, NSW)

Corporate Express cater for every aspect of business, with IT solutions, print services, promotional marketing, business furniture, facilities supplies, catering and kitchen supplies and office essentials.

In 2006 they developed and evolved a tailor made occupational health and safety management system. This need came about after a purchased 'off the shelf' solution failed to make a difference to the business and to the wellbeing of its 2600 employees.

The system, known as 'Safety Shop', is designed on the principles of AS/NZS 4801/4804 and is a one-stop-shop for all things health and safety related within Corporate Express.

The 'Safety Shop' system includes:

- a consultation process linking senior management with the 40 plus Corporate Express sites and staff
- annual OHS planning
- a senior management review
- statistical analysis
- risk management
- safety plans installing a proactive approach to OHS.

Judge's Comments:

Corporate Express provided a good example of an OHS management system that is simple yet extremely effective. Corporate Express addresses the issue of having a geographically dispersed workforce and show good measurement of OHS targets. They have demonstrated an excellent improvement in lost time injuries and experienced a significant decrease of annual workers compensation premiums as a direct result.



Pictured above:

(From left) **Jon Blackwell** (CEO - WorkCover NSW) with **Stephen Elliott** (National Manager, OHS & QA - Corporate Express).

Best Workplace Health and Safety Management System

Talent Pay (North Sydney, NSW)

Talent Pay specialises in providing performer employment compliance and contract and administration services, acting as the principal employer of performers on-behalf of 'producers' for media productions.

They undertook the initiative to promote safety between the performer agent and the advertising agency/production house to bring occupational health and safety practices to the creative industry sector, particularly in the advertising industry.

While TalentPay is the technical employer of performers, with an inherent duty of care for their workplace health and safety, clients and their contractors also have a duty of care forming a 'chain of responsibility' to ensure performers are medically fit and competent. It is also vital that locations and shoots are free from risk to performer, production and technical crew and other party workplace health and safety.

The OHS system is a critical part of the core business conducted by TalentPay and prior to allowing employees to attend the worksite, the work script must be reviewed and a risk assessment completed for each performance or activity. Employees are not engaged to attend the worksite unless the host employer can meet risk controls. TalentPay has also introduced an employee policy and procedure manual and an OHS and Quality Management System Manual, which is available to all staff and contractors.

Judge's Comments:

TalentPay have taken a considerable approach to developing a system that ensures the needs of their client can be met while being vigilant about their employee's safety. TalentPay clearly takes a leadership role in their industry and over the financial year 07/08 TalentPay engaged over 4000 performers, of which there were no significant or reportable injuries in NSW. This can be attributed to their systematic management of OHS, which is integrated into their overall quality systems management.



Pictured above:

(Front row from left) **Brian Geach** (Executive Consultant - Talent Pay), **Jon Blackwell** (CEO - WorkCover NSW), **Annette Morris** (General Manager - Talent Pay), **Alex Little** (Talent Pay), **Jenn Pekar** (Talent Pay client), **Greg Reilly** (CEO - Talent Pay).
(Back row from left) **Claudio Pedro** (Talent Pay client), **Nikki Wheeler** (Talent Pay client), **Danesta Konsky** (Talent Pay), **Sarah Reilly** (Talent Pay),

Best Solution to an Identified Workplace Health and Safety Issue

City of Sydney (Sydney, NSW)

The **City of Sydney** Council is one of the largest local government authorities in NSW employing over 1600 people. The Council is a self-insurer and prides itself on its culture of ensuring a safe working culture among the diverse activities it undertakes.

Council staff developed a plant item called the 'Stem Aligner' to alleviate the manual handling problems encountered whilst attending to damaged sign posts within the local government area, in particular the CBD district of Sydney.

The outcome of the safety solution has meant that they have completely eliminated the risk of neck and back injuries by not carrying out the work manually; eliminated the risk of tripping or falling and increased public safety and elimination of noise.

Judge's Comments:

The 'Stem Aligner' is an original concept that deserves applause. It has the potential of reducing manual handling injuries significantly and has great application for other Councils.

The Stem Aligner demonstrates how simple and inexpensive an effective OHS solution can be and shows a range of benefits that can be achieved through a proactive approach to addressing workplace issues and empowering employees to improve safety in their workplace.

This solution is highly worthy of recognition as the solution is very innovative and the journey by the team in identifying the hazard and designing, testing and implementing the solution is a real credit to all.



Pictured above:

(From left) **Paul Smithson** (Team Leader - City of Sydney), **Doug Tillinghast** (Trades Manager - City of Sydney), **Alan Wren** (OHS Advisor - City of Sydney), **Jon Blackwell** (CEO - WorkCover NSW), **Gary Harding** (Director, City Community and Cultural Services - City of Sydney) and **George Angelis** (Manager, City Infrastructure - City of Sydney).

Best Individual Contribution to Workplace Health and Safety

David Stead and Steve Kurtz - PPG Industries
(Villawood, NSW)

PPG Industries is a coatings company which operates globally. The PPG Architectural Coatings Division, located in Sydney, manufactures and distributes architectural paint under the brand names of Taubmans, Bristol and White Knight. As a chemical company, PPG Industries have historically had chemicals on site in a variety of storage vessels, including 200 litre drums. Occasionally there would be a problem with a drum, which built up gas inside. They managed this by the standard practice of using a drum wrench, gloves, face shield and attempting to open the drum without being in the path of either the gas, bung or drum contents. Research into options available to safely remove the gas from the drum proved that this is a common problem in the chemical industry and there did not appear to be a safe option. David Stead, Works Chemist, and Steve Kurtz, Maintenance Fitter, designed a device that is able to be placed on top of the bulging drum, lock into position and enable the operator to safely de-gas the drum.

Judge's Comments:

A simple yet effective tool to reduce some of the risks associated with over-pressurised drums. It has the potential to be applied to many industries including emergency services. The solution is even more impressive as neither David nor Steve have design backgrounds.

Since the implementation of this device there has been no incidents of any rupturing of pressurised drums or reports of injuries, spills or employees placed at risk. All operators have been trained in using the device and positive feedback has been received from all parties.



Pictured above:

(From left) **David Stead** (Quality Control Chemist- PPG Industries), **Steve Kurtz** (Maintenance Fitter - PPG Industries) and **Jon Blackwell** (CEO - WorkCover NSW).

Best Solution to an Identified Workplace Health and Safety Issue

Toll Autologistics (Greenacre, NSW)

Toll Autologistics is the specialist third party automotive logistics provider within the Toll Group and the leading provider of integrated logistics services in the Asia Pacific region. Toll Autologistics - Vehicles is Australia's leading finished vehicle transportation business and is the primary service provider to many leading car manufacturers.

Toll Autologistics identified a risk associated with the loading and unloading process by employees of large vehicle transporters which exposes them to potential falls from heights, working in confined spaces, strains, trip and slip hazard risks and much physical exertion which contributes towards fatigue and potentially further increases risks.

The solution was the 'Flatpak' eight car vehicle transporter. The Flatpak has eliminated the requirement for operators to work at heights by allowing all of the transporter decks to flat-pack on the base of the trailer to a height of 1.5m. The risk of slips, trips and strain incidents are also significantly reduced due to the operator no longer having to contend with restricted workspaces and having free movement around the vehicle at ground level to undertake the loading and unloading process.

Judge's Comments:

The 'Flatpak' is a high level solution to a workplace health and safety issue, which combines OHS and product service quality. The Flatpak design effectively eliminates the need to walk at heights above 1.5m and has a potential for worldwide application. Lost time injuries have reduced with none reported in the last two years and Toll have not received any strain or manual handling related injuries from employees who have worked with the 'Flatpak' since its implementation.



Pictured above:

(Front row from left) **Bob Lovf** (General Manager, Vehicle Distribution - Toll Autologistics), **Jon Blackwell** (CEO - WorkCover NSW), **Kerren Smith** (Managing Director - J. Smith & Sons Pty Ltd), **Aaron Lindstrom** (Design Engineer - J. Smith & Sons Pty Ltd), **Colin Boyles** (Procurement Manager - J. Smith & Sons Pty Ltd).

(Back row from left) **James Hussary** (Operations Supervisor - Toll Autologistics), **Mohammed Khan** (Schedule Planner - Toll Autologistics), **Michelle Parkes** (Administration Manager - Toll Autologistics), **Marina Howell** (Administration Coordinator - Toll Autologistics), **Steve Wise** (NSW State Manager - Toll Autologistics)..

WorkCover NSW Leadership in Safety Award

Youthsafe, in partnership with the **Australian Retailers Association** (Sydney, NSW)

Youthsafe is an independent, not-for-profit organisation committed to making a positive difference to youth injury in NSW. The Australian Retailers Association is the peak industry body for Australia's retail sector, which employs over 1.2 million people.

The two organisations received a grant under the 2007/08 WorkCover Assist program to develop and disseminate an OHS resource kit for high school students, teachers, parents and employers of young people. The collaboration has ensured consultation with students, educators and employers resulting in an innovative, effective and relevant OHS resource induction training.

This resource is being used in high schools both in regional and metropolitan NSW as part of the Personal Development, Health and Physical Education curriculum. It is being welcomed by participants as being a relevant, user-friendly resource for students that are entering the workforce.

Judge's Comments:

Young Workers are in the high-risk category to be injured. This is a fantastic program that promotes education to those workers at risk and shows what great results can be achieved when partnering with WorkCover and industry.



Pictured above:

(From left) **Joanne Kemp** (Education Programs Manager - Youthsafe), **Phil Barresi** (Director Employment Relations - Australian Retailers Association (ARA)) and **Jon Blackwell** (CEO - WorkCover NSW).

WorkCover NSW
SafeWork
A

Safe Business Is Good Business

We all want our families to arrive home from work safely every day.

FACT:

- In 2006/2007 there were 29,326 serious workplace injuries reported
- 5,205 cases resulted in permanent disability
- 98 deaths resulted from workplace injury or disease

**Don't Become A Statistic...
Get Assistance**

Ways You Can Get Assistance

- **Over The Phone:** Information and assistance on workplace health and safety, injury management and workers compensation.
- **Face To Face:** Practical workplace safety advice and tools relevant to your business.
- **Online:** A free, simple way to determine who is a worker or a contractor. Use the anonymous online self-assessment tool or lodge an application for a binding private ruling by visiting workcover.nsw.gov.au/workerstatus.
- **Direct To You:** WorkCover News and e-News keep you up to date with the latest news in workplace safety and injury management. Subscribe to these and other mailouts regarding WorkCover NSW information, advice, assistance, programs and activities.

**For more information about how
WorkCover NSW can assist you to
achieve a safer workplace**

Call 13 10 50

or visit www.workcover.nsw.gov.au



WorkCover NSW

Workshop Calendar



WORKSHOP TITLE	EVENT DATE	EVENT TIME	LOCATION
Workplace Safety Essentials	Tuesday 7 April 2009	Registration: 5:30 pm Session: 6:00pm to 8:30pm	Gosford Golf Club Racecourse Road, Gosford
Workplace Safety Essentials - Workplace Bullying	Tuesday 7 April 2009	Registration: 1:00pm Session: 1:30pm to 3:30pm	Nelson Bay Diggers Club Shoal Bay Road, Nelson Bay
Workplace Safety Essentials - Serious About Safety	Tuesday 7 April 2009	Registration: 9:30am Session: 10:00am to 1:00pm	Quirindi RSL Club 86-88 Station Street, Quirindi
Workplace Safety Essentials - Manual Handling	Tuesday 7 April 2009	Registration: 1:30pm Session: 2:00pm to 4:00pm	Waterview, Dooleys at Silverwater Silverwater Road, Silverwater
Workplace Safety Essentials	Wednesday 8 April 2009	Registration: 1:30pm Session: 2:00pm to 4:00pm	Woy Woy & District Rugby League Football Club 82-90 Blackwall Road, Woy Woy
Workplace Safety Essentials	Wednesday 8 April 2009	Registration: 5:00pm Session: 5:30pm to 8:30pm	Cooma Ex-Services Club 106 Vale Street, Cooma
Workplace Safety Essentials	Wednesday 8 April 2009	Registration: 4:30pm Session: 5:00pm to 8:00pm	Mildura Working Mans Club Inc 90-124 Deakin Avenue, Mildura
Workplace Safety Essentials - Serious About Safety	Wednesday 8 April 2009	Registration: 9:00am Session: 9:30am to 12:30pm	Club Forster Strand Street, Forster
Workplace Safety Essentials - Occupational Health & Safety	Wednesday 8 April 2009	Registration: 2:30pm Session: 3:00pm to 5:00pm	District Community Club Lawson Road, Springwood
Workplace Safety Essentials - Serious About Safety	Wednesday 8 April 2009	Registration: 8:30am Session: 9:00am to 11:00am	The Crossing Theatre 117 Tibbereena Street, Narrabri
Workplace Safety Essentials - Occupational Health & Safety	Wednesday 8 April 2009	Registration: 9:00am Session: 9:30am to 12:00pm	Ocean Shores Country Club Orana Road, Ocean Shores
Workplace Safety Essentials	Wednesday 8 April 2009	Registration: 2:30pm Session: 3:00pm to 6:00pm	Drummoyne RSL Club 162 Victoria Road, Drummoyne
Workplace Safety Essentials	Wednesday 8 April 2009	Registration: 1:30pm Session: 2:00pm to 5:00pm	Warragamba Convention Centre 14 Twenty Fourth Street, Warragamba (off Farnsworth Avenue)
Workplace Safety Essentials	Thursday 9 April 2009	Registration: 5:00pm Session: 5:30pm to 8:30pm	Jindabyne Bowling Club 2 Bay Street, Jindabyne
Workplace Safety Essentials - Workplace Bullying	Tuesday 14 April 2009	Registration: 1:30pm Session: 2:00pm to 4:00pm	Gosford Golf Club Racecourse Road, Gosford
Workplace Safety Essentials	Tuesday 14 April 2009	Registration: 12:30pm Session: 1:00pm to 3:00pm	South Hurstville RSL Club 72 Connells Point Road, South Hurstville
Workplace Safety Essentials - Manual Handling	Wednesday 15 April 2009	Registration: 1:00pm Session: 1:30pm to 3:30pm	Mingara Recreation Club Mingara Road, Tumby Umbi
Workplace Safety Essentials	Wednesday 15 April 2009	Registration: 2:30pm Session: 3:00pm to 6:00pm	Blacktown Workers Club 55 Campbell Street, Blacktown
Workplace Safety Essentials - Serious About Safety	Thursday 16 April 2009	Registration: 12:30pm Session: 1:00pm to 3:00pm	Camden Bowling Club 22 Cawdor Road, Camden
Workplace Safety Essentials - Manual Handling	Thursday 16 April 2009	Registration: 11:00am Session: 11:30am to 1:30pm	Oberon RSL Club 114 Oberon Street, Oberon
Workplace Safety Essentials - Workplace Bullying	Tuesday 21 April 2009	Registration: 5:30pm Session: 6:00pm to 8:00pm	East Maitland Leisure & Golf Club Banks Street, East Maitland
Workplace Safety Essentials - Working with Chemicals	Tuesday 21 April 2009	Registration: 9:15am Session: 9:30am to 12:00pm	Tweed Community College 36 Machinery Drive, Tweed Heads South
Workplace Safety Essentials	Tuesday 21 April 2009	Registration: 5:30pm Session: 6:00pm to 9:00pm	Cobar Golf Club Bloxham Street, Cobar
Workplace Safety Essentials - Occupational Health & Safety	Wednesday 22 April 2009	Registration: 5:30pm Session: 6:00pm to 8:00pm	Longueville Sporting Club Cnr Kenneth & River Roads, West Longueville
Workplace Safety Essentials - Occupational Health & Safety	Wednesday 22 April 2009	Registration: 9:00am Session: 9:30am to 11:30am	WorkCover NSW 53 Lord Street, Port Macquarie
Workplace Safety Essentials - Serious about Safety	Wednesday 22 April 2009	Registration: 4:00pm Session: 4:30pm to 6:30pm	Penrith RSL Club Tindale Street, Penrith
Workplace Safety Essentials - Working with Chemicals	Thursday 23 April 2009	Registration: 9:15am Session: 9:30am to 11:30am	Canvas & Kettle Function Room Murwillumbah Civic Centre Tumbulgum Road, Murwillumbah
Workplace Safety Essentials - Occupational Health & Safety	Wednesday 22 April 2009	Registration: 9:00am Session: 9:30am to 11:30am	WorkCover NSW 53 Lord Street, Port Macquarie

WORKSHOP TITLE	EVENT DATE	EVENT TIME	LOCATION
Workplace Safety Essentials	Thursday 23 April 2009	Registration: 1:30pm Session: 2:00pm to 5:00pm	<i>Narromine United Services Memorial Club</i> 58 Dandaloo Street, Narromine
Workplace Safety Essentials – Workers Compensation	Tuesday 28 April 2009	Registration: 9:45am Session: 10:00am to 1:00pm	<i>Wollongong Golf Club</i> Cnr Corrimal & Bank Streets, Wollongong
Workplace Safety Essentials – Occupational Health & Safety	Tuesday 28 April 2009	Registration: 1:00pm Session: 1:30pm to 3:30pm	<i>Wyong Rugby League Club Group</i> Lakehaven Drive, Kanwal
Workplace Safety Essentials – Occupational Health & Safety	Wednesday 29 April 2009	Registration: 9:00am Session: 9:30am to 11:30am	<i>Nambucca Heads RSL Club</i> Nelson Street, Nambucca Heads
Workplace Safety Essentials – Serious About Safety	Wednesday 29 April 2009	Registration: 1:30pm Session: 2:00pm to 5:00pm	<i>Nambucca Heads RSL Club</i> Nelson Street, Nambucca Heads
Workplace Safety Essentials – Occupational Health & Safety	Wednesday 29 April 2009	Registration: 2:30pm Session: 3:00pm to 5:00pm	<i>Katoomba Golf Club</i> Acacia Street, Katoomba
Rural Safety Essentials	Wednesday 29 April 2009	Registration: 9:30am Session: 10:00am to 12:00pm	<i>Wee Waa Bowling Club</i> 69 Alma Street, Wee Waa
Workplace Safety Essentials – Occupational Health & Safety	Wednesday 29 April 2009	Registration: 9:00am Session: 9:30am to 11:30am	<i>Casino RSL</i> 162 Canterbury Street, Casino
Workplace Safety Essentials – Occupational Health & Safety	Wednesday 29 April 2009	Registration: 9:30am Session: 10:00am to 12:00pm	<i>Leeton Soldiers Club</i> Cnr Acacia & Yanco Avenue, Leeton
Workplace Safety Essentials – Occupational Health & Safety	Thursday 30 April 2009	Registration: 12:30pm Session: 1:00pm to 3:00pm	<i>Strathfield Golf Club</i> 84 Centenary Drive, Strathfield
Workplace Safety Essentials – Occupational Health & Safety	Thursday 30 April 2009	Registration: 9:00am Session: 9:30am to 11:30am	<i>Toongabbie Sports and Bowling Club</i> 12 Station Road, Toongabbie
Workplace Safety Essentials – Occupational Health & Safety	Thursday 30 April 2009	Registration: 9:00am Session: 9:30am to 11:30am	<i>Wagga Wagga RSL Club</i> Dobbs Street, Wagga Wagga

WORKSHOP TITLE	EVENT DATE	LOCATION
Workplace Safety Essentials	May 2009	Wyong
Workplace Safety Essentials – Workers Compensation	May 2009	Bankstown
Workplace Safety Essentials – Manual Handling	May 2009	Pennant Hills
Workplace Safety Essentials	May 2009	Merriwa
Workplace Safety Essentials – Manual Handling	May 2009	Forestville
Workplace Safety Essentials	May 2009	Walgett
Workplace Safety Essentials	May 2009	Sydney
Workplace Safety Essentials – Occupational Health & Safety	May 2009	Goulburn
Workplace Safety Essentials	May 2009	Broken Hill
Workplace Safety Essentials – Manual Handling	May 2009	North Ryde
Workplace Safety Essentials – Serious About Safety	May 2009	Merriwa
Workplace Safety Essentials – Serious About Safety	May 2009	Inverell
Workplace Safety Essentials	May 2009	Queanbeyan
Workplace Safety Essentials	May 2009	Dubbo
Workplace Safety Essentials – Manual Handling	May 2009	Taree
Workplace Safety Essentials – Serious About Safety	May 2009	Mount Colah
Workplace Safety Essentials – Serious About Safety	May 2009	Gloucester
Workplace Safety Essentials – Manual Handling	May 2009	The Entrance
Workplace Safety Essentials – Manual Handling	May 2009	Bankstown
Workplace Safety Essentials – Occupational Health & Safety	May 2009	Warilla
Workplace Safety Essentials – Manual Handling	May 2009	Northmead
Workplace Safety Essentials – Manual Handling	May 2009	St John's Park
Workplace Safety Essentials – Occupational Health & Safety	May 2009	Armidale

WORKSHOP TITLE	EVENT DATE	LOCATION
Workplace Safety Essentials – Manual Handling	May 2009	Mayfield
Workplace Safety Essentials – Occupational Health & Safety	May 2009	Canterbury
Workplace Safety Essentials – Serious About Safety	May 2009	Murwillumbah
Workplace Safety Essentials	May 2009	North Ryde
Workplace Safety Essentials – Serious About Safety	May 2009	Gordon
Workplace Safety Essentials – Workers Compensation	May 2009	Toongabbie
Workplace Safety Essentials – Occupational Health & Safety	May 2009	Alstonville
Workplace Safety Essentials – Manual Handling	May 2009	Randwick
Workplace Safety Essentials – Serious About Safety	May 2009	Tweed Heads
Workplace Safety Essentials – Serious About Safety	May 2009	Wingham
Workplace Safety Essentials – Manual Handling	May 2009	Tuggerah
Workplace Safety Essentials – Manual Handling	May 2009	Narrandera
Workplace Safety Essentials – Manual Handling	May 2009	Bellingen
Workplace Safety Essentials – Workers Compensation	May 2009	North Rocks
Workplace Safety Essentials – Occupational Health & Safety	May 2009	Coonabarabran
Workplace Safety Essentials – Serious About Safety	May 2009	Goonellabah
Workplace Safety Essentials	May 2009	Smithfield
Workplace Safety Essentials – Manual Handling	May 2009	Coffs Harbour
Workplace Safety Essentials – Serious About Safety	May 2009	Unanderra
Workplace Safety Essentials – Manual Handling	May 2009	Gundagai

To find out more about the workshops listed in the tables above and others, phone WorkCover NSW on **13 10 50** or visit www.workcover.nsw.gov.au/safebusiness

WorkCover NSW Offices

HEAD OFFICE

Office Hours:

8:30am – 5:00pm Monday to Friday

Gosford

92-100 Donnison Street,
GOSFORD 2250
P: (02) 4321 5000
F: (02) 4325 4145
Post: WorkCover NSW,
Locked Bag 2906
LISAROW 2252

WORKCOVER ASSISTANCE SERVICE

Office Hours:

8:30am – 5:00pm Monday to Friday

Gosford

92-100 Donnison Street,
GOSFORD 2250
P: 13 10 50

REGIONAL OFFICES

Office Hours:

8:30am – 5:00pm Monday to Friday

Newcastle

Level 1, Suite C,
Cnr Fitzroy and Cowper Street,
CARRINGTON 2294
P: (02) 4921 2900
F: (02) 4940 8558
Post: PO Box 2186
DANGAR NSW 2309

Wollongong

106 Market Street,
WOLLONGONG 2500
P: (02) 4222 7333
F: (02) 4226 9087

METROPOLITAN & DISTRICT OFFICES

Office Hours:

8:30am – 5:00pm Monday to Friday

Albury

Suite 5, 1st Floor,
429 Swift Street,
ALBURY 2640
P: (02) 6042 4600
F: (02) 6041 2580
Post: PO Box 905
ALBURY 2640

Ballina

11 Grant Street,
BALLINA 2478
P: (02) 6620 6900
F: (02) 6681 6100
Post: PO Box 903
BALLINA 2478

Bega

Shop 1, 248 Carp Street,
BEGA 2550
P: (02) 6491 6600
F: (02) 6494 7151
Post: PO Box 943
BEGA 2550

Blacktown

Suite L0302, Level 3,
22 Main Street,
BLACKTOWN 2148
P: (02) 8882 4200
F: (02) 9831 8246
Post: PO Box 886
BLACKTOWN 2148

City - CBD South

Level 10, Centennial Plaza,
Building C, 300 Elizabeth Street,
SYDNEY 2000
P: (02) 8260 5877
F: (02) 9281 9633
Post: PO Box 1476
STRAWBERRY HILLS 2012

Chatswood

Suite 1101, Level 1167,
Albert Avenue,
CHATSWOOD 2067
P: (02) 9406 3800
F: (02) 9413 1190

Coffs Harbour

Suite 33, Jetty Village
Shopping Centre,
361 Harbour Drive,
COFFS HARBOUR 2450
P: (02) 6659 1700
F: (02) 6652 8213

Dubbo

Level 2, 1 Church Street,
DUBBO 2830
P: (02) 6841 7900
F: (02) 6884 2808

Goulburn

Lower Ground Floor,
159 Auburn Street,
GOULBURN 2580
P: (02) 4824 1500
F: (02) 4822 1242
Post: PO Box 242
GOULBURN 2580

Griffith

Suites G06 & G07
Government Office Block
104-110 Banna Avenue,
GRIFFITH 2680
P: (02) 6962 8900
F: (02) 6964 1738

Hurstville

Level 2, 12 Butler Road,
HURSTVILLE 2220
P: (02) 9598 3366
F: (02) 9585 0261

Liverpool

Level 3, 33 Moore Street,
LIVERPOOL 2170
P: (02) 9827 8600
F: (02) 9824 0348
Post: PO Box 959
LIVERPOOL 1871

Maitland

19 Mitchell Drive,
GREEN HILLS 2323
P: (02) 4931 6800
F: (02) 9287 4796
Post: PO Box 2360
GREEN HILLS 2323

Narrabri

Suite 6, Level 1,
100 Maitland Street,
NARRABRI 2390
P: (02) 6792 8720
F: (02) 6792 3532
Post: PO Box 134
NARRABRI 2390

Nowra

Level 1, 5 O'Keefe Avenue,
NOWRA 2541
P: (02) 4428 6700
F: (02) 4422 4997
Post: PO Box 1597
NOWRA 2541

Orange

74 McNamara Street,
ORANGE 2800
P: (02) 6392 7600
F: (02) 6362 8820
Post: PO Box 1056
ORANGE 2800

Parramatta

Level 4, 128 Marsden Street,
PARRAMATTA 2150
P: (02) 9841 8550
F: (02) 9891 1474

Port Macquarie

Suite 5, 53 Lord Street,
PORT MACQUARIE 2444
P: (02) 6588 7000
F: (02) 6584 1788
Post: PO Box 1646
PORT MACQUARIE 2444

Tamworth

126 Marius Street,
TAMWORTH 2340
P: (02) 6767 2500
F: (02) 6766 4972
Post: PO Box 396
TAMWORTH 2340

Tweed Heads

Units 25 & 26, Corporate House
8 Corporation Circuit,
TWEED HEADS SOUTH 2486
P: (07) 5506 1400
F: (07) 5524 6300
Post: PO Box 3214DC
TWEED HEADS SOUTH 2486

Wagga Wagga

Level 2, 76 Morgan Street,
WAGGA WAGGA 2650
P: (02) 6933 6500
F: (02) 6937 3616
Post: PO Box 2348
WAGGA WAGGA 2650

LABORATORIES

Thornleigh

5A Pioneer Avenue,
THORNLEIGH 2120
P: (02) 9473 4000
F: (02) 9980 6849

Londonderry

Testsafe Australia, Ground Floor,
919 Londonderry Road,
LONDONDERRY 2753
P: (02) 4724 4900
F: (02) 4724 4999
Post: PO Box 592
RICHMOND 2753

Fatalities

The following is a list of workplace fatalities occurring in New South Wales since those listed in Issue 75 of *WorkCover News*. This covers traumatic incidents that resulted in a fatality, occurring from 1 October 2008 to 31 December 2008 inclusive.

- a worker was transporting a tractor along a 100 km/h road, from a dealership to the workshop, for custom additions before delivery. The tractor was hit from behind while making a turn
- a worker attempted to assist an employee who cut through electrical cables and received an electric shock. The current passed through to the worker who went into cardiac arrest
- a worker was assisting repairers on a truck in a checking station, when the vehicle began to move forward, trapping the worker between a steel post and the vehicle

- a worker was lighting a back burn for a fire that started the previous day, when a tree fell and fatally struck the worker
- a child accompanying his mother was playing on an owner/builder construction site near a newly installed gate, which the mother had moved aside to access the site. The 180 kg gate travelled off its roller track and fell onto the child
- a worker was caught by the rear articulated jinker of a loaded truck and was pulled under the wheels
- a worker was operating a quad bike to round up cattle and fell from the bike on the way back to the workshop

- a worker was lopping trees when he became caught between the tree trunk and supporting rope and was asphyxiated
- a worker was loading steel poles onto a flat bed semi-trailer. When securing a load of pipes already on the truck, the worker lost balance and fell to the ground striking his head.

Disclaimer: These reports are of a preliminary nature and are based on initial reports from WorkCover Inspectors. Full details of incidents will be available after the completion of coronial and other processes. No liability on the part of any parties referred to herein can be inferred from these reports.

A little **SLIP** can have a **BIG** impact

If you see a spill on the floor of your workspace or boxes cluttering walkways, do something about it! Ignoring slip, trip and fall hazards like these are an all too common cause of injuries in the workplace.

Slipping on a puddle or tripping over a box can not only leave you with bruises or sprains, but also more serious long term damage. In fact slips, trips and falls at work are among the most common cause of non-fatal injuries—ranging from sprains and strains to debilitating problems that can have a serious impact on quality of life.

To raise the awareness of this important issue, WorkCover NSW has produced an information pack containing guides, fact sheets and posters. Available free of charge to any NSW workplace, the pack is aimed at preventing injuries resulting from slips, trips and falls.

It outlines the important message that prevention starts with good design of the workplace, followed by adequate housekeeping and cleaning practices, provision of staff training and use of appropriate footwear. This is supported with advice on how to identify workplace hazards and carry out risk assessments, as well as practical ideas on how to eliminate or control risks.

Remember a little slip, trip or fall can have a big impact on your life or the life of a workmate. Make your workplace a safe place to be around.



Workers Compensation **YOUR ROLE**

Did you know that workers and employers have legally-binding roles in the workers compensation system?

Here are just some of their responsibilities:

WORKERS

If you are injured at work, you must:

- tell your employer as soon as possible
- choose a doctor to help you with your injury management plan
- make all reasonable efforts to return to work as soon as possible.

EMPLOYERS

When a worker is injured at your workplace, you must:

- notify the insurer within 48 hours
- provide suitable duties for them, where practicable
- not dismiss them because of the injury for at least six months.

For full information on your role in workers compensation, visit www.workcover.nsw.gov.au or call **13 10 50**.

The most important reason for workplace safety is not at work at all!

Many workplaces have made positive changes to workplace safety that mean their workers return home safely to their families each day. If that's the case at your workplace, we'd like to hear about it.

It doesn't matter whether your solution to a safety issue is big or small, as long as it's made a difference to YOUR workplace.

Entries CLOSE Monday 25 May 2009

Testimonial

"We were very proud to be short listed to be a Finalist of one of WorkCover's most prestigious awards, to win it was just fantastic. The main benefit to our company in winning such an award demonstrates to our employees recognition for all their hard work. To win such an award in a regional area demonstrates to other small organisations that it can happen."

Ian Bennett (General Manager - Joss Group)

Winners are announced on **28 October 2009** at Rosehill Gardens Grand Pavilion.

For more information on how to enter visit www.safeworkawards.com.au or phone **13 10 50** for an entry form.



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Parramatta	7,8,14,15 April or 6,7,13,14 May or 4,5,11,12 June
Newcastle	15,16,22,23 April or 6,7,13,14 May or 1,2,10,11 June
Wollongong	18,19,25,26 May
Central Coast	6,7,16,17 April or 4,5,14,15 May

OHS Consultation Refresher

Sydney 15 April

OHS Committee Chairperson

Sydney 8 May

Commonwealth HSR

Sydney 15-19 June

Auditor Training – Conduct an OHS Audit

Sydney 25-29 May

Introduction to Return to Work Coordination

Parramatta 8, 9 April
Sydney 7, 8 May

Certificate IV in OHS

Sydney	Cycle 2:	20-24 April
Newcastle	Cycle 2:	4-8 May
Wollongong	Cycle 1:	1-5 June
	Cycle 2:	7-11 Sept

Diploma of OHS

Sydney	Cycle 2:	18-22 May
	Cycle 1:	15-19 June
Newcastle	Cycle 1:	20-24 April
	Cycle 2:	20-24 July
Wollongong	Cycle 1:	25-29 May
	Cycle 2:	17-21 August

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SA22 Multipurpose harness with front fall arrest loops (lightweight).
30m rope safety line with snap hook and adjuster.
Karabiner (22kN) x 3.
SA321 Shock absorber with karabiners at each end.
Anchor sling x 3.
TA305 Portable roof anchor x 3.
Carry bags.

BASIKIT



BASIC ROOFERS KIT \$280.00
SA22 Harness.
20m rope safety line with snap hook and adjuster.
Karabiner (22kN).
Shock absorber with karabiners at each end.
Anchor sling.
Carry bag.
Suspension Trauma Relief Straps.

BASIKITB

As above with Braided Rope **\$308.00**

MULTKIT



MULTIPURPOSE KIT \$373.80
Multipurpose harness with front restraint loops (lightweight).
20m rope safety line with snap hook and adjuster.
Karabiner (22kN) x 3.
Anchor slings x 3.
Multipurpose lanyard with scaffold hook and snap hook.
Carry bag.
Suspension Trauma Relief Straps.

MULTKITB

As above with Braided Rope **\$401.80**

RIGKIT



RIGGERS KIT \$278.00
Harness with rear D (lightweight).
Anchor sling.
2.5m retracting lanyard.
Carry bag.
Suspension Trauma Relief Straps.

CODE

DESCRIPTION

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(EXCL. GST) AUD\$**

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RETRACTING LANYARD \$153.50
Retracting lanyard 2.5m with shock absorber and double action hook.
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EAGLE



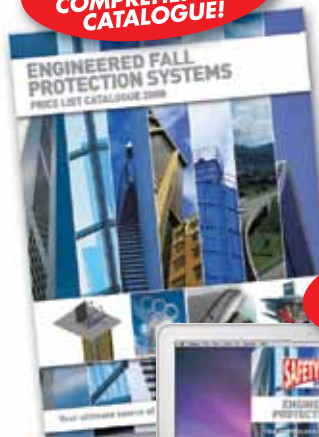
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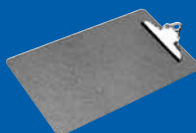
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April - September 2009 COURSE CALENDAR

OHS Consultation for Safety Committees and Representatives (4 days)

Cost: \$525 (gst free)

This 4 day WorkCover accredited course meets the legislative training requirements for OHS committees and OHS representatives. It aims to provide participants with knowledge, skills and attitudes necessary to apply the principles of workplace OHS consultation as an integral part of an effective OHS management.

Month	Days	Location
April	Monday, 6 Tuesday, 7 Monday, 20 Tuesday, 21	Sydney - City
April	Wednesday, 8 Wednesday, 15 Wednesday, 22 Wednesday, 29	Parramatta
May	Monday, 4 Tuesday, 5 Monday, 11 Tuesday, 12	Sydney - City
May	Monday, 18 Tuesday, 19 Wednesday, 25 Thursday, 26	Parramatta
June	Monday, 1 Tuesday, 2 Monday, 15 Tuesday, 16	Sydney - City
June	Monday, 15 Tuesday, 16 Monday, 22 Tuesday, 23	Parramatta
July	Tuesday, 7 Wednesday, 8 Tuesday, 14 Wednesday, 15	Sydney - City
July	Monday, 20 Tuesday, 21 Monday, 27 Tuesday, 28	Parramatta
August	Monday, 3 Monday, 10 Monday, 17 Monday, 24	Sydney - City
August	Wednesday, 5 Thursday, 6 Wednesday, 12 Thursday, 13	Parramatta
September	Wednesday, 2 Thursday, 3 Wednesday, 9 Thursday, 10	Parramatta
September	Wednesday, 16 Thursday, 17 Wednesday, 23 Thursday, 24	Sydney - City

First Aid - Senior

Cost: \$125 (gst free)

This 1 day WorkCover and VETAB accredited course covers the outcomes required to recognise and respond to an emergency using basic life support measures.

Month	Days	Location
April	Saturday, 4	Parramatta
April	Monday, 6	Parramatta
April	Saturday, 18	Parramatta
April	Monday, 20	Parramatta
May	Saturday, 2	Parramatta
May	Monday, 4	Parramatta
May	Saturday, 16	Parramatta
May	Monday, 18	Parramatta
May	Saturday, 30	Parramatta
June	Monday, 1	Parramatta
June	Saturday, 13	Parramatta
June	Monday, 15	Parramatta
June	Saturday, 27	Parramatta
June	Monday, 29	Parramatta
July	Saturday, 4	Parramatta
July	Saturday, 18	Parramatta
July	Monday, 20	Parramatta
August	Saturday, 1	Parramatta
August	Monday, 3	Parramatta
August	Saturday, 15	Parramatta
August	Monday, 17	Parramatta
August	Saturday, 29	Parramatta
August	Monday, 31	Parramatta
September	Saturday, 12	Parramatta
September	Monday, 14	Parramatta
September	Saturday, 26	Parramatta
September	Monday, 28	Parramatta

Green / White Card Induction for Construction (1 day) Cost: \$100 (gst free)

This course is aimed at all new workers carrying out construction work, including self-employed persons, labourers, apprentices, trainees, tradespersons, supervisors and project managers. It is a legal requirement to complete this course.

Daily Parramatta & Sydney - City

Introduction to RTW Coordination (2 days)

Cost: \$395 (gst free)

Employers who have a worker's compensation premium of more than \$50,000 are required by law to have a Return to Work Coordinator who must complete this WorkCover course. This course gives a RTW Coordinator the basic skills and knowledge, to effectively manage workplace injuries.

Month	Days	Location
April	Monday, 6 Tuesday, 7	Parramatta
April	Monday, 20 Monday, 21	Sydney - City
May	Monday, 25 Tuesday, 26	Parramatta
June	Monday, 22 Monday, 29	Sydney - City
July	Thursday, 23 Friday, 24	Parramatta
August	Wednesday, 19 Wednesday, 26	Sydney - City
September	Wednesday, 23 Thursday, 24	Parramatta

OHS Risk Management for Supervisors and Managers

Cost: \$295 (including gst)

This is a one day course for managers and supervisors. The course aims to familiarise participants with the knowledge and skills necessary to apply the principles of risk management as an integral part of an effective OHS management system. It will assist supervisors to effectively manage health and safety in their area of responsibility.

Month	Days	Location
April	Thursday, 30	Parramatta
May	Thursday, 28	Sydney - City
June	Thursday, 25	Parramatta
July	Thursday, 30	Sydney - City
August	Monday, 31	Parramatta
September	Wednesday, 30	Sydney - City

Certificate IV in Occupational Health and Safety BSB41407

Provided by RTO 91334

This qualification is the minimum requirement for OHS management in most workplaces. The training and assessment can be done by distance learning and is specifically designed to help supervisors, union representatives, safety committee members, assistant safety officers and other staff who identify and manage workplace health and safety hazards.



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Other COURSES...

- Accident Investigation
- Manual Handling
- Hazardous Substances
- Safety Committee refresher
- General Employee Induction
- Custom OHS Courses

2009 TRAINING CALENDAR

OHS Consultation for Workplace Committee Members and OHS Representatives

- > January 28, 29 February 4, 5
- > February 16, 23 March 2, 9
- > March 23, 24, 25, 26
- > April 1, 2, 8, 9
- > April 21, 28 May 5, 12
- > May 25, 26, 27, 28
- > June 10, 11, 17, 18
- > June 23, 30 July 7, 14
- > July 27, 28, 29, 30
- > August 3, 4, 10, 11
- > August 20, 27 September 3, 10
- > September 21, 22, 23, 24
- > October 7, 8, 14, 15
- > October 26 November 2, 9, 16
- > November 30 December 1, 2, 3

OHS Risk Management

- > February 9, 10
- > March 16, 17

- > April 29, 30
- > June 1, 2
- > July 20, 21
- > August 24, 25
- > October 19, 20
- > November 23, 24

OHS Fundamentals

- > February 6, 13, 20, 27
- > June 5, 12, 19, 26
- > October 9, 16, 23, 30

OHS Committee Refresher Training

- > February 12
- > June 3
- > November 5

OHS Workplace Committee Chairperson Course

- > May 1
- > December 14

First Aid

- > February 2, 3
- > May 13, 14

First Aid Re-Certification

- > February 3
- > May 14

Manual Handling Employee Awareness

- > March 18
- > June 22
- > September 11
- > December 4

Introduction to Return to Work Co-ordination

- > March 12, 13
- > June 11, 12
- > August 17, 18
- > November 10, 11

Develop an Emergency Management System

- > April 3
- > July 13
- > October 13

Use Equipment to Conduct Workplace Monitoring

- > May 8
- > August 21
- > December 18

Manage OHS Systems

- > February 17, 18
- > June 24, 25
- > September 17, 18

Principles of OHS Risk Management

- > March 30, 31
- > July 2, 3
- > December 9, 10

Incident Investigation

- > May 20, 21
- > August 6, 7
- > December 7, 8

Manage Plant Hazards

- > May 6, 7
- > July 22, 23
- > November 25, 26

Apply Principles of Occupational Health

- > April 15, 16
- > August 13, 14
- > November 19, 20

Develop and Evaluate OHS Management Systems

- > February 24, 25, 26
- > September 7, 8, 9

Principles of Ergonomics

- > May 18, 19
- > November 17, 18

Apply Principles of Occupational Hygiene

- > March 10, 11
- > September 15, 16

Crisis Management

- > April 21, 22
- > October 21, 22

Safe Design

- > May 29
- > September 25

Conduct an OHS Audit

- > March 19
- > July 8
- > October 1

Evaluate OHS Performance

- > May 11
- > August 28

OHS Induction for Construction Work – General

- > February 19
- > March 4 > March 27
- > April 6 > April 24
- > May 4 > May 22
- > June 4 > June 29
- > July 10 > July 24
- > August 12 > August 31
- > September 14 > September 30
- > October 12 > October 29
- > November 10 > November 27
- > December 11

OHS Risk Management for Supervisors

- > March 3
- > July 1
- > November 6

Developing Site Safety Plans

- > February 11
- > July 6
- > September 28

Planning for Emergencies

- > April 7
- > July 17
- > September 4

Office Safety and Setting Up Workstations

- > April 27
- > August 5
- > December 15

Writing Safe Work Method Statements

- > May 15
- > August 26
- > December 16

Our aim is to continue to provide quality training and consultancy services tailored to our clients' requirements. Our trainers have qualifications in OHS and Adult Education. They are WorkCover Accredited and have extensive industry experience in OHS and training.

Unless otherwise stated, courses are held in our training rooms in the city. All courses can be delivered on site at your workplace.

SAFETY+PLUS
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