

WORKCOVER NEWS

The workplace safety and injury management magazine

ISSUE
75
Jan-Mar
2009



Safety's Night of Nights...

and the
WINNERS are...
(see page 24)

making a difference

JANUARY to JUNE 2009

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OHS Consultation

(A WorkCover NSW Accredited Course)

| | | | | | | | | | | |
|--------|-----|-----|----|-----|----|-----|----|-----|----|---------|
| PAR1 | Jan | Tue | 13 | Wed | 14 | Tue | 20 | Wed | 21 | Parra |
| CIT1 | Jan | Thu | 15 | Fri | 16 | Thu | 22 | Fri | 23 | City |
| PAR1/2 | Jan | Thu | 22 | Fri | 23 | Thu | 29 | Fri | 30 | Parra |
| CIT1/2 | Jan | Wed | 28 | Thu | 29 | Wed | 4 | Thu | 5 | City |
| PAR2 | Feb | Mon | 2 | Tue | 3 | Mon | 9 | Tue | 10 | Parra |
| PAR23 | Feb | Wed | 4 | Wed | 11 | Wed | 18 | Wed | 25 | Parra |
| CIT2 | Feb | Fri | 6 | Fri | 13 | Fri | 20 | Fri | 27 | City |
| CIT22 | Feb | Mon | 9 | Tue | 10 | Mon | 16 | Tue | 17 | City |
| CAM2 | Feb | Tue | 10 | Wed | 11 | Tue | 17 | Wed | 18 | Campb |
| HUR2 | Feb | Tue | 10 | Wed | 11 | Tue | 17 | Wed | 18 | Hurst |
| CHA2 | Feb | Wed | 11 | Thu | 12 | Wed | 18 | Thu | 19 | Chats |
| PAR22 | Feb | Thu | 12 | Fri | 13 | Thu | 19 | Fri | 20 | Parra |
| RH2 | Feb | Mon | 16 | Tue | 17 | Mon | 23 | Tue | 24 | Rooty/H |
| CIT23 | Feb | Wed | 18 | Thu | 19 | Wed | 25 | Thu | 26 | City |
| PAR24 | Feb | Fri | 27 | Fri | 6 | Fri | 13 | Fri | 20 | Parra |
| PAR3 | Mar | Mon | 2 | Tue | 3 | Mon | 9 | Tue | 10 | Parra |
| CIT3 | Mar | Tue | 3 | Wed | 4 | Tue | 10 | Wed | 11 | City |
| CIT32 | Mar | Mon | 9 | Mon | 16 | Mon | 23 | Mon | 30 | City |
| CIT33 | Mar | Thu | 12 | Fri | 13 | Thu | 19 | Fri | 20 | City |
| HUR3 | Mar | Thu | 12 | Fri | 13 | Thu | 19 | Fri | 20 | Hurst |
| PAR32 | Mar | Tue | 17 | Wed | 18 | Tue | 24 | Wed | 25 | Parra |
| CHA3 | Mar | Thu | 19 | Fri | 20 | Thu | 26 | Fri | 27 | Chats |
| RH3 | Mar | Tue | 24 | Wed | 25 | Tue | 31 | Wed | 1 | Rooty/H |
| CAM3 | Mar | Wed | 25 | Thu | 26 | Wed | 1 | Thu | 2 | Campb |
| CIT34 | Mar | Wed | 25 | Thu | 26 | Wed | 1 | Thu | 2 | City |
| PAR33 | Mar | Thu | 26 | Fri | 27 | Thu | 2 | Fri | 3 | Parra |

This course is required to be attended by OHS Committee members & OHS representatives. It provides participants with the skills to apply the principles of workplace OHS consultation & effectively carry out their functions under the OHS legislation.

Course Length: 4 days (9am - 4pm).

Course Fee: \$610 (\$671 incl. gst)

| | | | | | | | | | | |
|-------|-----|-----|----|-----|----|-----|----|-----|----|---------|
| HUR4 | Apr | Wed | 1 | Thu | 2 | Wed | 8 | Thu | 9 | Hurst |
| CIT4 | Apr | Wed | 15 | Thu | 16 | Wed | 22 | Thu | 23 | City |
| PAR4 | Apr | Wed | 22 | Thu | 23 | Wed | 29 | Thu | 30 | Parra |
| CHA4 | Apr | Wed | 29 | Thu | 30 | Wed | 6 | Thu | 7 | Chats |
| CIT42 | Apr | Wed | 29 | Thu | 30 | Wed | 6 | Thu | 7 | City |
| CIT5 | May | Mon | 4 | Tue | 5 | Mon | 11 | Tue | 12 | City |
| PAR5 | May | Mon | 4 | Tue | 5 | Mon | 11 | Tue | 12 | Parra |
| CIT52 | May | Fri | 8 | Fri | 15 | Fri | 22 | Fri | 29 | City |
| CIT53 | May | Wed | 13 | Thu | 14 | Wed | 20 | Thu | 21 | City |
| CAM5 | May | Thu | 14 | Fri | 15 | Thu | 21 | Fri | 22 | Campb |
| HUR5 | May | Thu | 14 | Fri | 15 | Thu | 21 | Fri | 22 | Hurst |
| PAR52 | May | Fri | 15 | Fri | 22 | Fri | 29 | Fri | 5 | Parra |
| PAR53 | May | Wed | 20 | Thu | 21 | Wed | 27 | Thu | 28 | Parra |
| CHA5 | May | Mon | 25 | Tue | 26 | Mon | 1 | Tue | 2 | Chats |
| PAR54 | May | Mon | 25 | Tue | 26 | Mon | 1 | Tue | 2 | Parra |
| CIT6 | Jun | Wed | 3 | Wed | 10 | Wed | 17 | Wed | 24 | City |
| PAR6 | Jun | Wed | 3 | Wed | 10 | Wed | 17 | Wed | 24 | Parra |
| CIT62 | Jun | Thu | 4 | Fri | 5 | Thu | 11 | Fri | 12 | City |
| RH6 | Jun | Wed | 10 | Thu | 11 | Wed | 17 | Thu | 18 | Rooty/H |
| PAR62 | Jun | Thu | 11 | Fri | 12 | Thu | 18 | Fri | 19 | Parra |
| CIT63 | Jun | Mon | 15 | Tue | 16 | Mon | 22 | Tue | 23 | City |
| PAR63 | Jun | Mon | 15 | Tue | 16 | Mon | 22 | Tue | 23 | Parra |
| HUR6 | Jun | Tue | 16 | Wed | 17 | Tue | 23 | Wed | 24 | Hurst |
| CAM6 | Jun | Wed | 17 | Thu | 18 | Wed | 24 | Thu | 25 | Campb |
| CHA6 | Jun | Thu | 18 | Fri | 19 | Thu | 25 | Fri | 26 | Chats |

On-Site Training Courses

The following courses can be delivered at your premises.

- Course in OHS Consultation* (4 days)
- Intro to Return to Work Coordination* (2 days)
- Senior First Aid (2 days)
- OHS Risk Mgmt for Sups & Mgrs (1 or 2 days)
- Accident Investigation (1 day)
- Advanced Return to Work* (1 day)
- Construction General OHS Induction* (1 day)
- Developing Workplace Safety Culture (1 Day)
- OHS Committee Chairperson (1 day)
- OHS Committee Refresher (1 day)
- OHS Risk Management (1 day)
- First Aid Recertification (1 day)
- Workplace Substances (1 day)
- OHS Induction for Employees (4 hrs)
- BackBasics Manual Handling Risk Mgmt (3.5hrs)
- BackBasics Manual Handling (2 hrs)
- BackBasics Workstation Set-up & M/H (2 hrs)
- OHS Law for Directors & Managers (2 hrs)
- OHS Responsibilities for Sups & Managers (2 hrs)

* WorkCover NSW Accredited Course

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BSB41604



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introduction to return to work co-ordination

(A WorkCover NSW Accredited Course)

This course is required to be attended by a return to work coordinator whose employer has a base tariff premium of more than \$50,000 pa. It develops the basic skills and knowledge needed to manage workplace injuries.

Course Fee: \$570 (gst free)

Course Length: 2 days (9am - 4:30pm).

| | | | | | | |
|-------|-----|-----|----|-----|----|------------|
| CITR1 | Jan | Mon | 19 | Tue | 20 | City |
| PARR2 | Feb | Thu | 5 | Fri | 6 | Parramatta |
| CITR2 | Feb | Wed | 11 | Thu | 12 | City |
| PARR3 | Mar | Wed | 11 | Thu | 12 | Parramatta |
| CITR3 | Mar | Tue | 17 | Wed | 18 | City |
| PARR4 | Apr | Mon | 20 | Tue | 21 | Parramatta |
| PARR5 | May | Wed | 13 | Thu | 14 | Parramatta |
| CITR5 | May | Mon | 25 | Tue | 26 | City |
| CITR6 | Jun | Thu | 18 | Fri | 19 | City |
| PARR6 | Jun | Thu | 25 | Fri | 26 | Parramatta |

ohs risk management for supervisors & managers

(There is no WorkCover NSW Course)

This course provides participants with knowledge, skills and appropriate attitudes necessary to apply the principles of risk management and effectively manage health & safety in their areas of responsibility.

Course Fee: \$550 (\$605 incl. gst)

Course Length: 2 days (9am - 4pm).

| | | | | | | |
|-------|-----|-----|----|-----|----|------------|
| PARS2 | Feb | Mon | 16 | Tue | 17 | Parramatta |
| CITS3 | Mar | Thu | 5 | Fri | 6 | City |
| PARS3 | Mar | Mon | 30 | Tue | 31 | Parramatta |
| CITS4 | Apr | Tue | 7 | Wed | 8 | City |
| PARS5 | May | Wed | 6 | Thu | 7 | Parramatta |
| CITS5 | May | Wed | 27 | Thu | 28 | City |

ohs committee chairperson

(There is no WorkCover NSW Accredited Course)

This course provides a chairperson with further skills and certainty so that they can operate the committee effectively and make a greater impact on health and safety.

Course Fee: \$320 (\$352 incl. gst)

Course Length: 1 day (9am - 4pm).

| | | | | |
|-------|-----|-----|----|------------|
| CITC2 | Feb | Tue | 24 | City |
| PARC3 | Mar | Thu | 19 | Parramatta |
| CITC3 | Mar | Tue | 31 | City |
| PARC5 | May | Fri | 1 | Parramatta |
| CITC6 | Jun | Mon | 1 | City |

advanced return to work co-ordination

(A WorkCover NSW Accredited Workshop)

This course provides accredited return to work coordinators who have at least 6 months experience, with further knowledge and skills so they can effectively handle more complex return to work cases.

Course Fee: \$340 (\$374 incl. gst)

Course Length: 1 day (9am - 4pm).

| | | | | |
|-------|-----|-----|----|------------|
| CITE4 | Apr | Tue | 21 | City |
| PARC6 | Jun | Thu | 4 | Parramatta |

ohs committee refresher

(There is no WorkCover NSW Accredited Course)

This course is designed to refresh committee members on how to have an effective committee, revisit the OHS Act 2000 & OHS Regulation 2001 and provide updates on this legislation.

Course Fee: \$320 (\$352 incl. gst)

Course Length: 1 day (9am - 4pm).

| | | | | |
|-------|-----|-----|----|------------|
| CITF3 | Mar | Fri | 27 | City |
| PARF4 | Apr | Tue | 28 | Parramatta |
| CITF5 | Jun | Tue | 2 | City |

developing workplace safety culture: behaviour & values

(There is no WorkCover NSW Accredited Course)

This course is designed to give participants an understanding of the nature of a positive safety culture and provide them with the tools to create one in their own workplace.

Course Fee: \$350 (\$385 incl. gst)

Course Length: 1 day (9am - 4pm)

| | | | | |
|-------|-----|-----|----|------|
| CITP5 | May | Tue | 19 | City |
|-------|-----|-----|----|------|

For more information call our Training Consultants on:

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ISSN 1033/5064

Catalogue No: WCO 5732

Produced by WorkCover NSW

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Any workplace fatality is a tragedy and impacts severely on loved ones.

Changes to the State's workers compensation laws recently passed through Parliament will increase the compensation paid where a person dies because of their work and provide greater financial security for affected families.

Under the changes, families of workers who die as a result of a workplace injury or illness will now be eligible for lump sum payments of up to \$425,000 – an increase of 23 per cent. In addition, if a deceased worker has no dependents, the lump sum will now be paid to the worker's estate.

Other reforms allow the introduction of a new optional premium method for large employers based on commercial 'burning cost' arrangements, paving the way for cheaper workers' compensation premiums for participating employers that improve their safety and injury management performance.

It was very encouraging to see so many businesses get involved in Safe Work Australia Week in October this year. It is a clear indication that both businesses and workers are much more aware of their obligations and are taking greater care and interest in safety at work.

The week took on a whole new look this year with 'Take10@10' and 'Fluro Friday'

workplace safety promotions. These new initiatives enabled WorkCover NSW to spread the safety message to both workers and employers. WorkCover staff took to the streets in the Sydney CBD and Newcastle to personally deliver the safety message. Both events proved a big success and we are hopeful that 'Fluro Friday' will become a national event next year.

WorkCover also celebrated its 1000th workplace advisory visit during Safe Work Australia Week. The owners of GunnaWannaBe Café at Lismore – who provide a variety of indigenous foods and an opportunity to experience Aboriginal culture – are very safety conscious, and were pleased with the opportunity to clarify a number of safety issues with WorkCover staff.

Demand for free on-site safety consultations across NSW continue to increase. The visits enable businesses to obtain practical advice from WorkCover's occupational health and safety experts – on safety, injury management and workers compensation issues. For more information on how to arrange a free on-site visit, simply call WorkCover on **13 10 50**.

I would like to take this opportunity to again congratulate the winners and finalists of the 2008 WorkCover NSW SafeWork Awards. This year saw another outstanding result with 35 organisations and individuals receiving awards from a record number of entries received.

The annual SafeWork Awards provide an important opportunity for businesses and individuals to be recognised for their contribution to workplace safety. The program continues to grow in prestige and provides a forum for businesses to showcase their achievements in improving workplace safety. The introduction of a new leadership category this year enabled WorkCover to recognise businesses that have taken an even wider role across industry by assisting smaller firms improve their workplace safety practices.

On a final note, a new information sharing agreement between the State and Commonwealth Governments will enable WorkCover to more effectively address a growing concern over the safety of foreign workers in NSW.

Under the new arrangements, WorkCover will use information provided by the Commonwealth on the number of visa workers, the nature of their work and any workplace incidents to ensure that all foreign workers are aware of their rights, responsibilities and entitlements under NSW workplace safety and workers compensation laws.

To all our readers – I wish you a safe holiday season!



Jon Blackwell

Chief Executive Officer
WorkCover NSW

Move to Protect FOREIGN WORKERS

WorkCover NSW and the Commonwealth Government are working together to help ensure the safety of foreign workers across the state.

Introduced in July 2007, the 457 visa program has led to an increase in the number of temporary skilled foreign workers in NSW. Responding to concerns raised by WorkCover, the Commonwealth Department of Immigration and Citizenship recently signed a memorandum of understanding (MOU) to share key information on all 457 visa workers in NSW.

Under the MOU, the Commonwealth will provide ongoing advice to WorkCover about:

- the number of 457 visa workers in NSW
- the nature of the work being undertaken and any sponsorship arrangements
- any workplace incidents involving 457 visa workers.

WorkCover will use this information to help businesses in NSW ensure safety standards are maintained for all workers, regardless of a worker's origin or first language.

Employers also need to ensure that foreign workers are aware of their rights and responsibilities when there has been an incident – both in terms of injury notification and workers compensation entitlements.

WorkCover's approach to the issue is twofold:

- to ensure the safety of workplaces employing foreign workers
- to protect foreign workers from exploitation and risk.

NSW Minister for Finance Joe Tripodi signed the agreement at a construction site in Sydney on 30 September 2008, where he talked about the importance of the MOU:

'The establishment of arrangements with the Commonwealth Government will help to ensure all foreign workers are aware of their rights and entitlements under NSW workplace safety and workers compensation laws,' said Mr Tripodi.

For advice on how to ensure that your workplace inductions and training are adequate for temporary foreign workers, call WorkCover on **13 10 50**.

Pictured below from left to right: **Mr John Watson** (General Manager OHSD - WorkCover NSW), **Mr Joseph Tripodi** (NSW Minister for Finance), **Senator Chris Evans** (Minister for Immigration and Citizenship) and **Mr Jon Blackwell** (CEO - WorkCover NSW) at the media launch of the MOU for 457 visa holders.



A New Approach To Soft Tissue Injury

If you encounter a problem- find a solution! WorkCover is doing just that with one particularly persistent problem, soft tissue injury.

This leads to more permanent impairment than any other workplace injury. As a result, WorkCover NSW is developing new ways to manage injuries of this nature. This approach is described in one (rather scary) word: biopsychosocial.

It may be a scary word, but it is a common sense concept. The idea is that an injured worker's recovery is affected by more than just their physical condition. The person's perception of the injury, the way it changes their lives and the way people around them react can all have

a significant effect on how quickly the person can recover – emotionally, mentally and physically.

In June 2008 WorkCover published an overview and five advice sheets providing guidance on the biopsychosocial approach to soft tissue injury. Since then, information has been distributed, the approach discussed with service providers, industry reference groups, employer groups and self and specialised insurers, and forums held for 1000 injury management professionals.

Dr Rob Boland, independent physiotherapy consultant, is one of the presenters of the revised publication.

'WorkCover has been changing the way we work over the last five years,' said Dr Boland.

'Too often an injured worker doesn't respond to traditional treatment quickly – this approach shows that there is a better way.

'It's a bold move to try to alter behaviour, but WorkCover has engaged well with the treatment providers – the message is getting across.

'That said, it has had to be an evolution rather than a revolution,' he said.

The evolution has been gaining momentum for a decade now. Twenty years ago injury management focused solely on the body's response to physical damage. Ten years ago that began to change, with treatment

providers taking a more holistic view of the patient. WorkCover has been instrumental in convincing people that early intervention is key.

The biopsychosocial approach is potent in preventing long-term disability and work loss when implemented in the first three months after injury. By focusing on activity and independence and agreeing on return to work goals, an injured worker is more likely to stay positive, participate in their recovery and get back to work safely. This has obvious benefits for everyone involved in rehabilitation.

'There are two key areas that should improve – an increase in the number of people recovering from soft tissue injuries within three months and a lower average cost of their recovery,' he said.

If the approach delivers then it will be good news for NSW – for both workers and employers.

WorkCover is not the only government agency supporting the biopsychosocial movement however as it gains national support.

The Heads of Workers' Compensation Authorities has formed a working party to encourage other authorities to adopt the concept. Victoria, the ACT and New Zealand are already working to a similar agenda. As in NSW, the barriers to change need to be handled carefully.

'We're asking people to think differently,' said Lee Duncombe,



Safety Solutions Rebate Made Easier

Manager of the Allied Health Team at WorkCover, ***'That doesn't happen overnight! This new approach is a big step forward, but the process is ongoing,'*** she said.

WorkCover will keep stressing the importance of biopsychosocial awareness in its monthly training days for service providers. It will also continue to develop this and other ways to achieve one of its core aims - to help workers return to work quickly and safely.

To download a copy of WorkCover's guide *Improving outcomes: integrated, active management of workers with soft tissue injury* (Catalogue No. 5364), visit www.workcover.nsw.gov.au. To order the Soft Tissue Injury Management Kit in full contact WorkCover Publications Hotline on **1300 799 003** and quote Catalogue No. WC05539.



The Safety Solutions Rebate offers small businesses and sole traders up to \$500 for identifying and implementing safety solutions in the workplace.

WorkCover NSW recently made a number of changes to the application process, making it even easier for small businesses to access the rebate.

Applicants for the Safety Solutions Rebate are no longer required to complete an action plan to qualify for the rebate and applications and receipts can now be submitted via mail, fax or email.

For more information about the Safety Solutions Rebate and WorkCover's range of rebates and assistance services for small business, please visit www.workcover.nsw.gov.au or call **13 10 50**.

Silo Safety Improvement Rebate

The Silo Safety Improvement Rebate program offers farmers up to \$1000 for making safety improvements to their silos. Since the rebate started in 2006, over 800 rebates have been offered to farmers with the program extended several times.

The Silo Safety Rebate program will close on 30 January 2009 and applications for the rebate will be received up until that date. Any applicants accepted under the program must still ensure their safety improvements are made within 12 months from the rebate approval date.

For more information about the Silo Safety Improvement Rebate, please visit www.workcover.nsw.gov.au or call **13 10 50**.

A Safe Drop

Casella Wines is the number one imported wine brand in the USA and the fastest wine bottling line in the world. Not bad for a family business that employed just five people in 1995. John Casella, Managing Director, talks to WorkCover NSW about keeping it safe while making it big.

'I have a motto,' said John. 'Our employees arrive at work fit and healthy – I want them to go home that way too.'

You get the impression that this motto has not changed much during the last 13 years. A lot of other things have.

Casella's growth has been astounding. In season, the business now employs around 600 staff in NSW. The yellow tail brand sells more wine to the USA than France does and is a leading exporter into Europe and Canada. The winery crushes around 175,000 tonnes of grapes a year coming from 550 vineyards around Australia. Throughout this change, however, the commitment to safety has been a constant.

'I always wanted the business to grow, and I knew that certain things had to be in place first,' said John.

'That meant getting the right infrastructure, the right systems and the right people.'

Along with engineers and quality assurance specialists, one of the people John brought in was an occupational health and safety (OHS) manager. His advice has helped to shape the organisation.

In John's words: *'When my safety manager recommends something, we do it.'*

There have been a few recommendations over the years, including:

- **\$200,000 spent on an elevated pedestrian walkway around the warehouse**
- **\$600,000 spent on automated chemical dosing equipment**
- **\$500,000 spent on employee training – every year.**

Far from limiting the business, these investments have helped make Casella Wines what it is today.

'Commitment to doing things right from the outset has been key for us', said John.

'With the right infrastructure in place we have been able to respond to increased demand without having to retro-fit improper equipment, and we have built a workforce driven to succeed.'

'Employees feel like they matter – and that makes a difference.'

'As an indication, we hold OHS committee elections every two years; last year 57 employees put themselves forward for just 14 spots. It's become a real safety culture. In business terms staff turnover is very low, motivation is high and productivity is excellent. It works for us,' he said.

John thinks his safety-first approach will also work for others. Earlier this year, multiple fatalities caused a review of working practices in the wine industry.

'The fatalities were a wake-up call for the industry,' said John. 'They made you realise how easily something can happen.'

The incidents sparked an industry-wide safety improvement campaign. WorkCover has already visited 43 workplaces and is running ten free workshops across the state focusing on identified risk areas.

Pictured right above:

John Casella (Casella Wines - Managing Director) and **Greg Boyle** (Casella Wines - OHS Manager), conduct a 'safety walk' at the winery.

Equipping Farmers at AgQuip 2008



WorkCover and other key players – including Casella Wines, NSW Wine Industry Association, Hunter Valley Vineyards Association and Australian Workers Union – have been meeting regularly to develop a practical safety guide for the industry. Its focus is on helping smaller wineries in NSW – the Casella Wines of 15 years ago.

The wine industry faces unique challenges and the guide will be a valuable tool for any businesses caught between wanting to succeed and wanting to protect their workers. The underlying message is a simple one: safe business is good business. Casella Wines is proof of that.

For more information on the wine safety strategy or to register for a workshop, contact WorkCover on **13 10 50**.

WorkCover NSW flew the safety banner in August at one of the largest rural field days in the world: AgQuip 2008.

With 100,000 visitors and 3500 businesses on-site, AgQuip is Australia's biggest and best agricultural and rural event, running for three days in Gunnedah, western NSW.

This major trade show is an annual meeting place for farmers, commercial companies and government organisations, and showcases the latest in technology, equipment and services for the primary industry.

At this year's event WorkCover focused on its rebate schemes for silo improvements, safety solutions and power take off (PTO) guards. With regular giveaway sessions over the three days, hundreds of farmers threaded through the gathered throngs brandishing a free PTO guard from WorkCover – carried like beacons of safety the length and breadth of the field.

This visual effect drew more visitors to the WorkCover tent, where a team of advisors handed out information, literature and helpful tips on safety in rural businesses. Nearly 1000 people approached the WorkCover stand during the event, with 300 taking away publications and CDs to refer to back at the workplace.

WorkCover maintains a presence at AgQuip each year to offer advice, build relationships and keep abreast of developments in the industry.

For more information on the rebates being offered by WorkCover call **1800 624 097**.



Safe Work Australia Week 2008

Safe Work Australia Week was held this year 19 - 25 October. A National initiative by the Australian Safety and Compensation Council (ASCC), WorkCover NSW conducted a statewide advertising and public relations campaign to encourage business to conduct activities in their workplace that would raise awareness of the importance of workplace safety and improve safety in their workplace.

Over 350 businesses registered their activities with WorkCover online and each received a free promotional kit to assist with their activities.

WorkCover NSW conducted three activities during the week.

Monday 20 October saw WorkCover staff join members of the community in the Fountain Room at the Lismore City Hall to officially launch Safe Work Australia Week 2008 and celebrate the 1000th workplace advisory visit.

Businesses from throughout the region were invited to attend the event and hear guest speakers including Mr John Watson, General Manager OHS Division WorkCover NSW and Mr Tony Zillig, Chief Executive Officer Northern Rivers Business Enterprise Centre.

The recipient of the 1000th workplace advisory visit Mr Michael Roberts, Director of the GunnaWannaBe Café said, *'WorkCover gave us the opportunity to attend a workshop and have an inspector come out to our business and work with us to learn what our obligations are and how we fit within the guidelines of good practice. As business owners and managers we have an obligation to learn what is expected of us in all areas of health and safety. OHS is vital to us, our staff and our visitors.'*

Tuesday 21 October WorkCover NSW conducted the Take 10@10 promotion. This initiative was targeted to businesses throughout the Sydney CBD to encourage workers to take entitled breaks during their working day to maximise their health, concentration and awareness and to fight stress and fatigue. Over 12,000 10@10 health packs were distributed to commuters in the morning at Central, Town Hall and Wynyard stations.

Read more about 10@10 on page 13

Commuters received a healthy morning tea, an information card with health tips and advice and were encouraged to visit the various WorkCover displays at Palm Grove, Darling Harbour to talk safety with WorkCover staff, gather important information and advice about their workplace health and safety and meet three times Beijing Paralympic Gold medallist Heath Francis.

Friday 24 October saw Newcastle and the Hunter region turn 'Fluro'. An initiative of WorkCover NSW, Fluro Friday was conducted in Newcastle as a fun and exciting way of raising awareness of Safe Work Australia Week and the importance of workplace safety. A region wide advertising, PR and direct marketing campaign was conducted to encourage employers and employees to go 'Fluro' for workplace safety.

Read more about Fluro Friday on page 14



Safe Business Is Good Business

We all want our families to arrive home from work safely every day.

FACT:

- In 2006/2007 there were 29,326 serious workplace injuries reported
- 5,205 cases resulted in permanent disability
- 98 deaths resulted from workplace injury or disease

**Don't Become A Statistic...
Get Assistance**

The Fluro Friday main site at Honeysuckle saw well over 1000 visitors. Visitors received fluro gear, enjoyed a free sausage sizzle, listened to Paralympic speaker Kahi Puru and watched the official launch of the new WorkCover safety bus.

WorkCover staff also took the safety bus to industrial estates across Newcastle and Lake Macquarie, distributing a range of fluro material and promoting safety awareness.

For more information on this initiative please visit www.flurofriday.com.au.

Take 10@10 and Fluro Friday were such a success that WorkCover NSW is considering rolling these two events out statewide as part of Safe Work Australia Week 2009.

**Book it in your calendars now!
20-29 October 2009.**

It's not too early to start thinking about your 2009 Safe Work Australia Week activities but most importantly, think about what activities you can run throughout the year to enhance and maintain a workplace safety culture and keep you, your staff and your clients safer in your workplace. Remember, Safe Business is Good Business.

Ways You Can Get Assistance

- **Over The Phone:** Information and assistance on workplace health and safety, injury management and workers compensation.
- **Face To Face:** Practical workplace safety advice and tools relevant to your business.
- **Online:** A free, simple way to determine who is a worker or a contractor. Use the anonymous online self-assessment tool or lodge an application for a binding private ruling by visiting workcover.nsw.gov.au/workerstatus.
- **Direct To You:** WorkCover News and e-News keep you up to date with the latest news in workplace safety and injury management. Subscribe to these and other mailouts regarding WorkCover NSW information, advice, assistance, programs and activities.

**For more information about how
WorkCover NSW can assist you to
achieve a safer workplace
Call 13 10 50
or visit www.workcover.nsw.gov.au**



Safety Show Success

This year WorkCover NSW was once again the principal sponsor of the Safety Show and Conference, held at Homebush between 28 and 30 October, 2008. The show was a great success, attracting a capacity crowd of around 10,000 visitors over the three days.

WorkCover not only enjoyed prime location at the show with its stand, but also showcased its affiliation with TestSafe Australia in the Material Handling section of the show. The TestSafe stand was built around a large container, a replica of a 'hot cell', used for the testing of hazardous materials and, in particular, hazardous fire management.

The Safety Show is still growing - a host of new exhibitors debuted at the show this year and actively promoted their products through the Technology Tours. Storage, matting and fencing were some of the interesting tours conducted by new exhibitors to the show.

As in past years a series of workshops were conducted in conjunction with the show, covering such topics as workers compensation, soft tissue injury management, small business, insurance premiums and the



Paralympic Speakers Program. These workshops were consistently well attended with valuable information shared on how to meet workers compensation and workplace safety legislative requirements.

A live, interactive demonstration stage also operated to show visitors how some of the innovative solutions for workplace safety can be implemented in the workplace.

Held in conjunction with The Safety Show, the 2008 Safety Conference, conducted by the Safety Institute of Australia (NSW Division), attracted over 350 delegates. Each day was split into four 'streams', covering topics including wellness in the workplace, change management, safety practices, safety systems, human factors and safety saving the environment.

A highlight of the Safety Conference was the WorkCover Hypothetical. Facilitated by ABC Radio host Adam Spencer, the Hypothetical presented

a fictional scenario involving the WorkCover 'Homecomings' advertising campaign. 150 delegates participated in this entertaining scenario and the use of interactive voting devices further engaged the audience and contributed greatly to the success of the afternoon.

The dates for the 2009 Safety Show and Conference have been set for 27-29 October at the Sydney Showground - don't forget to put these dates in your diary for the New Year!



Take Time Out For Your Safety At Work

WorkCover NSW encouraged workers and employers in Sydney CBD to take a ten minute break at 10.00am to reflect on occupational health and safety during Safe Work Australia Week.

To spread the Take 10@10 message, WorkCover hosted a morning tea at Sydney's Darling Harbour and train stations throughout the city on Tuesday 21 October.

WorkCover representatives handed out more than 12,000 free Take 10@10 packs containing a healthy morning tea as well as workplace nutrition and exercise tips booklet and workplace safety tips to morning rail commuters.

Back at Darling Harbour nutritionists, healthy workplace eating specialists and The National Safety Council of Australia joined forces with Business Inspectors and Business Advisory Officers to discuss a range of workplace safety, workers compensation and injury management issues.

WorkCover CEO, Jon Blackwell, was present to introduce the Take 10@10 initiative and launch the new WorkCover portable safety trailer - a mobile resource centre that will help deliver

safety advice directly to businesses and events across metropolitan and regional New South Wales. *'Take 10@10 is a different way of promoting workplace safety,'* said Mr Blackwell.

'It's really important for all of us to make sure that we have safe workplaces. Taking a ten minute break gives employees a chance to reflect on occupational health and safety,' he said.

Three time gold medal-winning Paralympian runner Heath Francis joined in to discuss the importance of initiatives such as Take 10@10 and Safe Work Australia Week.

'This is a wonderful opportunity to get out and spread the safety message,' Mr Francis said.

Heath had his right arm amputated below the elbow after it was caught in machinery on the family farm and is now part of the WorkCover Paralympian Speakers Program.

'Some people don't think about the effect of an incident on the people around you. It's important to consider how quickly and easily an accident can occur.'

'The aim is to emphasise the fact that workplaces need to make changes. One small change can make a huge difference in employee safety,' he said.



Pictured above:
The official Take 10@10 launch, Darling Harbour.



Pictured above:
WorkCover CEO **Jon Blackwell** and Paralympian **Heath Francis** spreading the Take 10@10 message.



Pictured above:
Commuters at Wynyard Station receive their Take 10@10 packs.

WHAT A BRIGHT IDEA!

Fluro Friday Launched in Newcastle

On Friday 24 October WorkCover NSW asked workers in the Hunter Region to dust off those fluorescent sweatbands and pull on the brightest t-shirt in their wardrobes for Fluro Friday.



An initiative of WorkCover as part of Safe Work Australia Week, Fluro Friday encourages workers to dress themselves, their workmates and their workplace as brightly as possible, all in the name of workplace safety.

Workers were invited to the launch event at Newcastle's Honeysuckle precinct to be dressed in a variety of fluorescent gear and enjoy a free BBQ. The sea of bright colours was quite a sight as WorkCover representatives and workers from across the region got together to talk safety.

WorkCover OHS Division General Manager, John Watson, was on hand to launch the new WorkCover safety bus and explain the importance of getting workplaces thinking and talking about safety.

'The aim is to encourage the public and businesses to implement safety initiatives and share the knowledge of occupational health and safety,' said Mr Watson.

'Fluro Friday promotes being seen, being heard and being safe in the workplace.'

'By talking about safety everyone can benefit,' he said.

Also present was Paralympian power lifter and hand-cyclist Kahi Puru. A member of WorkCover's Paralympian Speakers Program, Kahi lost his leg following a forklift accident but has gone on to become one of Australia's best bench press powerlifters and has recently turned his hand to a new challenge, hand-cycling.

Kahi shared his inspirational story with the crowd and explained why promoting workplace safety is so important.

'Workplace safety isn't just about you. It's also about your family - your husbands and wives, and your kids,' said Mr Puru.



Workers unable to attend the event also got in on the action, dressing themselves and their workplaces in fluro gear to spread the safety message. Visit www.flurofriday.com.au to check out the image gallery and some tips on how to make your workplace safer.



Pictured above and far left:
Local workers get in on the act.

Pictured bottom left:
Paralympian **Kahi Puru** shares his story.

Next year WorkCover will be spreading the Fluro Friday message across the entire state, so watch this space for more information!

Partnership To Improve Safety In The Motor Industry

WorkCover NSW and the Motor Traders' Association of NSW (MTA) have forged a partnership aimed at improving occupational health and safety outcomes and reducing injuries and costs to the motor industry.

WorkCover CEO, Jon Blackwell, co-signed the agreement with MTA President Steve Borg at a MTA board meeting on 15 October 2008. The agreement will cover more than 5000 car dealerships, mechanical repairers and allied businesses employing around 44,000 workers across New South Wales.

Mr Blackwell said, *'The agreement promotes the importance of effective workplace consultation to deliver sustainable workplace safety and injury management outcomes. The partnership also demonstrates the commitment of the MTA to assist its members understand their workplace safety obligations and signifies WorkCover's commitment to work with progressive business associations to achieve results.'*

'The agreement will build on the major contribution the MTA has made over the past five years to improving safety across the industry. Since 2002, the MTA has developed five

safety-focused workplace education and training initiatives that have been funded through WorkCover's Grants Assist Program,' said Mr Blackwell.

Safety improvement initiatives implemented by the MTA include:

- the development of small business safety guidelines
- an OHS and workers compensation resource kit
- a bullying and harassment awareness strategy
- an industry induction program and the setting up of an industry safety helpline.

'WorkCover and the MTA will build on the productive relationship that has been established through regular consultation about safety and workers compensation issues,' Mr Blackwell said.



'Under the partnership agreement, the MTA has committed to taking a visible leadership role by promoting occupational health and safety and injury management performance improvements across the industry,' he said.



Further information about workplace safety in the motor industry is available from the WorkCover website www.workcover.nsw.gov.au or by calling 13 10 50.

A Milestone in Workplace Safety

Lismore's GunnaWannaBe Café recently hosted a significant milestone – the 1000th workplace advisory visit undertaken by WorkCover NSW as part of their small business advisory visit program.

Workplace advisory visits are a free service for small businesses across NSW. They offer business operators the opportunity to meet with a WorkCover business advisory officer and discuss their workplace safety needs.

WorkCover talked to café proprietor Michael (Mick) Roberts about his business, his commitment to workplace safety and his workplace advisory visit. Mick had the following to say:

Mick, tell us a little about GunnaWannaBe Café?

'My partner Thelma and I are proud of our Aboriginal heritage and wanted to share with the wider community its richness and knowledge. GunnaWannaBe provides a pleasant and inviting space for a meal or a coffee where the focus is on Aboriginal culture and history,' said Mick.

'Thelma and I have run GunnaWannaBe for close to six years and in this time

we have created a cultural learning centre for schools and the wider community. The bush food cooking is great – we use local ingredients wherever possible like lemon myrtle, native ginger, wattleseed and rosella, just to name a few,' he added.

Why is safety important to GunnaWannaBe Café?

'Occupational health and safety is important to us and to the public. We are extremely conscious of workplace safety, even though our café is small. We understand prevention is vital to keeping a safe workplace.

'What I have learnt in the past is that safety is everyone's business – and I hold onto that principle. I look at other venues when we go shopping or driving about and remark to Thelma about their workplace safety. I even wrote a letter to a business once about a particular workplace safety issue, because I felt worried as to what possible accident might happen,' said Mick.

Why did you choose WorkCover to provide you with advice on workplace safety?

'Initially, Thelma and I attended a workshop to learn what our obligations are and how we fit within the guidelines of good practice,' Mick responded.

'As a small business, we have an obligation to learn what is expected of us in all areas of workplace health and safety.' I also knew of WorkCover



from previous employment and knew how important it is to use their services. They are free services and are available for all businesses to access. Plus, you can be confident in the quality of the advice as it's from the source of workplace safety information.'

You have taken up the workplace advisory visit service – are there any other WorkCover products or services you have been involved in? If so, what was your experience like?

'After the WorkCover workshop, Thelma and I decided we wanted to get more advice about workplace safety. We completed a safety solution action plan and submitted it to our local WorkCover office in Ballina. Then we arranged a workplace advisory visit with our local business advisory officer, Trish Wilson. Who would have known it would be the 1000th workplace advisory visit in NSW!

'Trish visited our premises – she was professional and helpful but at the same time gave us an understanding of our workplace safety obligations. Trish and I undertook a safety assessment of GunnaWannaBe and

NEW Scaffolding Standard

listed certain areas of improvement – and we will address these issues. Thelma and I now sit down and discuss workplace safety nearly once a week when we are having a tea break,’ said Mick.

‘We have also attended two small business forums in Tweed Heads where we learnt more about the experiences of other businesses and had good fun at the same time. The presenters were fantastic and made us feel comfortable.

‘Our role at the small business forums was to help WorkCover understand where we, as small business owners, were coming from and what issues we are facing. The WorkCover staff listened to us and are following up on our feedback. I encourage other small businesses to book a workplace advisory visit to make sure their workplace is as safe as it can be. They should also attend a small business forum in their area to share their opinions on workplace safety,’ Mick added.

What does the future hold for GunnaWannaBe Café?

‘GunnaWannaBe will have an environment where staff and the public can embrace cultural experience and know they are safe. We will also look at ways to improve workplace safety as our business develops. We know how important health and safety is to GunnaWannaBe and its visitors,’ said Mick.

WorkCover NSW has published a new industry safety standard on scaffolding, through its industry solutions program.

Entitled **Erecting, altering and dismantling scaffolding: Part 1 – prefabricated steel modular scaffolding**, the standard addresses the risks associated with workers falling through and from a scaffold.

It provides practical guidance on safety measures and outlines generic work sequences for erecting scaffolding.

Incorporating tables, pictures and checklists, the standard is a welcome resource for manufacturers, designers and users in the industry.

WorkCover published the document in August 2008. Over a six-month transitional period, workshops are being run with industry partners to advise businesses on how to comply with the new requirements. After that time, WorkCover will assess whether the requirements are being met.

The industry solutions program is run in partnership with industry and targets particular challenges to workplace safety. The scaffolding standard will be reviewed and revised as necessary after one year.

Download a copy of the standard (Catalogue No WC05651) from www.workcover.nsw.gov.au or call **13 10 50** for more information.



Talking Safety at Henty Field Days

Small Business September

For the fifth year in a row, the Office of Industrial Relations (OIR) joined with WorkCover NSW to engage with the 50,000 visitors at the Henty Machinery Field Days (Henty).

Henty sets itself apart from other events by focusing almost exclusively on farming machinery. From modest beginnings as a combine harvester training school in a roadside paddock 45 years ago, Henty now boasts over 700 exhibitors for three days every September.

Showcasing the latest in farming equipment and services from Australia, North America and Europe, as well as the high-tech hardware and software required to run any major modern agricultural enterprise, Henty has become a one-stop shop for the rural industry.

The joint presence of WorkCover and OIR also makes this a one-stop shop for occupational health and safety, workers compensation, injury management and industrial relations needs for the visiting farmers.

WorkCover staff manned the safety bus and main stand, providing advice on all aspects of farm safety, including machinery operation, use of hazardous substances, silo safety and working with animals. The free power take-off guards offered by WorkCover were a hit at Henty – as they have been at other events – with 300 taken up by the 1000 farmers who passed through the WorkCover stand.



Henty offers WorkCover and OIR the opportunity to engage with a wide range of stakeholders in the rural industry, including retailers, distributors, manufacturers, employers and employees. From a visitor's perspective, the opportunity to talk about safety issues away from the workplace leads to open and constructive discussion. Feedback on the joint efforts of WorkCover and OIR this year was once again very positive.



For more information about the Henty Machinery Field Days, visit www.hmfd.com.

For advice about rural safety, call WorkCover on 13 10 50.

Small Business Month, this year held in September, assists organisations across the state to start, manage and grow their business.

As part of Small Business Month, WorkCover NSW conducted over 50 workshops across NSW focusing on small and medium business operators.

These workshops and events covered a range of workplace safety practices and provided practical assistance to small and medium businesses. They were designed to highlight the occupational health and safety, workers compensation and injury management issues affecting small and medium business employers.

WorkCover NSW, in conjunction with the Australian Taxation Office and the Office of Industrial Relations, also provided free Record Keeping Responsibilities workshops for small business operators during Small Business Month.

These workshops were designed to help employers understand the current record keeping responsibilities for small businesses from all three Government agencies. Record keeping basics, hints and tips were discussed to help small businesses get it right the first time to save time and money.

A total of 700 small business operators attended the workshops and events in Small Business Month, including 115 at the joint agency Record Keeping Workshops.

Feedback from attendees was very positive as the small group settings gave participants the opportunity to interact, ask questions and obtain information relevant to their needs.

WorkCover conducts free workshops and seminars around NSW every week, taking safety information direct to the regions, and to individual workplaces. We also offer a free advisory visit service for one-on-one advice specific to your workplace needs.

For a full list of events happening near you or to request a free advisory visit, call **1800 624 097** or visit **www.workcover.nsw.gov.au/safebusiness**.

WorkCover NSW is currently focussing on engagement with small businesses across the state, including rural and farming workplaces. During Farm Safety Week earlier this year WorkCover, in cooperation with Southern Farmsafe, delivered a farm safety workshop in Goulburn.

Southern Farmsafe's Jill Dyson was instrumental in organising the workshop with WorkCover.

'We focus on rural safety, so it makes sense that we work together. WorkCover is a great resource,' said Ms Dyson.

The voluntary safety organisation used its networks to attract a broad mix of attendees including farmers, suppliers, accountants and real estate agents. Covering the basics of risk assessment and management, WorkCover facilitators gave the participants practical information they could use back at the workplace.

The workshop was a success, with active participation and positive feedback. The event complemented other activities run in Farm Safety Week and helped Southern Farmsafe spread the word on the importance of workplace safety.

WorkCover offers advisory visits and safety workshops across the state, giving assistance to small businesses interested in improving their workplace safety.

There are three ways you can get involved in a WorkCover safety workshop:

- **register for an organised event**
- **request a workshop tailored to your own organisation**
- **help coordinate an event for third party participants.**

Southern Farmsafe took the last option when requesting the Goulburn workshop – but you can pick the approach that is right for you.

For more information on WorkCover safety workshops, visit **www.workcover.nsw.gov.au** or call **13 10 50**.

To find out more about the work of Southern Farmsafe, visit **www.farmsafe.org.au**

Winners Of The Young Workers Poster Competition

Winners of the 2008 Young Workers Poster Competition were announced at an awards night at Luna Park on 25 September.

Finalists from across NSW gathered at the ceremony to accept their awards with guests from WorkCover NSW, private industry, government and community groups also attending the festivities.

The evening showcased the winning poster designs across four categories, which were selected from a pool of over 800 entries through a rigorous judging process.

The calibre of entries received in this year's competition was very high and on the night 45 winners and runners up were announced, each taking home a share in \$36,000 worth of prizes including cash and digital cameras!

Nova 96.9FM radio hosts Merrick and Rosso entertained guests and following the ceremony there were free rides in Luna Park plus live music from exciting four-piece rock band The Getaway Plan.

There were also some familiar faces among this year's award winners with the third place winner of the young workers aged 15-18 years category Philip Walker winning an award for the third year in a row, while 2007 winner Evan Papageorgiou took out 2nd place in the tertiary category.

All the 2008 winning entries
can be viewed at
www.youngworkers.com.au



Pictured above:

Krystal Vanyi, WINNER (Young Workers 19-25 years category) with **MC's Merrick & Rosso** from Nova 96.9FM.



Pictured above:

Merrick & Rosso presenting the awards.



Pictured above:

Philip Walker, 3rd PLACE (Young Workers 15-18 years category) with **Merrick & Rosso**.

Young WORKERS

2008 Poster Competition Winners

Congratulations to all the 2008 Young Workers Poster Competition award recipients and thank you to everyone who entered this year's competition!

High School

| | |
|------------------------|---|
| Winner: | Yosha (17 years) - Epping Boys High School |
| 2nd Place: | Luke (17 years) - Illawarra Christian School |
| 3rd Place: | Alexis (15 years) - Corrimal High School |
| Runners Up: | Daniel (17 years) - The Scots School, Bathurst Laila (17 years) - Batemans Bay High School Aylin (15 years) - Macarthur Girls High School Matthew (15 years) - St Ignatius College, Riverview Andrew (15 years) - Sydney Boys High School Elia (17 years) - Colo High School, Denise (17 years) - Dulwich High School of Visual Arts and Design |
| People's Choice Award: | Alexis (15 years) - Corrimal High School |

Tertiary

| | |
|------------------------|--|
| Winner: | Michelle (19 years) - University of NSW |
| 2nd Place: | Evan (21 years) College of Fine Arts, University of NSW |
| 3rd Place: | Gemma & Zan (21 years) - College of Fine Arts, University of NSW |
| Runners Up: | Stella (18 years) - University of Western Sydney Debbie (21 years) - Design Centre Enmore Jorren (20 years) Jeffrey (18 years) Calvin (23 years) - Avondale College Nancy (19 years) - University of Technology Sydney Jayne (18 years) University of Sydney |
| People's Choice Award: | Nancy (19 years) University of Technology Sydney |

Nova's Choice Award:

| | |
|---------|---|
| Winner: | Andrew (20 years) - Young Workers Aged 19 to 25 years |
|---------|---|

Young WORKERS



Pictured above:
Attendees of the Young Workers Poster Competition
Award Night admiring the entrants' work on display.

Pictured right:
Entrance to Luna Park where Young Workers Poster
Competition awards night was held on the 25
September 2008.



Young Workers Aged 15 to 18 Years:

| | |
|------------------------|---|
| Winner: | Nicole (17 years) |
| 2nd Place: | Jade (18 years) |
| 3rd Place: | Philip (17 years) |
| Runners Up: | Sarah (16 years), Belinda (18 years) Justin (17 years), Hakki (18 years) Emirali (16 years), Monique (15 years) Florija-Mae (15 years) |
| People's Choice Award: | Florija-Mae (15 years) |

Young Workers Aged 19 to 25 Years:

| | |
|------------------------|--|
| Winner: | Krystal (22 years) |
| 2nd Place: | Elizabeth (22 years) |
| 3rd Place: | James (21 years) |
| Runners Up: | Kieran (22 years), Jessica (23 years), Effie (21 years), Bethany (23 years), Robert (20 years), Katherine (23 years) Abel (24 years) |
| People's Choice Award: | Alyce (22 years) |

Record Number of Entries Received

The 2008 Young Workers Poster Competition attracted a record number of entries with over 800 poster designs received from across NSW – more than double the entries received in 2007!

Entry was open to people aged 15 to 25 years and four categories were available to enter – high school, tertiary, young workers aged 15 to 18 years and young workers aged 19 to 25 years.

This year's competition challenged entrants to create a poster showing their reasons for staying safe at work and posters needed to include the tagline: ***My reason for workplace safety is...***

The calibre of entries received this year was extremely high and 45 winners and runners up were selected following three rigorous rounds of judging.

This year there was also a People's Choice Award for each category as voted online by the public for their chance to win an Apple iPod Nano.

Each day 16 young workers are injured in workplaces across NSW.

These injuries affect not just their ability to work but their whole lives.

About 14 per cent of all employment injuries and occupational diseases in NSW occur among the State's 551,000 young workers.

Young workers are especially vulnerable to workplace incidents due to their lack of experience, education or training, their fear of asking for assistance or simply not knowing where to get help.

Now in its third year, the Young Workers Poster Competition encourages young people to think about the issues surrounding workplace health and safety and creatively express the hazards or solutions.

The competition also helps raise awareness of workplace safety for employers and fellow workmates.

It is important that employers support young workers and provide them with information and training about work hazards and safe work practices, while giving consideration to their age and experience.

It is also imperative that a culture of workplace safety is established so young workers have an understanding about the risks of injury and how to manage them appropriately.

For more information
about workplace safety
for young workers,
please visit
www.youngworkers.com.au

And The Winners Are...

The 2008 SafeWork Awards a Great Success

WorkCover NSW's prestigious SafeWork Awards were presented at a gala dinner on Wednesday 29 October in front of 570 people at the Sydney's Acer Arena Grand Ballroom.

Guests were delighted to be part of an impressive and entertaining evening that saw 37 finalists recognised for their exceptional innovations and improvements in workplace safety.

ABC Radio host Adam Spencer was Master of Ceremonies for the evening and captivated the crowd with his professionalism, humour and enthusiasm for workplace safety.

In 2008 the quality of entries has risen to a very high standard, with some initiatives achieving remarkable improvements in injury rates.

A record 121 entries were received, a fact which highlights the growing recognition of workplace safety and the value of the awards.

All entries demonstrated the collective commitment of businesses to ensuring that NSW workplaces are among the safest in the world.

All winning entries are automatically entered into the Australian Safety and Compensation Council's National Safe Work Australia Awards to be presented in Canberra in 2009.

Winners from each category are showcased throughout the next few pages. Highly commended entrants and finalists will feature in future WorkCover News editions.

Best Workplace Health and Safety Management System

Following a robust assessment and judging process, seven finalists were selected for this Award, with Joss Group being named as the winner.

WINNER

Joss Group (Albury NSW)

HIGHLY COMMENDED

Corporate Express (Mascot NSW),
TalentPay (North Sydney NSW)

FINALISTS

CCTS Telecommunications Construction (Lisarow NSW), **Hansen Yuncken** (Rosebery NSW), **Railcorp** (Haymarket NSW), **Shoalhaven City Council** (Nowra NSW)

Joss Group is a family company based in Albury that has grown to cover all aspects of commercial building with a wide range of construction techniques. In 2005 Joss Group was awarded a Facilities Management Contract. This enabled Joss Group to take on a workforce of approximately 600 workers. This group posed an unacceptable level of worker injury and lost time productivity. The Joss Group safety initiative was to develop and implement a management system to overcome the high level of workplace incidents and also to manage injured workers and return them to their roles following rehabilitation.

The key areas the new management system targeted were:

- training focused intensively on workplace safety and staff requirements
- induction training and new staff being assessed by a mentor
- monitoring and supervision of all work sites by supervisors on a monthly basis
- a staff morale program to aid employees to feel part of a team and therefore to be more vigilant with regard to OHS
- consultation by electing safety representatives from each work group who then form a consultation committee
- constant communication with staff to keep them up to date with changes and how effective OHS procedures have been in keeping incidents low.

Judge's Comments:

This is a comprehensive integrated system that deserves praise. It is obvious that the Joss Group work as a team and the ownership of the system is underpinned by a positive OHS commitment by the whole organisation.



Pictured above from left:

Jeff White (Systems Manager - Joss Group), **Ian Bennett** (General Manager, Facility Management - Joss Group) and **John Watson** (General Manager OHSD - WorkCover NSW).

Best Solution to an Identified Workplace Health and Safety Issue

This Award category was highly contested between 14 finalists but after a lengthy and very difficult judging process The Dorsal Boutique, a small business in Forster, was announced as the winner.

This Award category was highly contested between 14 finalists but after a lengthy and very difficult judging process The Dorsal Boutique, a small business in Forster, was announced as the winner.

WINNER

The Dorsal Boutique (Forster NSW)

HIGHLY COMMENDED

City of Sydney (Sydney NSW),
Toll Transport (Greenacre NSW)

FINALISTS

Anglican Care (Booragul NSW),
BOC Limited (North Ryde NSW),
Eraring Energy (Eraring NSW),
Integral Energy (Huntingwood NSW),

Jemena - formerly known as Alinta (Sydney Olympic Park NSW), **Mirvac Construction** (Sydney NSW), **NSW Department of Primary Industries** (Menangle NSW), **Rail Technical Support Group** (Broken Hill NSW), **Southern Oil Refineries** (Wagga Wagga NSW), **Wingecarribee Shire** (Moss Vale NSW), **Workright Edge Protection** (Rouse Hill NSW)

The Dorsal Boutique Hotel is a three-year-old, 4.5 stars, 29-suite hotel built on the beachfront in the NSW Mid North Coast town of Forster. The Dorsal Boutique has 15 – 30 employees, both casual and full time, and facilities including a restaurant, bar and conference venue.

Due to the prevalence of housekeepers sustaining back injuries, Dorsal Boutique developed a bed lifting system. This is a frame that allows housemaids to make beds standing up. No more bending, stretching or dragging heavy beds. This invention also assists with inspecting under the beds. It is now manufactured and patented, and there is worldwide interest with installations already happening.



Pictured above from left:

Gillian Koorey (Director - The Dorsal Boutique Hotel), **John Koorey** (Director - The Dorsal Boutique Hotel) and **John Watson** (General Manager OHSD - WorkCover NSW)

Judge's Comments:

This product not only has the potential for broader application across the motel/hotel industry, but could also extend to all businesses lifting continual items to a height addressing manual handling issues. This innovative solution to an identified workplace health and safety issue is a great demonstration of 'engineering out' of a problem. It has the potential to set new standards for the future of the hospitality industry and many other businesses. Since the 'bed lifter' has been introduced there have been no manual handling incidents reported.

Best Workplace Health and Safety Practices in a Small Business

Small businesses represent the majority of workplaces in NSW. As such, WorkCover encourages small businesses to enter the Awards no matter how simple the safety initiative may seem, as long as it has had an impact on the overall health and safety of the workplace.

WINNER

WP Projects (Cattai NSW)

FINALISTS

Alpine Air Compressors (Morriset NSW),
Antoun Civil Engineering (Guildford NSW), **Port Stephens Motor Lodge** (Nelson Bay NSW)

WP Projects is an award-winning Sydney based commercial construction company specialising in project/construction management, fit outs, refurbishment and maintenance. WP Projects realised that the physically demanding nature of work in the construction industry leads to employees being exposed to various forms of injury. They set out to minimise or eliminate the likelihood of this occurring.

Their first step was to examine the common causes and types of workplace injuries that occur, and as a result identified the problem areas of manual handling, working at heights, falls from the same level and electrocution. WP Projects then worked with employees to minimise the risks and together developed and implemented a range of solutions, including a trolley for sheets, new trolleys for metal products, custom made scaffold, an insulation rig, pre fabricated frames and bulkheads, and a tile installer.

Judge's Comments:

A good example of 'driving' continuous safety improvements. A simple, low cost and gradual approach to driving on-site safety that has led to an effective and integral safety culture in WP Projects work sites.



Pictured above from left:

Derrin Hedges (Director - WP Projects), **Jon Blackwell** (CEO - WorkCover NSW) and **Jason Sestic** (Manager - WP Projects).

Public Sector Leadership Award for Injury Prevention and Management

There were three finalists in this Award category, with Eraring Energy deemed the winner for 2008.

WINNER

Eraring Energy, (Dora Creek NSW)

FINALISTS

Country Energy (Port Macquarie NSW),
Energy Australia (Sydney NSW),

Eraring Energy established the 'Three Pillars' of safety approach 'People, Plant and Systems'. This allows Eraring Energy to identify risks in all three areas and manage them effectively. The overall aim of their safety approach is to create and maintain a 'Mindful Organisation' where positive OHS leadership leads to the elimination of workplace injury and illness.

Eraring Energy has identified that safety leadership and its goal of an injury and illness free workplace could only be achieved through the engagement and involvement of their workers at all levels of the OHS process.

The involvement of all levels of staff in a range of initiatives, committees, planning days, working parties, and workplace change and improvement is a key driver of the organisations culture and commitment to the value that they place in their employees.

Judge's Comments:

Eraring Energy's leadership and involvement in injury prevention and management has clearly been expanded beyond the bounds of the organisation and delivers an exceptional OHS package.



Pictured above:

Eraring Energy team

(Bottom row from left)

Teresa Hudson, Yvonne Fuller, Vince Carroll, Kyle Thompson, Brett Porter, Jon Blackwell (CEO - WorkCover NSW), **Steve Gambrill, Paul Waters.**

(Top row from right)

John Kennedy, Brett Murphy, Neil Morris, Phil Moriarty, Glen Ramsay, Jane McWilliam, Casey Wright, Tom Hamilton, Belinda Rowntree, Shaun Edwards, Jeff Hogan, Jim Davies, Lorraine Prescott, Grant Thomas, Tracie Lee Irvine.

Best Individual Contribution to Workplace Health and Safety

Two work colleagues and three individuals were short listed for this award with commitment, communication, innovation and originality the common ingredients of each contribution.

WINNER

Paul Waters Eraring Energy (Dora Creek NSW)

HIGHLY COMMENDED

David Stead and Steve Kurtz PPG Industries (Villawood NSW)

FINALISTS

Joseph Luchetti Centennial Angus Place Colliery (Wallerang NSW)

Paul Waters is a power worker at Eraring Power Station with 27 years power industry experience. Paul is very passionate about the health and safety of his workmates and also about the health and fitness of the local community and for disabled people. His dedication and commitment takes him well beyond the call of his normal duties in initiating and following through many health and safety projects.

An example of his dedication to OHS is his involvement in the 'B Safe' program. This program, established in 2003, has been a major contributor to reducing employee and contractor lost time and medical treatment injuries over the last five years. Paul chairs the monthly meetings of observers and encourages, cajoles and borrows support from wherever it is needed to get things done.

The program involves over 250 trained volunteer participants carrying out peer observations and analysing safe and at-risk behaviours in the workplace. Paul has led by example in initiating observations between different work groups, he has volunteered to demonstrate observations in Safety Leadership Training Courses, and he has developed a Team Coach Plan where volunteers from each team assist colleagues in improving the quality of, and participation in, their team's observations.

Judge's Comments:

Paul has demonstrated a long-term, enthusiastic approach to promoting health and safety in the workplace. Employee participant levels and reducing health problems statistics, indicates Paul's hard work is paying dividends. Additionally, Paul's work within the local community is inspiring.



Pictured above from left:

Jon Blackwell (CEO - WorkCover NSW) and **Paul Waters** (Engineering Officer - Eraring Energy).

WorkCover NSW Leadership in Safety Award

This award category is new for 2008 and acknowledges external organisations that are working in partnership with either WorkCover or with an external organisation to promote safer workplaces in NSW industry. This award differs from existing categories in that the nominations have been submitted by WorkCover senior management and not by external participants.

There were five finalists and one highly commended entrant, but the winner was Bovis Lend Lease.

Winner

Bovis Lend Lease (Millers Point NSW)

Highly Commended

Youthsafe in partnership with the Australian Retailers Association (Sydney NSW)

Finalists

John Holland Group (Sydney NSW), **Screen Producers Association of Australia** (Surry Hills NSW), **TAFE NSW Hunter Institute in partnership with the Australian Liquor, Hospitality and Miscellaneous Workers Union**

Bovis Lend Lease was the inaugural winner of WorkCover's new leadership award, which has been introduced to acknowledge external organisations working with WorkCover or with an external organisation to promote safer workplaces in NSW industry.

Bovis Lend Lease, one of the world's leading project management and construction companies, was recognised

for its partnership with WorkCover NSW in developing and commencing the pilot Safe Business is Good Business Mentor Program in the construction industry during 2006 and its continued involvement.

Bovis Lend Lease was the first large business to see the business benefit and good corporate citizenship associated with becoming a mentor organisation and agreed to pilot the program with ten small businesses in the Sydney metro area during 2006. Seven of Bovis' Environment, Health and Safety Managers were allocated to the program to mentor between one and two small businesses each.

At its inception the program did not have a priority program budget and Bovis Lend Lease provided much in kind support to the program through the allocation of its Environment, Health and Safety Managers making its venues available for workshops, and allowing all mentees and selected WorkCover staff the opportunity to have a guided site visit at one of its developments.

Judge's Comments:

Bovis Lend Lease has gone above and beyond to support WorkCover programs by providing resources at their own cost. Their commitment to improving safety within their industry is inspirational.



Pictured above from left:

Danny Potocki (EHS Manager NSW - Bovis Lend Lease), **Frank Lorenzetto** (NSW Region General Manager - Bovis Lend Lease) and **Jon Blackwell** (CEO - WorkCover NSW).

What a Night!

Our staff had a fabulous night. They felt really welcome and said people kept saying 'good on you for having a go'. Thank you for this brilliant opportunity which has made a lasting impression on our humble little business. We were glad to be represented, as safety is just as important for small operators.

Finalist – Port Stephens Motor lodge

Thank you to WorkCover for the promotion of well-being, health and safety in the workplace through the Awards. It was a rare opportunity for many including the group associated with our award to showcase to the community the benefits of good OHS practice. The dinner was truly an occasion that reflected the importance of OHS.

Finalist – TafeNSW

The evening was just perfect – even though we didn't win. It was just an honour to be a finalist!

Finalist – Department of Primary Industries

My sincerest thanks for a wonderful evening. A credit to the WorkCover team. Congratulations!

Finalist – RTSG

We are still smiling, and overwhelmed by winning the award on Wednesday night, it was a fantastic night, great venue, great meal and a brilliantly run event. We would like to pass on our thanks to WorkCover for their support of our company, and hope that we can be involved again in the future.

Winner – Joss Group

Congratulations to WorkCover, the SafeWork Awards was an outstanding night - Best Ever!!!

Greg McCarthy - Chairperson NSW WorkCover Authority

Congratulations for the SafeWork Awards. Professional and well presented.

Highly Commended – City of Sydney

Thank you for a terrific evening; it was brilliantly organised and presented!

Highly Commended – TalentPay

Pictured right from top:

Jon Blackwell (CEO - WorkCover NSW) with **Paul Waters** (Engineering Officer - Eraring Energy) the winner of the Best Individual Contribution to Workplace Health and Safety, Master of Ceremonies **Adam Spencer** (ABC Radio host), having fun on the dance floor, **The Grand Ballroom at Acer Arena** decorated for the Dinner Presentation, **Marketing and Communications staff** who assisted with the organisation of the event, **Terri Lynam** (Manager, Marketing Communications - WorkCover NSW) with **Treena Stewart** (Project Coordinator, SafeWork Awards), **Heidi Pollard** (Director, Marketing Communications - WorkCover NSW) wraps up the proceedings, some of the **Mirvac Construction** team with their finalist award for Best Solution to an Identified Workplace Health and Safety Issue.



Coping With Summer Heat? Frequently Asked Questions

1. Can I stop working if it gets too hot?

There is no set maximum temperature, however under Section 8 of the ***Occupational Health and Safety Act 2000*** an employer is responsible for ensuring the health, safety and welfare of their employees.

A risk assessment should be carried out to determine the risks associated with working in a hot environment. These could include providing adequate access to sheltered areas, appropriate work and rest regimes relative to physical fitness, general health, medication taken and body weight appropriate for hot working environments.

Employers should provide:

- a reasonable working temperature in all work areas
- cooling where a comfortable temperature cannot be maintained in work rooms
- appropriate clothing and rest facilities where necessary
- sufficient space in work rooms
- appropriate outdoor work areas and work practices, eg:
 - wearing long sleeve shirts or loose clothing with a close weave
 - wearing wide brim hats
 - supplying 30+ SPF sunscreen
 - allowing more frequent rest breaks and in the shade whenever possible
 - schedule work to cooler times of the day
 - if possible, providing shade where work tasks are being undertaken.

Prompt remedial action such as rest and the consumption of drinking water may be required if workers show symptoms of sun exposure, since some forms of heat stress may be fatal. If concerned, workers should talk to their employer, safety committee or union representative to help resolve the situation. Failing this, they can talk to WorkCover on **13 10 50**. For further information see Working in Hot Environments (Catalogue No. WC00333), available at www.workcover.nsw.gov.au.

2. What type of sunscreen should be worn?

Employers should provide a broad spectrum, water resistant sunscreen with a sun protection factor (SPF) as high as possible, currently 30+.

Sunscreen won't block out all the UVR, so you should never rely on it solely. It works best if applied generously to all exposed areas of skin 20 minutes before going outside. SPF 15+ gives approximately two hours protection and blocks 94% of UV radiation. Sunscreen needs to be reapplied regularly – it can be wiped, sweated and washed off.



Check use-by dates on the bottle – sunscreen usually only lasts around three years. For supply of sunscreens or further information contact the Cancer Council on **9334 1900**. For further information on working in the sun see ***Skin Cancer and Outdoor Work*** (Catalogue No. WC05322), available at www.workcover.nsw.gov.au.

3. What is an acceptable maximum temperature for an office?

While there are no legislated maximum temperatures in which it is deemed safe to work, employers have a general duty of care to ensure the health and safety of employees and other people at the workplace. ***Health and Safety in the Office*** (available at www.workcover.nsw.gov.au, Catalogue No. WC01319) recommends an acceptable temperature of between 20°–26° celsius.

Did You Know?

Nursing

- over the past five years injuries in the nursing profession have decreased by 31 per cent
- permanent impairment injuries among nursing professionals has decreased by 57 per cent since 2002-03.

Retail

- injuries among retail sales assistants have decreased by 11.5 per cent since 2002-03
- permanent impairment injuries among retail sales assistants have decreased by 27 per cent since 2002-03
- in 2006-07 there were 1229 workers compensation claims within the cleaning industry a reduction of 23 per cent since 2004-05.

- the incident rate of workplace fatalities in New South Wales has declined by 57 per cent over the past two decades
- the overall incident rate of injuries in New South Wales has dropped to 14.0 injuries per 1000 workers in 2006-07.



WorkCover NSW Offices

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Office Hours:

8:30am – 5:00pm Monday to Friday

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92-100 Donnison Street,
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P: (02) 4321 5000
F: (02) 4325 4145
Post: WorkCover NSW,
Locked Bag 2906
LISAROW 2252

WORKCOVER ASSISTANCE SERVICE

Office Hours:

8:30am – 5:00pm Monday to Friday

Gosford

92-100 Donnison Street,
GOSFORD 2250
P: 13 10 50

REGIONAL OFFICES

Office Hours:

8:30am – 5:00pm Monday to Friday

Newcastle

Level 1, Suite C,
Cnr Fitzroy and Cowper Street,
CARRINGTON 2294
P: (02) 4921 2900
F: (02) 4940 8558
Post: PO Box 2186
DANGAR NSW 2309

Wollongong

106 Market Street,
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P: (02) 4222 7333
F: (02) 4226 9087

METROPOLITAN & DISTRICT OFFICES

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F: (02) 6041 2580
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ALBURY 2640

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F: (02) 6681 6100
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Shopping Centre,
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F: (02) 9891 1474

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TAMWORTH 2340

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8 Corporation Circuit,
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P: (02) 4724 4900
F: (02) 4724 4999
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RICHMOND 2753

Fatalities

The following is a list of workplace fatalities occurring in New South Wales since those listed in Volume 74 of WorkCover News. This covers traumatic incidents that resulted in a fatality, occurring from 1 July 2008 to 30 September 2008 inclusive.

- a worker was crushed by a concrete block that fell from the elevated tines of a moving forklift truck
- a worker received fatal head injuries after falling two floors onto concrete during construction work on a block of units
- a worker tried to retrieve a dog that fell into a pier hole (approx 1.8 metres in depth) that was constructed in preparation for building a dwelling. The worker fell into the hole and drowned
- a worker died while reversing a Road Roller down the tray of a towing truck. The roller appeared to have slipped off the tray, tipping the roller and crushing the worker

- a worker was cleaning the battery terminal of a logging machine, when it reversed over the worker
- a worker was loading logs onto timber jinker when the worker was crushed between loader and logging truck
- a worker was concreting on a 2nd storey when the worker went down a level to observe, the formwork collapsed and fatally struck the worker
- a worker started a tractor while in gear causing the tractor to roll over, which resulted serious injury to the worker. The worker later died in hospital as a result of the injuries
- a worker was using solvent to undertake repair work in the hull of a catamaran and appears to have been overcome by fumes
- a worker fell approx. two metres from a platform of a Caterpillar Loader, sustaining fatal head injuries

- a worker was working underneath a standing jig when a large piece of metal fell off the jig and struck the worker. The injured worker later died in hospital as a result of the injuries
- a worker was found deceased outside of a fire pump enclosure and appears to have been electrocuted
- a worker was repairing and replacing a roof on a warehouse when he fell approximately seven metres through a fibreglass roof to the ground
- a worker was attempting to pull a conveyor chain through a coal car that was on jacks, when part of the chain fell and struck another worker underneath the coal car.

Disclaimer: These reports are of a preliminary nature and are based on initial reports from WorkCover Inspectors. Full details of incidents will be available after the completion of coronial and other processes. No liability on the part of any parties referred to herein can be inferred from these reports.

Prosecutions

Worker Safety the First Priority in Busy Workplaces

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The challenges of operating in such a demanding environment are many and diverse, but the pressures placed on employers to complete the job must never be placed ahead of worker safety.

This was the tragic lesson to emerge recently in the NSW Industrial Court when a Forbes stock feed manufacturer – a subsidiary of the Netherlands-based Provimi Corporation - pleaded guilty to failing to ensure the health and safety of its workers.

On 3 July 2006 a new employee, 42-year-old father of five, Mr Lionel 'Joey' Gray, was fatally injured while cleaning the inside of a large stock feed mixer when the mixer was activated.

The company had a system of safety procedures in place, but they were inadequate.

A WorkCover NSW investigation found that Provimi Australia Pty Ltd had failed to ensure that employees could only enter the mixer once the plant had been isolated from the electrical supply and 'locked out'.

The company had not undertaken adequate risk assessments of the stock feed mixer's essential operational procedures, and new employees were unaware of the procedure for isolating the mixer from the mains power supply.

WorkCover CEO, Jon Blackwell commented: *'There is a lesson here for all employers who neglect to identify and remove risks from the workplace - simple steps taken at a much earlier date could have protected Provimi's employees.'*

It is important that employers identify any potential hazards associated with plant and equipment, including machine guarding, and ensure that controls are in place to reduce risks.

'While the employer must also provide appropriate instruction, training and supervision in relation to guarding it is essential that workers must also cooperate with their employer, which includes following safe work methods and reporting problems in relation to guarding,' he said.

Provimi Australia Pty Ltd, which had no prior convictions and entered an early guilty plea, was fined \$150,000.

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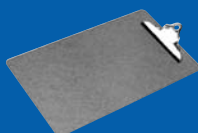
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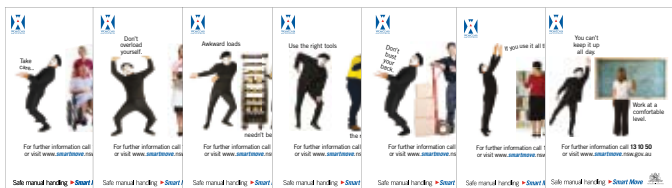
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(Cat E)

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20m rope safety line with snap hook and adjuster.
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Anchor slings x 3.
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FREE carry bag.
(Cat E)

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The Safety Group

January - June 2009 COURSE CALENDAR

OHS Consultation for Safety Committees and Representatives (4 days)

Cost: \$525 (gst free)

This 4 day WorkCover accredited course meets the legislative training requirements for OHS committees and OHS representatives. It aims to provide participants with knowledge, skills and attitudes necessary to apply the principles of workplace OHS consultation as an integral part of an effective OHS management.

| Month | Days | Location |
|----------|---|---------------|
| January | Tuesday, 20 Wednesday, 21 Tuesday, 27 Wednesday, 28 | Parramatta |
| February | Monday, 2 Tuesday, 2 Monday, 9 Tuesday, 10 | Sydney - City |
| February | Monday, 16 Tuesday, 17 Monday, 23 Tuesday, 24 | Parramatta |
| March | Monday, 2 Tuesday, 3 Monday, 9 Tuesday, 10 | Sydney - City |
| March | Wednesday, 18 Thursday, 19 Wednesday, 25 Thursday, 26 | Parramatta |
| April | Monday, 6 Tuesday, 7 Monday, 20 Tuesday, 21 | Sydney - City |
| April | Wednesday, 8 Wednesday, 15 Wednesday, 22 Wednesday, 29 | Parramatta |
| May | Monday, 4 Tuesday, 5 Monday, 11 Tuesday, 12 | Sydney - City |
| May | Monday, 18 Tuesday, 19 Monday, 25 Tuesday, 26 | Parramatta |
| June | Monday, 1 Tuesday, 2 Monday, 15 Tuesday, 16 | Sydney - City |
| June | Monday, 15 Tuesday, 16 Monday, 22 Tuesday, 23 | Parramatta |

Traffic Control (RTA approved) (1 day) Cost: \$150 (gst free)

This course is for any person required to control traffic using a Stop-Slow bat.

The course runs every Thursday at St Marys

First Aid - Senior

Cost: \$125 (gst free)

This 1 day WorkCover and VETAB accredited course covers the outcomes required to recognise and respond to an emergency using basic life support measures.

| Month | Days | Location |
|----------|--------------|------------|
| January | Saturday, 3 | Parramatta |
| January | Monday, 5 | Parramatta |
| January | Saturday, 17 | Parramatta |
| January | Monday, 19 | Parramatta |
| January | Saturday, 31 | Parramatta |
| February | Monday, 2 | Parramatta |
| February | Saturday, 14 | Parramatta |
| February | Monday, 16 | Parramatta |
| February | Saturday, 28 | Parramatta |
| March | Monday, 2 | Parramatta |
| March | Saturday, 14 | Parramatta |
| March | Monday, 16 | Parramatta |
| March | Saturday, 28 | Parramatta |
| March | Monday, 30 | Parramatta |
| April | Saturday, 4 | Parramatta |
| April | Monday, 6 | Parramatta |
| April | Saturday, 18 | Parramatta |
| April | Monday, 20 | Parramatta |
| May | Saturday, 2 | Parramatta |
| May | Monday, 4 | Parramatta |
| May | Saturday, 16 | Parramatta |
| May | Monday, 18 | Parramatta |
| May | Saturday, 30 | Parramatta |
| June | Monday, 1 | Parramatta |
| June | Saturday, 13 | Parramatta |
| June | Monday, 15 | Parramatta |
| June | Saturday, 27 | Parramatta |
| June | Monday, 29 | Parramatta |

Green / White Card Induction for Construction (1 day) Cost: \$100 (gst free)

This course is aimed at all new workers carrying out construction work, including self-employed persons, labourers, apprentices, trainees, tradespersons, supervisors and project managers. It is a legal requirement to complete this course.

Daily Parramatta & Sydney - City

Introduction to RTW Coordination (2 days)

Cost: \$395 (gst free)

Employers who have a worker's compensation premium of more than \$50,000 are required by law to have a Return to Work Coordinator who must complete this WorkCover course. This course gives a RTW Coordinator the basic skills and knowledge, to effectively manage workplace injuries.

| Month | Days | Location |
|----------|----------------------------|---------------|
| January | Thursday, 29 Friday, 30 | Parramatta |
| February | Monday, 16 Monday, 23 | Sydney - City |
| March | Monday, 23 Tuesday, 24 | Parramatta |
| April | Monday, 20 Tuesday, 21 | Sydney - City |
| May | Monday, 25 Tuesday, 26 | Parramatta |
| June | Monday, 22 Monday, 29 | Sydney - City |

OHS Risk Management for Supervisors and Managers

Cost: \$295 (including gst)

This is a one day course for managers and supervisors. The course aims to familiarise participants with the knowledge and skills necessary to apply the principles of risk management as an integral part of an effective OHS management system. It will assist supervisors to effectively manage health and safety in their area of responsibility.

| Month | Days | Location |
|----------|---------------|---------------|
| January | Thursday, 29 | Sydney - City |
| February | Wednesday, 25 | Parramatta |
| March | Monday, 30 | Sydney - City |
| April | Thursday, 30 | Parramatta |
| May | Thursday, 28 | Sydney - City |
| June | Thursday, 25 | Parramatta |

Certificate IV in Occupational Health and Safety BSB41407

Provided by RTO 91334

This qualification is the minimum requirement for OHS management in most workplaces. The training and assessment can be done by distance learning and is specifically designed to help supervisors, union representatives, safety committee members, assistant safety officers and other staff who identify and manage workplace health and safety hazards.



book NOW!!!...

Phone
1300 400 647
www.safetygroup.com.au

Other COURSES...

- Accident Investigation
- Manual Handling
- Hazardous Substances
- Safety Committee refresher
- General Employee Induction
- Custom OHS Courses



2009 TRAINING CALENDAR

OHS Consultation for Workplace Committee Members and OHS Representatives

- > January 28, 29 February 4, 5
- > February 16, 23 March 2, 9
- > March 23, 24, 25, 26
- > April 1, 2, 8, 9
- > April 21, 28 May 5, 12
- > May 25, 26, 27, 28
- > June 10, 11, 17, 18
- > June 23, 30 July 7, 14
- > July 27, 28, 29, 30
- > August 3, 4, 10, 11
- > August 20, 27 September 3, 10
- > September 21, 22, 23, 24
- > October 7, 8, 14, 15
- > October 26 November 2, 9, 16
- > November 30 December 1, 2, 3

OHS Risk Management

- > February 9, 10
- > March 16, 17

- > April 29, 30
- > June 1, 2
- > July 20, 21
- > August 24, 25
- > October 19, 20
- > November 23, 24

OHS Fundamentals

- > February 6, 13, 20, 27
- > June 5, 12, 19, 26
- > October 9, 16, 23, 30

OHS Committee Refresher Training

- > February 12
- > June 3
- > November 5

OHS Workplace Committee Chairperson Course

- > May 1
- > December 14

First Aid

- > February 2, 3
- > May 13, 14

First Aid Re-Certification

- > February 3
- > May 14

Manual Handling Employee Awareness

- > March 18
- > June 22
- > September 11
- > December 4

Introduction to Return to Work Co-ordination

- > March 12, 13
- > June 11, 12
- > August 17, 18
- > November 10, 11

Develop an Emergency Management System

- > April 3
- > July 13
- > October 13

Use Equipment to Conduct Workplace Monitoring

- > May 8
- > August 21
- > December 18

Manage OHS Systems

- > February 17, 18
- > June 24, 25
- > September 17, 18

Principles of OHS Risk Management

- > March 30, 31
- > July 2, 3
- > December 9, 10

Incident Investigation

- > May 20, 21
- > August 6, 7
- > December 7, 8

Manage Plant Hazards

- > May 6, 7
- > July 22, 23
- > November 25, 26

Apply Principles of Occupational Health

- > April 15, 16
- > August 13, 14
- > November 19, 20

Develop and Evaluate OHS Management Systems

- > February 24, 25, 26
- > September 7, 8, 9

Principles of Ergonomics

- > May 18, 19
- > November 17, 18

Apply Principles of Occupational Hygiene

- > March 10, 11
- > September 15, 16

Crisis Management

- > April 21, 22
- > October 21, 22

Safe Design

- > May 29
- > September 25

Conduct an OHS Audit

- > March 19
- > July 8
- > October 1

Evaluate OHS Performance

- > May 11
- > August 28

OHS Induction for Construction Work – General

- > February 19
- > March 4 > March 27
- > April 6 > April 24
- > May 4 > May 22
- > June 4 > June 29
- > July 10 > July 24
- > August 12 > August 31
- > September 14 > September 30
- > October 12 > October 29
- > November 10 > November 27
- > December 11

OHS Risk Management for Supervisors

- > March 3
- > July 1
- > November 6

Developing Site Safety Plans

- > February 11
- > July 6
- > September 28

Planning for Emergencies

- > April 7
- > July 17
- > September 4

Office Safety and Setting Up Workstations

- > April 27
- > August 5
- > December 15

Writing Safe Work Method Statements

- > May 15
- > August 26
- > December 16



Our aim is to continue to provide quality training and consultancy services tailored to our clients' requirements. Our trainers have qualifications in OHS and Adult Education. They are WorkCover Accredited and have extensive industry experience in OHS and training.

Unless otherwise stated, courses are held in our training rooms in the city. All courses can be delivered on site at your workplace.

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