

WORKCOVER NEWS

The workplace safety and injury management magazine

ISSUE
72
Jan-Mar
2008





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OHS Consultation

(A WorkCover NSW Accredited Course)

Jan	Mon	14	Tue	15	Mon	21	Tue	22	Parramatta
Jan	Thur	17	Fri	18	Thur	24	Fri	25	City
Jan	Wed	23	Thur	24	Wed	30	Thur	31	Parramatta
Jan/Feb	Mon	28	Tue	29	Mon	4	Tue	5	City
Feb	Mon	4	Tue	5	Mon	11	Tue	12	Parramatta
Feb	Wed	6	Wed	13	Wed	20	Wed	27	City
Feb	Thur	7	Fri	8	Thur	14	Fri	15	City
Feb	Thur	7	Thur	14	Thur	21	Thur	28	Rooty Hill
Feb	Mon	11	Tue	12	Mon	18	Tue	19	City
Feb	Tue	12	Wed	13	Tue	19	Wed	20	Campbelltown
Feb/Mar	Wed	13	Wed	20	Wed	27	Wed	5	Parramatta
Feb	Thur	14	Fri	15	Thur	21	Fri	22	Chatswood
Feb/Mar	Wed	20	Wed	27	Wed	5	Wed	12	Hurstville
Feb	Thur	21	Fri	22	Thur	28	Fri	29	Parramatta
Mar	Mon	3	Tue	4	Mon	10	Tue	11	Parramatta
Mar	Tue	4	Wed	5	Tue	11	Wed	12	Chatswood
Mar	Wed	5	Wed	12	Wed	19	Wed	26	City
Mar	Thur	6	Fri	7	Thur	13	Fri	14	Parramatta
Mar	Mon	10	Tue	11	Mon	17	Tue	18	City
Mar	Mon	10	Tue	11	Mon	17	Tue	18	Hurstville
Mar/Apr	Thur	27	Fri	28	Thur	3	Fri	4	City
Apr	Tue	1	Wed	2	Tue	8	Wed	9	Parramatta
Apr	Tue	1	Wed	2	Tue	8	Wed	9	City
Apr	Tue	1	Wed	2	Tue	8	Wed	9	Campbelltown
Apr	Wed	2	Thur	3	Wed	9	Thur	10	Rooty Hill
Apr	Mon	7	Mon	14	Mon	21	Mon	28	City

This course is required to be attended by OHS Committee members & OHS representatives. It provides participants with the skills to apply the principles of workplace OHS consultation & effectively carry out their functions under the OHS legislation.

Course Length: 4 days (9am - 4pm). Course Fee: \$610 (\$671 incl. gst)

PAR1	Apr	Wed	9	Thur	10	Wed	16	Thur	17	Chatswood	CHA4
CIT1	Apr	Thur	10	Fri	11	Thur	17	Fri	18	Parramatta	PAR42
PAR1/2	Apr	Tue	15	Wed	16	Tue	22	Wed	23	City	CIT43
CIT1/2	Apr	Tue	15	Wed	16	Tue	22	Wed	23	Hurstville	HUR4
PAR2	Apr/May	Wed	16	Wed	23	Wed	30	Wed	7	Parramatta	PAR43
CIT2	Apr	Mon	21	Tue	22	Mon	28	Tue	29	Parramatta	PAR44
CIT22	May	Thur	1	Fri	2	Thur	8	Fri	9	City	CIT5
RH2	May	Fri	2	Fri	9	Fri	16	Fri	23	Parramatta	PAR5
CIT23	May	Mon	5	Tue	6	Mon	12	Tue	13	Parramatta	PAR52
CAM2	May	Mon	5	Mon	12	Mon	19	Mon	26	Chatswood	CHA5
PAR22	May	Wed	7	Thur	8	Wed	14	Thur	15	Campbelltown	CAM5
CHA2	May	Wed	7	Wed	14	Wed	21	Wed	28	City	CIT52
HUR2	May	Mon	12	Tue	13	Mon	19	Tue	20	City	CIT53
PAR23	May	Wed	14	Thur	15	Wed	21	Thur	22	Hurstville	HUR5
PAR3	May	Wed	14	Thur	22	Wed	28	Thur	29	Parramatta	PAR53
CHA3	Jun	Wed	4	Thur	5	Wed	11	Thur	12	City	CIT6
CIT3	Jun	Wed	4	Thur	5	Wed	11	Thur	12	Parramatta	PAR6
PAR32	Jun	Wed	4	Thur	5	Wed	11	Thur	12	Chatswood	CHA6
CIT32	Jun	Thur	5	Fri	6	Thur	12	Fri	13	Campbelltown	CAM6
HUR3	Jun	Thur	5	Thur	12	Thur	19	Thur	26	Hurstville	HUR6
CIT33	Jun	Fri	6	Fri	13	Fri	20	Fri	27	City	CIT62
PAR4	Jun	Fri	6	Fri	13	Fri	20	Fri	27	Parramatta	PAR62
CIT4	Jun	Tue	10	Wed	11	Tue	17	Wed	18	Rooty Hill	RH6
CAM4	Jun	Mon	16	Tue	17	Mon	23	Tue	24	City	CIT63
RH4	Jun	Mon	16	Tue	17	Mon	23	Tue	24	Parramatta	PAR63

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introduction to return to work co-ordination

(A WorkCover NSW Accredited Course)

This course is required to be attended by a return to work coordinator whose employer has a base tariff premium of more than \$50,000 pa. It develops the basic skills and knowledge needed to manage workplace injuries.

Course Fee: \$570 (gst free)

Course Length: 2 days (9am - 4:30pm).

Jan	Mon	21	Tue	22	City	CITR1
Feb	Thur	7	Fri	8	Parramatta	PARR2
Feb	Thur	21	Fri	22	City	CITR2
Mar	Thur	13	Fri	14	City	CITR3
Mar	Mon	17	Tue	18	Parramatta	PARR3
Apr	Mon	14	Tue	15	Parramatta	PARR4
May	Mon	5	Tue	6	City	CITR5
May	Wed	14	Thur	15	Parramatta	PARR5
Jun	Wed	18	Thur	19	City	CITR6
Jun	Wed	18	Thur	19	Parramatta	PARR6

ohs committee chairperson

(There is no WorkCover NSW Accredited Course)

This course provides a chairperson with further skills and certainty so that they can operate the committee effectively and make a greater impact on health and safety.

Course Fee: \$320 (\$352 incl. gst)

Course Length: 1 day (9am - 4pm).

Feb	Tue	26	City	CITC2
Mar	Wed	12	Parramatta	PARC3
Apr	Fri	11	City	CITC4
May	Tue	27	Parramatta	PARC5
Jun	Tue	3	City	CITC6

advanced return to work co-ordination

(A WorkCover NSW Accredited Workshop)

This course provides accredited return to work coordinators who have at least 6 months experience, with further knowledge and skills so they can effectively handle more complex return to work cases.

Course Fee: \$340 (\$374 incl. gst)

Course Length: 1 day (9am - 4pm).

Apr	Thur	10	City	CITE4
Jun	Tue	3	Parramatta	PAR6

ohs committee refresher

(There is no WorkCover NSW Accredited Course)

This course is designed to refresh committee members on how to have an effective committee, revisit the OHS Act 2000 & OHS Regulation 2001 and provide updates on this legislation.

Course Fee: \$320 (\$352 incl. gst)

Course Length: 1 day (9am - 4pm).

Mar	Tue	4	City	CITF3
Apr	Fri	4	Parramatta	PARF4
May	Thur	15	City	CITF5
Jun	Wed	25	Parramatta	PARF6

construction general ohs induction

(A WorkCover NSW Accredited Course)

This course is required to be attended by persons working on a construction site. It provides the general OHS knowledge and skills needed by construction workers.

Course Fee: \$160 (gst free)

Course Length: 5 hours (9am - 3pm).

Jan	Tue	29	Parramatta	PARCN1
Jan	Wed	30	City	CITCN1
Feb	Mon	25	Parramatta	PARCN2
Feb	Mon	25	City	CITCN2
Mar	Tue	25	Parramatta	PARCN3
Mar	Tue	25	City	CITCN3
Apr	Thur	24	City	CITCN4
May	Mon	26	Parramatta	PARCN5
May	Mon	26	City	CITCN5
Jun	Tue	10	Parramatta	PARCN6
Jun	Tue	10	City	CITCN6

developing workplace safety culture: behaviour & values

(There is no WorkCover NSW Accredited Course)

This course is designed to give participants an understanding of the nature of a positive safety culture and provide them with the tools to create one in their own workplace.

Course Fee: \$350 (\$385 incl. gst)

Course Length: 1 day (9am - 4pm)

May	Fri	16	City	CITP5
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Reducing Risks Of ATM Robbery & Violence (See page 13)

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News from the CEO



Everyone has the Right To Work In A SAFE WORKPLACE

In line with the NSW Government's commitment to achieving national targets, WorkCover NSW is working with industry to help reduce workplace injuries by 40 per cent and fatalities by 20 per cent by June 2012.

WorkCover's new approach of placing more emphasis on the provision of information and practical advice to businesses around NSW is already receiving a positive response and contributing to greater awareness of workplace safety, particularly those with high risk of injury.

WorkCover NSW joined health and safety regulators across Australia in February and March 2008 in a national

falls prevention campaign. Falls from heights represent the largest cause of workplace fatalities in the construction industry and result in serious injury and death of workers.

The focus of this campaign was to work with the construction industry to review their work procedures around working from heights and, if necessary, introduce safer systems of work. The campaigns focus included builders, renderers, plumbers, electricians, roof tilers, and painters.

WorkCover inspectors visited around 900 sites across NSW to provide advice and assistance on how to prevent falls from heights. During these visits inspectors checked that falls prevention measures on site were appropriate.

Late last year we launched a major awareness campaign **Safe Manual Handling – Smart Move** aimed at improving awareness about reducing or eliminating manual handling risks. The campaign was selected following research showing that 37 per cent of workplace injuries are a result of unsafe manual handling practices.

In this edition of WorkCover News we focus on manual handling in the NSW manufacturing industry where over 3250 people are seriously injured or suffer illness related to manual handling each year.

Statistics have shown that workers who are often required to repeat the

same movements suffer the most manual handling injuries. Keeping communication open between management and workers and establishing a process to report and identify problems can lead to tasks being changed before they cause injuries. It is also a good opportunity to prevent the worker's discomfort progressing to an injury requiring treatment, time off work and compensation.

We continue to target specific workplace safety incidents in an effort to alert employers and workers as early as possible to potential hazards. WorkCover NSW has recently issued a number of safety alerts as a strong reminder of safe work practices. These include the need for extreme care when working near flammable goods, dangers facing workers on construction sites close to overhead power lines, and the potential dangers of all-terrain vehicles (ATVs) when not handled correctly.

We will continue to work closely with industry and the wider community to reduce the risk of injuries and fatalities and further improve safety during 2008.



Jon Blackwell

Chief Executive Officer
WorkCover NSW

Continued Improvement Of WorkCover Scheme

GOOD NEWS FOR EMPLOYERS & WORKERS

The NSW WorkCover Scheme returned another strong performance in the six months to June 2007 with independent Scheme actuary, PricewaterhouseCoopers, estimating the Scheme surplus to have increased to \$812 million.

In response to the Scheme's continued strong financial performance, the Premier announced that the Government would reduce premium rates for a fifth consecutive time and introduce a package of reforms to increase benefits for injured workers.

Over the two years since November 2005 premium rates have been reduced by an average 30 percent, saving New South Wales businesses \$785 million annually.

Premium Rate Reduction

The latest rate reduction of five percent is effective for all workers compensation policies commencing or renewing on or after 31 December 2007 and drops WorkCover's target collection rate to its lowest level in more than a decade. The new rates were gazetted in the Insurance Premiums Order (January-June) 2008.

The latest rate reduction does not apply uniformly across all WorkCover Industry Classification Rates. Unlike the four previous rate reductions, this five percent cut has been averaged across all industries, taking into account claims experience in each industry sector.

This means that not all premium rates have been reduced.

Where industry claims experience has improved, the entire industry has been rewarded with rate reductions of up to 10 percent. However, in circumstances where the whole industry's claims performance has been poor, there has been no change in the premium rate.

The five percent reduction in the target collection rate will mean:

- A small employer operating a Central Coast cafe will save \$255
- An employer running a small furniture manufacturing business in Sydney's west will save \$814
- An employer running a short distance bus transport business will save \$6,115
- A Sydney employer operating a plaster and cement rendering business with wages of \$419,820 will save \$2,438.

This reduction takes the target collection rate in New South Wales to 1.77 percent of wages. Only two States have a lower rate, however they do not offer injured workers such a comprehensive suite of benefits.

Further Improvements Planned

In late 2007, the Government announced new WorkCover legislation. The legislation is designed to cut red tape for employers and better support

injured workers. The legislation is to be presented to the New South Wales Parliament early in 2008.

Changes To Who Needs A Workers Compensation Policy

It is intended that from 30 June 2008 employers with annual wages \$7,500 or under will no longer be required to hold workers compensation insurance, except where an employer engages an apprentice or is a member of a Group for premium purposes. NSW households will also automatically be covered for workers compensation, if they pay \$7,500 or less to domestic staff.

A worker of an employer that is not required to hold a policy will still be covered for workers compensation and employers will still have the same obligations as they do now with regard to workplace safety and providing assistance with injury management and return to work.

The proposed changes will further align workers compensation obligations in New South Wales with those in Victoria.

Record Keeping Requirements

Under the announced legislation, record keeping requirements are also proposed to change. The period of time an employer is required to maintain wages records in New South Wales will be reduced from seven years to five years, aligning with the workers compensation requirements of Victoria and the Australian Taxation Office.

Targeting Falls From Heights ACROSS AUSTRALIA

Workplace health and safety regulators across Australia joined forces in February and March to target falls prevention in the construction industry, particularly small and medium-sized projects.

With falls from heights the largest cause of workplace fatalities in the construction industry, resulting in serious injury and death of workers, the Heads of Workplace Safety Authorities launched a national falls prevention campaign.

Catastrophic injuries such as spinal damage or brain damage can have permanent and devastating effects. Falls from short heights can have the same impact as those from a significant height.

The focus of the campaign was to encourage the construction industry to review their work procedures around working from heights and, if necessary, introduce safer systems of work before inspectors visit. The campaign focused on builders, renderers, plumbers, electricians, roof tilers, painters and other trades at risk of serious injury.

Workplace safety inspectors visited at least 900 sites across Australia to provide advice and assistance on how to prevent falls from heights. They checked to verify that falls prevention measures on site were appropriate.

Housing and small-scale general construction sites with a project value of up to \$3 million were the initial target sector of the construction industry.

During the campaign, inspectors paid particular attention to finish and fit-out work, roof work, bricklaying and rendering, as well as work associated with stairways or balconies.

Health and safety regulators across Australia produce a range of publications and guidance material, which is available in printed form or as electronic documents on their websites. They can also be contacted for general falls prevention advice.



Guidance material on falls from heights in New South Wales is available from the WorkCover NSW website at www.workcover.nsw.gov.au or by calling the WorkCover Assistance Service on 13 10 50.

A National Focus

The Heads of Workplace Safety Authorities initiated this campaign as falls from height continue to be a hazard that results in a significant number of deaths and injuries within the construction industry each year.

The following workplace safety authorities joined forces to mount a coordinated campaign of inspector visits to construction sites in Australia:

- ACT WorkCover
- ComCare
- NT WorkSafe
- SafeWork, SA
- WorkCover NSW
- Workplace Health & Safety, QLD
- Workplace Standards Tasmania
- WorkSafe Victoria
- WorkSafe Western Australia

Falls Prevention

Every employer and every worker in NSW involved in working at heights must follow relevant safety controls, which ensure their safety and the safety of others. To prevent persons falling from the edge, a stable and securely fenced work platform, such as scaffolding or guardrails, should be erected along the length of the building.

The risk of falls through roofs should be controlled by the installation of safety mesh that is sufficiently secured and overlapped to support a person falling onto it. Falls from heights can be prevented as long as everyone involved in the workplace cooperates to ensure that the appropriate safety controls are applied.

Safety Alerts Drive Home WORKPLACE SAFETY MESSAGE

None of us like to hear about death or injury in the workplace, but incidents can serve as a strong reminder of the importance of safe work practices.

An explosion at the Drayton Winery in the NSW Hunter Valley recently resulted in the death of two workers and the serious injury of a third, while a quad-bike incident on a Mudgee property killed a 73-year old farmer.

Fire and Explosion Risk at Wineries

WorkCover NSW is investigating whether welding work was being carried out near where ethanol and other flammable liquids were being stored following an explosion at the Drayton's Winery. The incident reinforces the need for extreme care when working near flammable goods.

All worksites should carry out a thorough risk assessment that identifies all potential hazards, including the use and storage of flammable materials. Any risk assessment should be reviewed regularly, especially where the type and quantity of dangerous goods on a work site rotate, such as the seasonal use of ethanol for wine fortification.

Drums and storage containers also containing flammable liquids must be handled with extreme care as they may contain vapours even after many years.

Important safety measures to minimise the risk of fire and explosion when working near flammable goods include:

- store flammable liquids in clearly labelled containers compliant with Australian Standards
- remove flammable or toxic materials before carrying out work inside an empty container or vessel
- clearly mark, sign-post and enforce hot work and smoking restriction zones. These include zones restricting mechanical grinding and cutting and other ignition sources.
- keep flammable liquid containers and tanks closed when not in use
- train workers appropriately in the storage and handling of dangerous goods, the emergency plan and the use of safety equipment.



All Terrain Vehicle Alert

The death of a farmer at Mudgee has brought into clear focus the potential dangers of all-terrain vehicles (ATVs) when not handled correctly.

Commonly used on farms for a range of tasks, ATVs (also known as quad bikes) need to be operated safely to reduce the risk of overturning. The rider should avoid overloading the vehicle and have the strength and agility to operate them properly.

The relatively high combined centre of gravity of rider and machine presents an increased risk of overturning when operating on steep slopes, banks, dam edges and other uneven terrain.

Farmsafe Australia research indicates that the majority of deaths involving ATVs result from crush injuries from rollover or injuries from striking a hard surface after being thrown from the vehicle.

Employers and those who operate ATVs should:

- ensure employees are trained in the safe use of ATVs.
- supervise new operators until they are competent as ATVs require different skills to motorbikes
- ensure approved safety helmet, boots and protective clothing are worn
- not use ATVs in dangerous areas such as steep or rough terrain
- not carry passengers unless the ATV is specifically designed for this
- be over 16 years of age.

For more information visit the WorkCover website, www.workcover.nsw.gov.au, or call 13 10 50.

Business

ADVISORY OFFICER EVELYN DOAK



"Don't wear a black suit on an advisory visit to a bakery; flour dust on a dark suit is never a good look," joked Evelyn Doak when asked what she'd learned in her first nine months with WorkCover NSW.

A 10-year career in occupational health and safety has prepared Evelyn for the role of Port Macquarie BAO. Evelyn managed her own occupational health and safety

consultancy on the NSW mid north coast for 8 years. This was followed by employment at TAFE NSW – North Coast Institute as a teacher and commercial workplace facilitator specialising in workplace safety and training.

Evelyn began work with WorkCover in May 2007 and has assisted many small businesses on the mid north coast by conducting workplace advisory visits and public workshops.

"The thing I like most about my job is the people. The businesses are so appreciative to have WorkCover NSW visit their workplace and assist them with issues or questions they have on workplace safety. One company was so pleased that they asked if I could be a full time consultant for them," Evelyn said.

Evelyn and her fellow BAO's, located across NSW, conduct regular free

safety workshops for small businesses. Attendees learn how to make their workplace safe and they can also find out how to qualify for the \$500 WorkCover Safety Solutions Rebate.

If employers require more specific information, BAO's conduct free workplace advisory visits where businesses are provided with free workplace safety advice tailored to their business. Advisory visits allow employers to identify areas of concern and rectify any problems with their local BAO.

To request an advisory visit by your local BAO or to attend a free safety workshop call **1800 624 097** or visit www.workcover.nsw.gov.au/safebusiness.

*Pictured above left:
Evelyn Doak, Business Advisory Officer.*

Learning From BIG BUSINESS

WorkCover NSW's 2008 Safe Business is Good Business Mentor Program will be launched later this year.

This free program is a great opportunity for small businesses to be mentored by a large business in their industry sector on all areas of workplace safety.

The 2008 Mentor Program will run for approximately eight months and is designed to assist businesses in the construction and manufacturing industries.

The program is open to businesses across NSW and involves a combination of workshops, workplace visits and discussions with designated OHS professionals from large construction and manufacturing companies.

The Mentor Program which was launched by the NSW Minister for Industrial Relations, John Della Bosca, was piloted in 2006 in Sydney in the construction industry. The program expanded in 2007 to include the construction and manufacturing industries, where 13 large businesses mentored almost 70 small businesses.

A pilot program for small and large businesses in the retail and consumer service industries will also take place in 2008 as well as a program tailored to the agricultural industry that will begin later this year.

"Safe workplaces are productive workplaces, and this program is another example of how WorkCover NSW is

working closely with small employers across the state to help them develop tailored solutions to industry-specific safety challenges," Mr Della Bosca said.

For more information about this program call **1800 624 097** or visit www.workcover.nsw.gov.au.

*Pictured below:
The 2008 Mentor Program launched by
John Della Bosca, Minister for Industrial
Relations.*



Small Business Forums

"Your Opinion Matters"



In November, WorkCover NSW CEO Jon Blackwell launched the Small Business Forums initiative at the Newcastle Business Club.

The Small Business Forums are designed to provide an additional link between small and medium businesses and WorkCover NSW to ensure the services WorkCover NSW provides are relevant to the local business community.

The free initiative will enable small and medium business operators to work with WorkCover NSW to identify options; solutions and best practice, provide feedback and be informed about decisions that may affect their business community.

Pilot forums operating in 2007, have proven highly successful and have contributed to the development of resources such as the Serious about Safety kit and the Safety Solutions Rebate Scheme.

Due to the success of these pilot forums, 6 Small Business Forums will be established across NSW by May 2008 with a further 4 established by August. This will ensure each region gets the opportunity to contribute and be heard in relation to safety matters that affect their business. Each regional forum will meet up to four times per year.

Forum participants will be able to network with other businesses, share their own

safety initiatives and learn how to make their business safe and more productive.

By helping WorkCover NSW to identify and develop services that better meet their needs, the Small Business Forums will actively assist small and medium businesses to build their capacity to improve occupational health and safety and workers compensation outcomes.

The Small Business Forums are part of the three-year Small Business Safety Program.

For more information or to find your local Small Business Forum, visit www.workcover.nsw.gov.au/safebusiness or call 1800 624 097.

Pictured above left:

Jon Blackwell at the Small Business Forums launch, Newcastle Business Club.



New South Wales Government

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Inspector recruitment campaign commencing May 2008

www.inspectorjobs.com.au



The Truth About

Safe Manual Handling in the MANUFACTURING INDUSTRY



Every year in the NSW manufacturing industry over 3250 people are seriously injured or suffer illness related to manual handling. This represents 37 per cent of all injuries in the manufacturing industry making it the most common form of injury.

Almost 83 per cent of manual handling injuries in the manufacturing industry are classified as sprains and strains with the torso (back and abdomen) and upper limbs the main body areas injured.

Process workers suffer the most manual handling injuries, usually when working on production lines, often repeating the same movements. Production lines where the speed of the machine controls how fast the worker has to repeat their movements are the most likely to result in manual handling injuries. Between 1996/7 and 2003/4 injuries from repetitive movements in the manufacturing industry increased by 26 per cent.

Injuries from repetitive movements can often be avoided or reversed if they are treated early. Most people have an idea about how their body normally responds to manual handling and what feels 'right'. Workers should report discomfort or if their body does not feel 'right'.

Establishing a process to report and identify problems can lead to tasks being changed before they cause manual handling injuries. It is important to keep the lines of communication between management and workers open so that injuries can be prevented. This also allows you to identify problem tasks particularly where a number of workers report similar complaints. Early reporting gives employers a good opportunity to prevent

the worker's discomfort progressing to an injury requiring treatment, time off work and compensation.

Managing injuries from repetitive movements is not restricted to medical treatment of symptoms and providing sufferers with appropriate duties. It is essential to relate the symptoms to the movements or tasks that they arise from. The most appropriate action is to then assess the design of the workplace, equipment and work practices.

If possible, it is best to remove the cause of manual handling injuries. Often this can be as simple as making a small change to a work task or the work environment.

Workers should control the speed of the machines rather than the machines controlling the workers. Wherever possible a job should include a variety of tasks with a number of dissimilar activities and postures.

Manufacturing also has special problems with the moving or carrying of items as they may be large or fragile (such as sheets of glass) or involve unusual shapes. Injuries don't necessarily relate to heavy weights being moved around. Even a small item can put a strain on your body if you move it often enough.

www.smartmove.nsw.gov.au features a number of case studies where innovative design solutions have helped eliminate and control manual handling risks. A key to many of these case studies is involving the workers, through consultation, in the process to identify the risks and find solutions to them. Consultation can lead to solutions that are effective and more likely to be embraced by workers.

The National code of practice for the prevention of musculoskeletal disorders from performing manual tasks at work (2007) makes recommendations to eliminate or minimise risks by:

- altering the design and layout of the workplace
- altering the nature of the load (including using mechanical aids or assistive devices)
- altering the nature of the items used during manual tasks
- altering the working environment
- altering work organisation and work practices, including systems of work

International DAY OF MOURNING

The International Day of Mourning is held each year on the 28th April. The day is acknowledged internationally in over 70 countries as a day to mourn, honour and pay respects to lives lost in workplace incidents or from occupational disease. It provides an opportunity for all members of the community to renew their commitment to making safer workplaces.

Across the country, workplaces support the International Day of Mourning in a variety of ways. Some employers arrange for a minute's silence in remembrance; others use the day to heighten awareness of safety issues within their workplace.

For every life lost at work, many more lives are affected as family and friends struggle to come to terms with the sudden death of a loved one. In partnership with Unions NSW, WorkCover NSW supports the organisation of an annual memorial service held at Reflection Park, Darling Harbour, Sydney. The park is home to the workers memorial sculpture, which was officially opened in 2005 by the then Premier Bob Carr. The sculpture commissioned by Unions NSW and WorkCover NSW is designed to symbolically depict the life cycle, the space that is left when someone we love is no longer with us, and our memories. Both the park and the sculpture encourage reflection and contemplation, encouraging all visitors to deepen their awareness of workplace safety.

It has become a tradition on the International Day of Mourning for family members to attach a photograph of their loved one to the sculpture. Over 100 family members come from interstate and rural and remote NSW to attend the day.



Although process workers experience more than double the manual handling injuries of any other manufacturing occupation, a number of other workers also face manual handling injury. Labourers, production and transport workers, machine operators, various types of tradespersons and product packagers also feature in manual handling injury statistics.

Within the manufacturing industry food processing — particularly meat and meat product manufacturing, structural metal manufacturing, industrial machinery and equipment manufacturing all have a high risk of manual handling injury. Ironically the manufacture of lifting equipment features prominently in statistics with a high number of manual handling injuries reported.

It is important to remember that while every one of us does some sort of manual handling, injury from these tasks is usually avoidable if workers and employers are aware of the risks and willing to give their attention to eliminating and controlling them before injury occurs.

For further information on how to prevent manual handling injuries visit www.smartmove.nsw.gov.au or call 13 10 50.



COLLABORATIVE INTERAGENCY APPROACH TO CONSTRUCTION SAFETY

A number of Interagency Communication Protocols have been signed between WorkCover NSW and Sydney Water, The City of Sydney and the NSW Department of Housing. With the aim of enabling improved communication and knowledge sharing between agencies.

Sydney Water

WorkCover's agreement with Sydney Water brings great benefits to both agencies and in particular provides WorkCover NSW with the opportunity to forge a valued partnership with one of Sydney's major employers. Quarterly meetings will be held to facilitate the exchange of information and strategies between both agencies to improve health and safety outcomes for construction work coordinated or undertaken by Sydney Water.

The City Of Sydney

WorkCover NSW will assist The City of Sydney to strengthen its expertise in Occupational Health and Safety. Both organisations will develop ways to reduce health and safety risks involved with City of Sydney construction work.

This Protocol will help raise awareness of WorkCover NSW safety intervention programs, promote the importance of safe work environments and provide central contact points for each organisation so issues can be addressed swiftly.

Department Of Housing

A contractor's forum was held in late 2007 for primary contractors who undertake maintenance work on existing Department of Housing properties.

The forum included presentations and feedback sessions on:

- *contractor management*
- *working at heights*
- *electrical safety*
- *asbestos and demolition*
- *emerging trends.*

Stakeholder feedback was positive and indicated the information presented was particularly relevant to contractors' current and future work. An overwhelming 97 per cent the feedback rated training materials as either '**very good**' or '**better than good**'.

These partnerships, established through Interagency Communication Protocols, emphasise WorkCover NSW's approach to developing effective stakeholder relationships and reinforces its collaborative approach to preventing workplace injuries and developing safety solutions.

Pictured below:

Contractors attend the inaugural Workcover NSW and Department of Housing joint forum held at the Department of Housing building in October 2007.



Fraud Doesn't PAY

In one of the largest workers' compensation fraud cases to be investigated in NSW, a Western Sydney man who defrauded the NSW Workers Compensation Scheme of \$363,542 over a four-year period was recently convicted and jailed with a non parole period of three years and three months.

Following conviction, an appeal was lodged in the District Court. Ultimately, the appeal was dismissed and the conviction and penalty affirmed. The case represents the largest fraud investigation to date by the WorkCover NSW Fraud Investigation Branch.

Mr Kolja Nikoljic invented numerous aliases and registered a number of businesses before taking out insurance policies in the name of imaginary employees. He then visited doctors under some of those names claiming that he had suffered back, neck and shoulder injuries after falling on a slippery floor at work. Nikoljic lodged fraudulent workers' compensation claims and was subsequently paid benefits.

Given the high level of criminality identified in this case, WorkCover NSW Fraud Investigation Branch deployed a dedicated task force and worked in unison with the NSW Police and other State and Federal agencies.

WorkCover's Legal Group provided legal advice and represented throughout the investigation and court process. A crucial part of the investigation was the execution of a search warrant at the home address of Mr Nikoljic, which uncovered vital evidence.

This outcome should send a clear warning to anyone who may believe that they can defraud the scheme and escape detection. The Magistrate, in sentencing Mr Nikoljic stated that offences committed against the Workers Compensation System are akin to social security fraud.

WorkCover NSW takes fraud seriously and its dedicated fraud investigation branch, with specialist staff, actively follow up on both identified and suspected instances of fraud plus perform a valuable role in educating and advising the community. Workers Compensation Fraud impacts unfairly on both employers and workers by placing an unnecessary burden on the NSW Workers Compensation System.

If you or anyone you know is aware of acts of workers compensation fraud don't hesitate to contact **WorkCover NSW Fraud Hotline** on (02) 4321 5755 or visit the WorkCover website **www.workcover.nsw.gov.au**.

The Fraud Investigation Branch investigate such matters as:

- Payments for an injury that was not work related
- Claiming workers compensation payments while undertaking secondary employment
- Falsifying a WorkCover medical certificate
- Charging for services that have not been provided in relation to workers compensation claims
- Employers supplying false and misleading information in relation to a policy

Nominate Your Business

WorkCover NSW

SafeWork

A W A R D S

'08

Has your business developed an innovative occupational health and safety solution or initiative?

WorkCover NSW, through the Safe Work Awards, is calling for nominations from businesses who have achieved safer workplaces through proven safety initiatives and practices.

The Safe Work Awards, launched in 2004, were developed to identify and reward high standards of occupational health and safety in NSW workplaces and to promote innovative safety solutions across industries.

The Safe Work Awards 2008 are looking to build on the 110 nominations received in 2007, which saw seventeen businesses of varying sizes achieve finalist status. Of these two were highly commended and four took home the title of winner.

Entries for the Safe Work Awards 2008 open on Monday 5 May and close on Friday 11 July 2008.

This is an extension on the time available in 2007 so gives your business ample time to prepare a detailed application addressing each criteria in your chosen category and put together sufficient evidence to support your entry.

The Awards are open to any NSW registered business, organisation or individual and you can nominate yourself or someone can nominate on your behalf.

There are five categories in the Safe Work Awards 2008:

Category 1:
Best workplace health and safety management system

Category 2:
Best solution to an identified workplace health and safety issue

Category 3:
Best workplace health and safety practices in a small business

Category 4:
Public sector leadership award for injury prevention and management

Category 5:
Best individual contribution to workplace health and safety

All finalists of the Safe Work Awards get free passes to the Safety Show and Conference and are promoted on the WorkCover NSW website and the Safe Work Award website.

Winners and Finalists will also have the use of the prestigious WorkCover SafeWork Awards 'winner' and 'finalist' logos for business promotion plus winners in each category are automatically entered into the National Safe Work Australia Awards.

The winners of the 2007 National Awards will be announced at an official ceremony at Parliament House, Canberra on Monday 28 April 2008.

The winning safety innovations to be automatically entered into the 2007 National Safe Work Australia Awards were:

- a protection device for a bandsaw (*Jason Painter, Woolworths Supermarkets*)
- visual aids to address workplace complacency (*Sharpe Bros. (Aust)*)
- a comprehensive system to identify, control and eliminate hazards (*Catholic Schools Office, Dioceses of Broken Bay*)
- a program to monitor and manage the impact of vicarious trauma (*NSW Rape Crisis Centre*)

Full details of the 2007 winners and their safety solutions can be viewed at www.safeworkawards.com.au.

The 2008 Safe Work Awards will culminate in a black tie awards ceremony to be held during the Safe Work Australia Week in October.

Reducing Risks Of ATM Robbery & Violence

WorkCover NSW plans to run a number of information workshops as well as events and activities during the Safe Work Australia Week and will again have significant presence at the Safety Show and Conference 2008. Further details on these activities will be published in the next issue of WorkCover News.

Applications for the Safe Work Awards 2008 are open from **Monday 5 May** and **close on Friday 11 July 2008**. If you require assistance or advice during the application process contact **WorkCover NSW** on **13 10 50** or email **swa@workcover.nsw.gov.au**.



Pictured above:
2007 Category 3 Winners'
- Best Workplace Health & Safety Practices in a Small Business, Anny Slater, Michael and Hayden Sharpe (Sharpe Bros (Aust) Pty Ltd, family owned business) with Award Presenters **Jon Blackwell** (CEO WorkCover NSW) and **Ms Virginia Judge** (MP-Parliamentary Secretary).



Have you ever walked up to an ATM and looked over your shoulder before you proceeded to remove your cash? The workers required to replenish these machines on a daily basis, often carrying large amounts of cash, may also sense this risk.

This risk of serious injury or even death was the driving force behind the development of a new safety fact sheet for stakeholders in the cash transit industry. The new fact sheet, Automatic Teller Machine (ATM) Placement builds on the existing Cash In Transit Code of Practice 2002.

The identification of suitable and safe locations for ATMs is a critical part of the risk assessment process and must be undertaken prior to installation. The risk assessment must take into account the manufacturer's and supplier's specifications, and risk factors that may affect those collecting or replenishing cash and those who may be in the vicinity.

Often the responsibility for undertaking the risk assessment is shared by those who have control over ATM placement and those who control the workplace where they are to be located. Where this is the case, the identification of hazards, assessment of risks, and development and implementation of control measures should be implemented in a co-ordinated manner.



Where applicable, those who own, lease, or have control of ATMs, and those who have influence over the conditions in which the ATM cash collection and replenishment occurs, should be consulted in the risk assessment process.

When developing a risk assessment process, employers must also consult employees about ways to reduce potential risk of injury and develop practical safety precautions.

WorkCover NSW developed the fact sheet in conjunction with a 45-member industry working party. Members included NSW Police, retailers, banks, security companies, union and employer associations, as well as ATM supplier and deployment representatives.

The new fact sheet ATM Placement is available from the WorkCover website **www.workcover.nsw.gov.au**, under publications.

Learning About OHS

FROM THE EXPERTS & YOUR PEERS

WorkCover NSW free **'Managing for Safety'** workshops are assisting small businesses to develop safety systems and improve safety in their workplaces. Tailored to different industries, the workshops have attracted more than 800 participants across NSW.

The workshops are designed to give small business owners and managers a practical set of tools to help them make occupational health and safety (OHS) improvements in their businesses.

David Shear, the Director of ABC Seamless, a small manufacturing business, was encouraged to attend a workshop for manufacturers following discussions with a WorkCover NSW inspector.

"It's made our life much easier in terms of OHS," David said. ***"We have already implemented some of the ideas we learnt from the workshop,"***

ABC Seamless now have a new incident reporting system and there is a clear procedure in place when a worker is injured or a near miss incident occurs in the workplace.

The workshops are facilitated by inspectors and business advisory officers from WorkCover NSW. They discuss strategies for consulting with workers, developing safe work procedures, training and supervision, and developing action plans.

"The facilitators were great," said Ray Boulton from Fraser Motors, who attended a workshop in Bega.

"The advice I was given was relevant to my business and so easy to understand," Ray enthused.

Sonja Cameron, Director of Cameron's Nursery in Arcadia, was also impressed with the invaluable information she received from WorkCover's experienced safety experts.

"The workshops provided me with face-to-face access to WorkCover NSW representatives and allowed me to ask them about OHS issues that concerned our nursery," Sonja said.

The workshops are interactive and participants are encouraged to share experiences with their peers.

"I enjoyed networking with others from the same industry," Sonja said.

"You soon learn that your OHS problems are not unique but rather common throughout the industry, and your peers often have a solution to suggest," Sonja added.

Sonja was also delighted to learn about the \$500 safety solutions rebate.

"Anything that assists with our OHS problems is useful and if we can more easily afford to rectify them, so much the better," said Sonja.

After the workshop, Sonja consulted with her workers about the manual handling risks associated with lifting large bags of potting mix. They developed an action plan, purchased a pallet-fork attachment for their bobcat, and successfully applied for a safety solutions rebate.

For more information about the **'Managing for Safety'** workshops or the safety solutions rebate, visit www.workcover.nsw.gov.au/safebusiness or phone 1800 624 097.

Pictured below: *Small business owners in the construction industry attend a Managing for Safety workshop in Parramatta.*



New Asbestos

Removal Regulations To IMPROVE SAFETY

From 1 January 2008, the threshold for the removal, repair and disturbance of bonded asbestos was reduced to 10 square metres. As a result the regulations around licensing of asbestos removalists have now changed.

Under the changes, work that involves the removal of 10 square metres or more of bonded asbestos material will need to be performed by appropriately licensed operators.

The reduction from the current threshold of 50 square metres to 10 square metres has been designed to improve the management of workplace safety for those who work with asbestos.

The changes have meant that some people, who were not previously required to hold a licence to remove asbestos, now need to be licensed. Although these changes will increase the number of people needing licences, the changes are important, as they will reduce the risk of exposure to asbestos fibres.

Qualified builders and contractors need to follow the correct procedures to manage the risks associated with the removal of bonded asbestos to ensure people are not exposed to serious health conditions.

Applying For A Licence

WorkCover's licensing system protects removal workers, building occupants and the public by

ensuring that contractors have the appropriate skills, training and experience in asbestos removal work to prevent occupational and environmental contamination.

The permit and notification requirements allow monitoring of asbestos removal projects on a job-by-job basis, ensuring compliance with legislation and nationally-agreed work methods.

Applicants for an asbestos removal licence will be required to undertake appropriate training at a TAFE college or a registered training organisation. All applicants must have experience in asbestos removal or demolition and be at least 18 years of age.

For enquiries regarding licensing and permits call the **WorkCover NSW Asbestos and Demolition Hotline** on (02) 8260 5885.

In addition to the requirements to hold licenses for asbestos and demolition, you must also notify WorkCover NSW whenever you intend to commence certain asbestos or demolition work.

For further information about the current thresholds and notification requirements for asbestos removal, or to obtain a licence application, phone 13 10 50 or visit www.workcover.nsw.gov.au.

Information for home renovators working with asbestos and fibro can also be found at www.nsw.gov.au/fibro.

New

REHABILITATION PROVIDERS APPROVAL FRAMEWORK

WorkCover NSW, with assistance from industry, has developed a new Approval Framework for Rehabilitation Providers.

The framework includes a name change from 'accredited occupational' rehabilitation providers to 'approved workplace' rehabilitation providers, as well as new conditions and principles for workplace rehabilitation providers, a 3 year period of approval, provider self-evaluations and WorkCover NSW initiated evaluations.

The framework is systems and principle-based and promotes accountability and self-monitoring by the provider in achieving quality service provision to workers and employers.

The new Approval Framework for Rehabilitation Providers will be launched in May 2008 to officially commence on the 1st of July 2008.

To assist with the implementation of the framework, education forums will be held across NSW during May. These will inform providers of the new framework, the new conditions and principles for approval, and the application of the evaluation tools used to review the provider's compliance with the conditions of approval.

Updates on the development of the framework and information relating to the forums will be available on the WorkCover NSW website.

Little Thought Of SAFETY



We all know that safety in the workplace is paramount but do we ever think about the consequences if something does go wrong or even see first hand the horrific results?

Shannon Dallas, aged 22, was a qualified carpenter just two weeks out of his apprenticeship. In early February 2000 and like any other morning in Shannon's life he woke early at 5am. He showered, dressed, ate breakfast, kissed his girlfriend goodbye and drove off to work to a building site an hour away in the lower Blue Mountains. On his way to work he daydreamed about the warm bed he had just left behind and thought about his plans for the weekend.

Shannon arrived at the worksite around 6.45am, greeting his workmates with some lighthearted jesting and joking comments.

"In a sense, work at this hour can be very automated with little thought of safety or anything else other than the job at hand,"
says Shannon.

That morning changed Shannon's life forever.

Shannon's task that morning was routine and involved working on a trussed hip end roof design. He was standing on an eight-meter span truss, sighting plains in the roof when one of the secured points failed and a hip node shattered. The truss Shannon was on collapsed falling in one direction and Shannon the other.

The incident left Shannon a paraplegic.

"In an instant, I went from being a young man living a blessed life to what seemed like half a man lying on a hospital bed unable to move," says Shannon.

"The first day that I woke up in hospital my social worker told me I was never going to walk again. Not the most pleasant way to wake up. I didn't believe him but here I am today, 8 years later, still in a wheelchair."

Shannon spent the first three weeks after his fall in Intensive Care flat on his back, staring at a ceiling, waiting for a spinal

fusion to allow him to simply sit up again. The next three months were spent in physical rehabilitation 'hanging onto the thought of walking again', where Shannon had to learn everything from dressing himself, to wheelchair skills to how to take care of his paralyzed body.

"The mental rehabilitation took more than five years and is still a work in progress," says Shannon.

Shannon says that he had an understanding of the risks involved in his job but in hindsight took little care as it was so routine.

"We never used harnesses and very little scaffolding, if any. Safety equipment consisted of sunglasses for eye protection, earmuffs and sunscreen."

"My message to employers and employees alike is that the responsibility is on everyone. If you are in the workforce you have to be actively involved in respecting and looking out for one another," says Shannon.

Shannon's life since his injury has been a winding road of many challenges, some welcomed, many not.

Residing on the Central Coast in Terrigal NSW, Shannon has become, through courage, dedication and determination, a champion sit skier.

Shannon first experienced downhill sit skiing in August 2001 where he was scouted on the Australian snowfields by the Paralympic team captain and was invited to attend a recognized talent camp. As a result of this week, Shannon was invited to attend the Disabled Winter Sport Australian Canadian Training Program in Canada from January to March 2002.

This was only the start of what was to become a new life for Shannon. The next few years began a new lifestyle. One devoted to training and focusing on what has truly become his life passion - ski racing.

Shannon Dallas is part of the Paralympian Speakers Program sponsored by WorkCover NSW. The Paralympian Speakers



Program brings to the fore men and women who despite having suffered unthinkable permanent injuries have become leaders in their chosen sport and represented Australia in major sporting events.

These remarkable athletes are available to come to your workplace and share with you what impact a serious workplace injury can have on you, your family and your fellow workmates

Through their inspirational stories of despair, courage, and triumph these athletes drive home a powerful message about the importance of: Working safe, thinking safe, and going home safe.

Evaluation has shown that after workers have heard from an athlete significant change is seen in the workplace and for a while less incidences seem to occur; there is a tangible feeling of people being on higher alert and really watching out for one another.

To find out more about the Paralympian Speakers Program, to order your copy of *'One Moment Please'* (a DVD introducing you to the Paralympian athletes and their stories) and to request an athlete to speak at your workplace for free visit www.workcover.nsw.gov.au/Initiatives/Paralympiansponsorship/default.htm.

Pictured opposite page, top right:
Shannon Dallas, Paralympian.

Pictured above:
Shannon Dallas, competing in downhill sit skiing event.

LOCAL

Farm Safety WORKSHOP

Despite the recent effects of the drought, many NSW farmers remain active in production and improving their farms. The Riverina Wine Grape Marketing Board has worked with WorkCover NSW Rural Team to develop a farm safety workshop for its members.

Held at the Department of Primary Industries (DPI) site at Hanwood, Griffith, in late 2007, the workshop was attended by 26 local growers and DPI staff.

The four-hour event provided an interactive coverage of the Occupational Health and Safety (OHS) laws, developing an OHS Injury Management policy, key risk control planning and practical risk assessments of post-drivers, vine trimmers and chemicals/fuel storage.

Assisting Rural Team staff members was WorkCover NSW Business Advisory Officer Darren Cameron. The WorkCover NSW Safety Bus was put to good use to present the workshop key points on the outside flat screen panel and was well received by all. After all that learning, participants and presenters had worked up a healthy appetite and shared lunch, wonderfully prepared by the local Lions Club.

WorkCover NSW would like to acknowledge the NSW DPI, Board, staff at the Wine Grape Marketing Board and all others involved for their assistance.

Pictured below:

WorkCover staff and local farmers developed a safe work procedure for a vine trimmer, at the farm safety workshop held at the DPI site, Hanwood. Farmers taking part in the risk assessment.



New Pricing SYSTEM FOR WORKCOVER PUBLICATIONS

ITEM	COST
Forms	Free unlimited
Stickers	First 50 free. Over 50 copies \$0.20 per unit
Cards	First 50 free. Over 50 copies \$0.95 per unit
DL Brochure	First 100 free. Over 100 copies \$0.55 per unit
Posters	First 20 free. Over 20 copies \$0.95 per unit
Flyers (up to 8pp roll fold/ double sided)	First 100 free. Over 100 copies \$1.10 per unit
Booklets (8pp to 20pp)	First free then \$1.50 per unit
Booklets (21pp to 10pp)	First free then \$5.50 per unit
Booklets (101pp+)	First free then \$9.50 per unit
CDs	First free then \$2.95 per unit
Kits	Individually priced. None free and P&H charged
DVDs	First free then \$6.95 per unit
Translated documents (only certain items available - not all publications)	First free then \$34.95 per unit
Promotional and Special Items	Individually priced
One off special items	Individually priced
Medical Certificates Pads (WC01 300)	All free maximum of 40 pads per order with no P&H

Each year WorkCover NSW produces and distributes over two million printed publications vital to assisting workers, employers and the general public in having access to the most relevant information on occupational health and safety, workers compensation and injury management.

Following a recent review of the accessibility and cost structure of these publications a new and fairer pricing system was introduced on the 11th February 2008.

Under the new pricing policy, customers will be able to obtain the first copy of any printed catalogue item free. There are some exemptions to this rule. The table left outlines the new publications pricing structure and details what customers have to pay for each publication after their free quota is reached.

Under the new pricing structure, no postage and handling is required unless you order over **10 different free** items or if you order more than the maximum number of free copies for any item.

For example, if you only order 20 posters, there would be no charge on postage and handling. However, if you order 22 posters you will have to pay postage and handling as you are only entitled to 20 copies free.

Postage and handling is \$9.95 including GST and only covers a small amount of the cost to deliver your order to you.

For further details of the new price structure and to obtain a copy of the publications catalogue visit www.workcover.nsw.gov.au.

Publications can be ordered by phoning the **Publications Hotline** on 1300 799 003 between 8.30am and 4.30pm weekdays.

Calendar OF EVENTS

EVENT TYPE	TITLE	EVENT DATE	EVENT TIME	TOWN/SUBURB	ADDRESS
Workshop	Managing for Safety Interactive Workshop – Veterinarians	8 April 2008	Registration: 9:00am Session: 9:15am to 2:00pm	Wollongong	<i>Wollongong Golf Club</i> 151-161 Corrimal Street, Wollongong
Workshop	Managing for Safety Interactive Workshop – Manufacturing Industry	10 April 2008	Registration: 9:00am Session: 9:15am to 2:00pm	Blacktown	<i>Blacktown RSL</i> Second Avenue, Blacktown
Workshop	Managing for Safety Interactive Workshop – Manufacturing Industry	15 April 2008	Registration: 9:00am Session: 9:15am to 2:00pm	Hoxton Park	<i>Liverpool Catholic Club</i> Corner Joadja & Hoxton Park Roads, Hoxton Park
Workshop	Managing for Safety Interactive Workshop – Manufacturing Industry	22 April 2008	Registration: 9:00am Session: 9:15am to 2:00pm	South Hurstville	<i>South Hurstville RSL</i> 72 Connells Point Road, South Hurstville
Workshop	Managing for Safety Interactive Workshop – Construction Industry	29 April 2008	Registration: 9:00am Session: 9:15am to 2:00pm	Gosford	<i>Gosford Golf Club</i> Racecourse Road, Gosford
Workshop	Managing for Safety Interactive Workshop – General	30 April 2008	Registration: 9:00am Session: 9:15am to 2:00pm	Cootamundra	<i>Venue to be confirmed</i>
Workshop	Managing for Safety Interactive workshop – General	30 April 2008	Registration: 9:00am Session: 9:15am to 2:00pm	Tamworth	<i>West Diggers Club</i> Kable Avenue, Tamworth
Workshop	Managing for Safety Interactive Workshop – CABS Industry	7 May 2008	Registration: 9:00am Session: 9:15am to 2:00pm	Parramatta	<i>Venue to be confirmed</i>
Workshop	Managing for Safety Interactive Workshop – Manufacturing Industry	8 May 2008	Registration: 9:00am Session: 9:15am to 2:00pm	Gosford	<i>Venue to be confirmed</i>
Workshop	Managing for Safety Interactive Workshop – Manufacturing Industry	13 May 2008	Registration: 9:00am Session: 9:15am to 2:00pm	Blacktown	<i>Venue to be confirmed</i>
Workshop	Managing for Safety Interactive Workshop – Manufacturing Industry	15 May 2008	Registration: 9:00am Session: 9:15am to 2:00pm	Hoxton Park	<i>Venue to be confirmed</i>
Workshop	Managing for Safety Interactive Workshop – Manufacturing Industry	20 May 2008	Registration: 9:00am Session: 9:15am to 2:00pm	South Hurstville	<i>Venue to be confirmed</i>
Conference	Manual Handling Conference – Health and Community Services	27 May 2008	Session: 9:00am to 4:30pm Cost: \$45 per person	Sydney	<i>Taronga Zoo Centre</i> Bradley's Head Road, Mosman
Conference	Manual Handling 1 day Conference – Government, Administration & Education	28 May 2008	Session: 9:00am to 4:30pm Cost: \$45 per person	Sydney	<i>Taronga Zoo Centre</i> Bradley's Head Road, Mosman
Conference	Manual Handling 1 day Conference – Retail and Wholesale	29 May 2008	Session: 9:00am to 4:30pm Cost: \$45 per person	Parramatta	<i>Crowne Plaza</i> 30 Phillip Street, Parramatta

To find out more about the workshops listed in the table above telephone **WorkCover NSW** on **13 10 50**.

WorkCover NSW Offices

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LISAROW 2252

WORKCOVER ASSISTANCE SERVICE

Office Hours:
8:30am – 5:00pm Monday to Friday

Gosford

92-100 Donnison Street,
GOSFORD 2250
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REGIONAL OFFICES

Office Hours:
8:30am – 4:30pm Monday to Friday

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CARRINGTON 2294
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106 Market Street,
WOLLONGONG 2500
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METROPOLITAN & DISTRICT OFFICES

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Albury

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429 Swift Street,
ALBURY 2640
P: (02) 6042 4600
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Ballina

11 Grant Street,
BALLINA 2478
P: (02) 6620 6900
F: (02) 6681 6100
Post: PO Box 903 Ballina 2478

Bega

Shop 1, 248 Carp Street,
BEGA 2550
P: (02) 6491 6600
F: (02) 6494 7151
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BLACKTOWN 2148
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F: (02) 9831 8246
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F: (02) 9281 9633
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Strawberry Hills 2012

Chatswood

Suite 1101, Level 1167
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CHATSWOOD 2067
P: (02) 9406 3800
F: (02) 9413 1190

Coffs Harbour

Suite 33, Jetty Village Shopping Centre,
361 Harbour Drive,
COFFS HARBOUR 2450
P: (02) 6659 1700
F: (02) 6652 8213

Dubbo

Level 2, 1 Church Street,
DUBBO 2830
P: (02) 6841 7900
F: (02) 6884 2808

Goulburn

Lower Ground Floor
159 Auburn Street,
GOULBURN 2580
P: (02) 4824 1500
F: (02) 4822 1242
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Griffith

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Government Office Block
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F: (02) 6964 1738

Hurstville

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P: (02) 9598 3366
F: (02) 9585 0261

Liverpool

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LIVERPOOL 2170
P: (02) 9827 8600
F: (02) 9824 0348
Post: PO Box 959 Liverpool 1871

Maitland

19 Mitchell Drive,
GREEN HILLS 2323
P: (02) 4931 6800
F: (02) 9287 4796
Post: PO Box 2360 Green Hills 2323

Narrabri

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F: (02) 6792 3532
Post: PO Box 134 Narrabri 2390

Nowra

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NOWRA 2541
P: (02) 4428 6700
F: (02) 4422 4997
Post: PO Box 1597 Nowra 2541

Orange

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ORANGE 2800
P: (02) 6392 7600
F: (02) 6362 8820
Post: PO Box 1056 Orange 2800

Parramatta

Level 4, 128 Marsden Street,
PARRAMATTA 2150
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F: (02) 9891 1474

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PORT MACQUARIE 2444
P: (02) 6588 7000
F: (02) 6584 1788
Post: PO Box 1646 Port Macquarie 2444

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126 Marius Street,
TAMWORTH 2340
P: (02) 6767 2500
F: (02) 6766 4972
Post: PO Box 396 Tamworth 2340

Tweed Heads

Units 25 & 26, Corporate House
8 Corporation Circuit,
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F: (07) 5524 6300
Post: PO Box 3214DC
Tweed Heads South 2486

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Level 2, 76 Morgan Street,
WAGGA WAGGA 2650
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F: (02) 6937 3616
Post: PO Box 2348 Wagga Wagga 2650

LABORATORIES

Thornleigh

5A Pioneer Avenue,
THORNLEIGH 2120
P: (02) 9473 4000
F: (02) 9980 6849

Londonderry

Testsafe Australia
Ground Floor
919 Londonderry Road,
LONDONDERRY 2753
P: (02) 4724 4900
F: (02) 4724 4999
Post: PO Box 592 Richmond 2753

Fatalities

The following is a list of workplace fatalities occurring in New South Wales since those listed in Volume 71 of WorkCover News. This covers traumatic incidents that resulted in a fatality, occurring from 1 October 2007 to 31 December 2007 inclusive.

- A worker fell 10 metres from a construction site suffering critical head injuries.
- A worker was crushed by sheets of glass while he was removing them from a shipping container.
- A worker was crushed while undertaking repairs to a hay baling trailer.
- A site owner received critical head injuries after he was struck in the head by MDF sheeting, which fell from a mounted crane.
- A circus animal worker died after being crushed by a circus elephant.

Disclaimer: *These reports are of a preliminary nature and are based on initial reports from WorkCover NSW Inspectors. Full details of incidents will be available after the completion of coronial and other processes. No liability on the part of any parties referred to herein can be inferred from these reports.*

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- OHS Construction Induction (Green/White Card) (1 Day)
- Return To Work Co-ordinator (2 Days)

Other Training

- OHS Risk Management for Supervisors (2 Days)
- First Aid (1 Day)
- Customised Corporate Training (On Demand)

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AWS provide consulting throughout Australia in Occupational Health and Safety Services, Training Organisational and Human Resource Management, Injury Management and Return To Work, Occupational Therapy, Counselling and Critical Incident Stress Debriefing, Pre-Employment Screenings and Wellness Programs.



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FACT

Working at Heights is the prime cause of death or injury on construction sites...

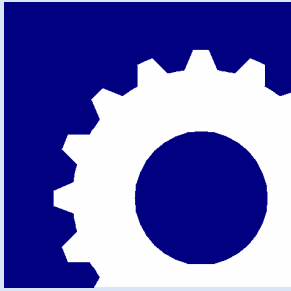
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wisdom lies in their simplification."
(Martin H Fischer)

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Regular courses conducted in Sydney CBD or your Workplace. Mention this ad to receive your free Easy HR Safety Showbag! **\$475 + GST**

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OHS CONSULTATION

A WorkCover Accredited Training Course

Hornsby

Now on the Sydney Upper North Shore!

This four day course is required for all NSW Occupational Health & Safety Committee Members & Representatives

WHERE: Hornsby RSL Club

COST: \$550

For the next available course:

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EMAIL: ActSafe@telstra.com

PHONE: Russell on 0423 778 981

Participants will learn the principles and practicalities of OHS Consultation and obtain the skills necessary to fulfil their legal obligations. Now offered at a convenient location in Hornsby with excellent public transport connections as well as free onsite parking. **Can also be conducted onsite at your workplace.**
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Safetalk and Forktalk also provide the following services:

Work Skills Vouchers (an Australian Government initiative)
OHS Consultation (for committee members)
OHS Risk Management (for managers and supervisors)
White Card Training (for construction industry)
BLUECARD Training (for transport industry)
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Fire Warden Training
Manual Handling Training
Gantry Crane Training
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Mobile: 0418 870 846

Fax: (02) 4620 0077

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AUTUMN SPECIALS

Advanced Fall Protection Equipment

The new range includes harnesses, lanyards and rope lines. For convenience, we have assembled a wide ranging series of kits such as Roofers Kit, Construction Workers Kit, Multipurpose Kit and many others. Safety Anchors also has available a wide range of products such as retractable lanyards, fall arrestors, temporary anchors and portable ladder brackets, suitable for a wide range of applications.

Through the all new Advanced Fall Protection range, we have endeavoured to make the harness as comfortable as possible, whilst ensuring maximum protection to the user. This, when coupled with a competitive pricing structure, makes the new range ideal for the competitive and demanding Australian Market.

All of the new range is of the highest quality, meeting the requirements of Australian Standards AS/NZS 1891.1. It offers maximum protection in areas of fall arrest and rescue and a myriad of choices for compliance with the relevant Standards, Codes of Practice as well as the Occupational Health and Safety Legislation.

PRICES EXCLUDE GST



TEMPORARY ANCHORS
Affords 360° Fall Arrest Protection
Rated at 24kN

\$239.00



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FULL BODY HARNESS [SA21]
Dorsal attachment D-Ring.
Adjustable shoulder and thigh straps.

\$63.30



FULL BODY HARNESS [SA22]
Two chest attachment belay loops rated for fall arrest and a dorsal attachment D-Ring.
Adjustable shoulder and thigh straps.

\$76.00



FULL BODY HARNESS [SA42]
Two chest attachment belay loops rated for fall arrest and a dorsal attachment D-Ring for fall arrest, two lateral D-Rings for work positioning and tool loops.
Adjustable thigh straps, waist belt and shoulder straps.

\$116.50

ENERGY ABSORBING WEBBING LANYARD [SA325]
2.0m with double action snaphooks at each end.



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Compliance of this product with the standard AS/NZS 1891.1 is monitored by Certification Solutions Pty Ltd Sydney, Australia.
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HARNESSES MANUFACTURED EXCLUSIVELY FOR SAFETY ANCHORS BY KARAM.



6m FALL ARRESTOR
Polyester Web (25mm)

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15m FALL ARRESTOR
Certified for Horizontal Use
5m Gal Cable

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10m FALL ARRESTOR
4mm Gal Cable
(Not suitable for horizontal use)

\$495.00



2.5m RETRACTING LANYARD
Double Action Snaphook

\$145.00

SCAFFOLDERS KIT

- SA21 Harness with rear D (lightweight) • Anchor sling
- Multipurpose lanyard with scaffold hook and snap hook • FREE carry bag

[SEE HARNESS SPECS AT TOP OF PAGE]

\$186.00

BASIC ROOFERS KIT

- SA22 Multipurpose Harness (lightweight) • 20m rope safety line with snap hook and adjuster
- Karabiner (22kN) • Shock absorber with karabiners at each end • Anchor sling • FREE carry bag

\$330.00

MULTIPURPOSE KIT

- SA22 Multipurpose Harness (lightweight) with front restraint loops
- 20m rope safety line with snap hook and adjuster • Karabiner (22kN) x 3 • Anchor slings x 3
- Multipurpose lanyard with scaffold hook and snap hook • FREE carry bag

\$500.00

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Propriety Systems

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Your site, your needs, eg:

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- Hazardous Substances
- Risk Management
- Supervisor Line Manager

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- Basic Risk Assessment
- Work Safely at Heights



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March-Sept 2008 Calendar

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- ★ AS/NZ 4801 Audit
- ★ Compliance Audits
- ★ Hazard Surveys
- ★ Risk Assessments
- ★ Ergonomics
- ★ Workstation assessments
- ★ Pre-employment assessments
- ★ OHS Policies and procedures development and implementation

Traffic Control (RTA approved) (1 day) Cost: \$150 (gst free)

This course is for any person required to control traffic using a Stop-Slow bat.

The course runs every Thursday.

OHS Risk Management for Supervisors and Managers

Cost: \$300 (gst free)

This is a one day course for managers and supervisors. The course aims to familiarise participants with the knowledge and skills necessary to apply the principles of risk management as an integral part of an effective OHS management system. It will assist supervisors to effectively manage health and safety in their area of responsibility.

Month	Day	Location
March	Monday, 31	Parramatta
April	Monday, 28	Parramatta
May	Monday, 26	Parramatta
June	Monday, 30	Parramatta
July	Wednesday, 30	Parramatta
August	Monday, 25	Parramatta
September	Tuesday, 30	Parramatta

OHS Consultation (4 days)

Cost: \$525 (gst inc)

This 4 day WorkCover accredited course meets the legislative training requirements for OHS committees and OHS representatives. It aims to provide participants with knowledge, skills and attitudes necessary to apply the principles of workplace OHS consultation as an integral part of an effective OHS management.

Month	Day	Location
March	Thursday, 6	Sydney - City
	Thursday, 13	Sydney - City
	Thursday, 20	Sydney - City
	Thursday, 27	Sydney - City
	Monday, 10	Parramatta
	Tuesday, 11	Parramatta
	Monday, 17	Parramatta
	Tuesday, 18	Parramatta
April	Wednesday, 9	Parramatta
	Wednesday, 16	Parramatta
	Wednesday, 23	Parramatta
	Wednesday, 30	Parramatta
	Monday, 14	Sydney - City
	Tuesday, 15	Sydney - City
	Monday, 21	Sydney - City
	Tuesday, 22	Sydney - City
May	Monday, 5	Parramatta
	Tuesday, 6	Parramatta
	Monday, 12	Parramatta
	Tuesday, 13	Parramatta
	Thursday, 8	Sydney - City
	Thursday, 15	Sydney - City
	Thursday, 22	Sydney - City
	Thursday, 29	Sydney - City
June	Tuesday, 3	Parramatta
	Tuesday, 10	Parramatta
	Tuesday, 17	Parramatta
	Tuesday, 24	Parramatta
	Wednesday, 18	Sydney - City
	Thursday, 19	Sydney - City
	Wednesday, 25	Sydney - City
	Thursday, 26	Sydney - City
July	Monday, 7	Parramatta
	Tuesday, 8	Parramatta
	Monday, 14	Parramatta
	Monday, 15	Parramatta
	Thursday, 10	Sydney - City
	Thursday, 17	Sydney - City
	Thursday, 24	Sydney - City
	Thursday, 31	Sydney - City
August	Tuesday, 5	Sydney - City
	Tuesday, 12	Sydney - City
	Tuesday, 19	Sydney - City
	Tuesday, 26	Sydney - City
	Wednesday, 20	Parramatta
	Thursday, 21	Parramatta
	Wednesday, 27	Parramatta
	Thursday, 28	Parramatta
September	Tuesday, 2	Parramatta
	Wednesday, 3	Parramatta
	Tuesday, 9	Parramatta
	Wednesday, 10	Parramatta
	Thursday, 18	Sydney - City
	Thursday, 25	Sydney - City
October	Thursday, 2	Sydney - City
	Thursday, 9	Sydney - City

First Aid - Senior

Cost: \$125 (gst free)

This 1 day WorkCover and VETAB accredited course covers the outcomes required to recognise and respond to an emergency using basic life support measures.

Month	Day	Location
March	Monday, 17 Monday, 31	Parramatta Parramatta
April	Monday, 7 Monday, 21	Parramatta Parramatta
May	Monday, 5 Monday, 12 Monday, 26	Parramatta Parramatta Parramatta
June	Monday, 16 Monday, 23	Parramatta Parramatta

Introduction to RTW Coordination (2 days)

Cost: \$390 (gst free)

Employers who have a worker's compensation premium of more than \$50,000 are required by law to have a Return-to-Work Coordinator who must complete this WorkCover course. This course gives a Return-to-Work Coordinator the basic skills and knowledge, to effectively manage workplace injuries.

Month	Day	Location
March	Wednesday, 19 Thursday, 20	Parramatta Parramatta
April	Wednesday, 23 Thursday, 24	Parramatta Parramatta
May	Wednesday, 21 Thursday, 22	Parramatta Parramatta
June	Wednesday, 25 Thursday, 26	Parramatta Parramatta
July	Wednesday, 30 Thursday, 31	Parramatta Parramatta
August	Wednesday, 27 Thursday, 28	Parramatta Parramatta
September	Wednesday, 23 Thursday, 24	Parramatta Parramatta

Green Card / White Card (WorkCover OHS Induction for Construction) (1 day)

This course is aimed at all new workers carrying out construction work, including self-employed persons, labourers, apprentices, trainees, trades-persons, supervisors and project managers. It is a legal requirement to complete this course.

Daily Parramatta & Sydney - City

2008 TRAINING CALENDAR

OHS Consultation for Workplace Committee Members and OHS Representatives

- > 4, 5, 11, 12 February
- > 5, 6, 12, 13 March
- > 14, 15, 16, 17 April
- > 9, 16, 23, 30 May
- > 16, 17, 23, 24 June
- > 14, 15, 16, 17 July
- > 4, 5, 11, 12 August
- > 2, 9, 16, 23 September
- > 13, 14, 20, 21 October
- > 3, 4, 5, 6 November
- > 1, 2, 8, 9 December

OHS Risk Management

- > 13, 14 February
- > 10, 11 March
- > 30 April / 1 May
- > 2, 3 June

OHS Risk Management (cont.)

- > 21, 22 July
- > 10, 11 September
- > 15, 16 October
- > 24, 25 November

OHS Fundamentals (4 Days)

- > 8, 15, 22, 29 February
- > 28 May, 4, 11, 18 June
- > 3, 10, 17, 24 October

OHS Committee Refresher Training

- > 5 June
- > 27 October

OHS Workplace Committee Chairperson Course

- > 26 June
- > 11 December

First Aid

- > 6, 7 February
- > 14, 15 May
- > 23, 24 July
- > 3, 4 September
- > 17, 18 November

First Aid Recertification

- > 7 February
- > 15 May
- > 24 July
- > 4 September
- > 18 November

Managing Plant Hazards

- > 7, 8 May
- > 26, 27 November

Manual Handling Employee Awareness

- > 26 March
- > 25 June
- > 25 September
- > 10 December

Introduction to Return to Work Co-Ordinator

- > 25, 26 February
- > 16, 17 June
- > 18, 19 August
- > 12, 13 November

Developing and Implementing OHS Management Systems

- > 27, 28 February
- > 26, 27 May
- > 17, 18 September

How to Conduct an OHS Audit of your Workplace

- > 31 March, 1 April
- > 1, 2 October

OHS Incident Investigation

- > 21, 22 May
- > 27, 28 August

Applying Principals of Occupational Health

- > 21, 22 April
- > 10, 11 November

OHS Induction for Construction Work(5 Hours)

- > 20 February
- > 3 March
- > 2 April
- > 19 May
- > 12 June
- > 18 July
- > 13 August
- > 8 September
- > 22 October
- > 7 November

Risk Management Workshop (1/2 day)

- > 21 February
- > 5 May
- > 22 September

Developing Site Safety plans (1/2 day)

- > 21 February
- > 5 May
- > 22 September

Office Safety and Setting up workstations (1/2 day)

- > 7 March
- > 13 June
- > 8 October

Writing SWMS (1/2 day)

- > 7 March
- > 13 June
- > 8 October

Making OHS Consultation Work For Us (1/2 day)

- > 8 April
- > 2 July
- > 3 December

Planning for Emergencies (1/2 day)

- > 8 April
- > 2 July
- > 3 December

OHS Risk Management (For Specific Industries) (1/2 day)

- > 14 March
- > 30 June
- > 29 November

Unless otherwise stated,
courses are held in our training
rooms in the city

All courses can be delivered on
site at your workplace.

Our aim is to continue to provide quality training and consultancy services tailored to our clients' requirements. Our trainers have qualifications in OHS and Adult Education. They are WorkCover Accredited and have extensive industry experience in OHS and training.

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